

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Closed for New Years 	Closed for New Years 	3 Ham & Cheddar Kaiser Roll Creamy Coleslaw Apple Slices Granola Bar
4 Turkey & Provolone Italian Roll Cucumber Onion Salad Mandarin Orange Cup Chocolate Pudding	5 Beef Bourguignon w/Gravy Roasted Potatoes Baby Lima Beans Applesauce Rice Pudding	6 Eggplant Rollatini Penne Pasta w/Sauce Italian Green Beans Antipasto Salad w/Drsg Italian Bread Fresh Pear	7 Pot Roast w/ Gravy Mashed Potatoes Roasted Brussels Sprouts & Carrots Cucumber Onion Salad Wheat Bread Coffee Cake	8 Turkey Sausage Pierogies in Sauerkraut Carrot Coins & Peas Beet Onion Salad Wheat Dinner Roll Apple	9 Hamburger Macaroni & Cheese Succotash Tomato Onion Salad Hamburger Bun Pound Cake	10 Tuna Salad Rye Bread 3 Bean Salad Applesauce Shortbread Cookie
11 Roast Beef & Provolone Wheat Bread Creamy Coleslaw Diced Peach Cup Jello Cup	12 Salisbury Steak w/Gravy Macaroni & Cheese Mixed Veggies Tossed Salad w/Drsg Buttermilk Biscuit Vanilla Cake	13 Haddock Florentine Cheesy Grits Mixed Veggies Citrus Fruit Salad Cornbread Rice Pudding	14 Chicken Marsala Wide Egg Noodles Petite Peas Beet & Onion Salad Raisin Bread Lemon Pound Cake	15 Glazed Ham Steak Fettucine Alfredo Mixed Veggies Apple Pumpnickel Bread Chocolate Chip Cookies	16 Italian Sausage w/Sauce Baked Ziti w/cheese Broccoli Crowns Caesar Salad w/Drsg Garlic Knot Peach Cup	17 Chunky Chicken Salad Croissant Cucumber Onion Salad Mandarin Orange Cup Fig Bar
18 Sliced Pastrami & Swiss Wheat Bread Macaroni Salad Diced Fruit Cup Iced Cupcake	Closed for Martin Luther King Day 	20 Sweet & Sour Chicken Brown Rice Oriental Veggie Blend Clementine Wheat Dinner Roll Rice Pudding	21 BBQ Pulled Pork Whipped Potatoes Roasted Brussels Sprouts & Carrots Citrus Fruit Salad Sandwich Roll Chocolate Chip Cookies	22 Beef Stroganoff Egg Noodles Okra w/Tomatoes Spinach Salad w/Drsg Wheat Dinner Roll Lemon Pound Cake	23 Chicken Tarragon Wild Rice Oriental Veggie Blend Mandarin Orange Cup Dinner Roll Banana Pudding	24 Ham & American Kaiser Roll Creamy Coleslaw Sliced Apples Granola Bar
25 Seafood Salad Wheat Bread Potato Salad Mixed Fruit Cup Vanilla Pudding	26 Roast Chicken w/Gravy Rice Pilaf Broccoli w/Cheese Sauce Deluxe Fruit Salad Raisin Bread Rice Pudding	27 Beef Stew Diced Potatoes Peas/Carrots/Onion Clementine Buttermilk Biscuit Chocolate Chip Cookies	28 Chicken Picatta Smashed Red Potatoes Peas w/Pimento Deluxe Fruit Salad Pumpnickel Roll Chocolate Pudding	29 Chili Con Carne Brown Rice Mixed Veggies Tossed Lettuce Salad w/Drsg Rye Bread Pear	30 Roasted Turkey w/gravy Herbed Stuffing Seasoned Carrot Coins Spinach Salad w/drsg Bridge Roll Coconut Cookies	31 Egg Salad Wheat Bread 3 Bean Salad Diced Pear Cup Chocolate Pudding

Alternate Menu

Meatloaf substitution is offered
Monday through Friday.
Please call 908-284-0735 by 12:00 pm
the day before to order.

**Please place an ICE PACK in
the COOLER.**

**Ice keeps the cold portion of
your food cold.**

Milk and juice served daily.

Suggested donation is \$5.50 a meal. All menus are subject to
change without notice. Milk and margarine/butter are included
with each meal. No additional salt is added to any recipe.
Diabetic desserts are available. Meals provide 1/3 recommended
Dietary Reference Intakes (DRIs) for older adults. This program
is partially funded by Title III of the Older Americans Act.