

July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Alternate Menu Meatloaf substitution is offered Monday through Friday. Please call 908-284-0735 by 12:00 pm the day before to order.			BBQ Pulled Pork ¹ Macaroni & Cheese Succotash Creamy Coleslaw Sandwich Bun Ice Cream Cup	Beef Hot Dogs ² Potato Salad Yellow Corn w/Peppers Mixed Fruit Salad Hot Dog Buns Apple Pie	CLOSED for ³ 	Tuna Salad ⁴ Wheat Bread Macaroni Salad Mandarin Cup Granola Bar
Cold Meatloaf ⁵ Rye Bread Macaroni Salad Apple Slices Oatmeal Raisin Cookies	Roasted Turkey ⁶ w/gravy Baked Sweet Potato Capri Veggie Blend Beet & Onion Salad Wheat Roll Rice Pudding	Hamburger ⁷ Spinach Salad w/drsg Baked Beans Roasted Corn Hamburger Bun Brownie	Turkey Sausage ⁸ Sauteed Pierogies in Sauerkraut California Veggie Blend Deluxe Fruit Salad Wheat Roll Seedless Grapes	Fish Filet in Garlic ⁹ Butter Sauce Parslied Orzo French Green Beans Creamy Coleslaw Rye Bread Apple Crisp w/oatmeal	Chicken Marsala ¹⁰ Fettucine Alfredo Baby Peas Swiss Salad w/drsg Italian Bread Lemon Pocket	Turkey & Swiss ¹¹ Wheat Bread Carrot & Celery Sticks Peach Cup Oatmeal Cookies
Egg Salad ¹² Wheat Bread 3 Bean Salad Fruit Cup Milk Danish	Veggie Frittata ¹³ O'Brien Potatoes Cut Green Beans Fruit Salad Croissant Yogurt Cup	Roasted Pork Loin ¹⁴ w/grvy Fingerling Potatoes Petite Peas Deluxe Fruit Salad Raisin Bread Rice Pudding	Eggplant Rollatini ¹⁵ Penne Pasta w/sauce Roasted Broccoli Antipasto Salad w/drsg Italian Bread Fresh Pear	Glazed Chicken Thighs ¹⁶ Brown/Wild Rice Blend Roasted Mixed Veggies Tossed Salad w/drsg Dinner Roll Oreo Cookies	Pot Roast w/Gravy ¹⁷ Scalloped Potatoes Green Bean Casserole Beet & Onion Salad Dinner Roll Apple Pockets	Chicken & Cheddar ¹⁸ Kaiser Roll Coleslaw Apple Slices Fig Bar
Liverwurst ¹⁹ Marble Rye Bread Sliced Onions Beet & Onion Salad Diced Pears Chocolate Pudding	Roasted Chicken ²⁰ w/Gravy Rice Pilaf Ratatouille Tri Color Lettuce Salad w/drsg Dinner Roll Rice Pudding	Sauerbraten w/grvy ²¹ Potato Pancakes Red Cabbage w/apples Chickpea/Onion Salad Pumpernickel Roll Apple Strudel	Citrus Glazed Ham ²² Scalloped Potatoes Green & Yellow Squash Lettuce Salad w/Drsg Raisin Bread Pound Cake	Beef Stroganoff ²³ Egg Noodles Okra w/Tomatoes Spinach Salad w/drsg Wheat Dinner Roll Clementine	Chicken Picatta ²⁴ Smashed Red Potatoes Peas w Pimento Deluxe Fruit Salad Pumpernickel Roll Chocolate Pudding	Seafood Salad ²⁵ Croissant Cucumber Onion Salad Clementine Old Fashioned Donut
Ham & Provolone ²⁶ Rye Bread Pasta Veggie Salad Apple Slices Iced Brownie	Salisbury Steak w Grvy ²⁷ Macaroni & Cheese Cauliflower & Broccoli Tri Color Lettuce Salad w/drsg Dinner Roll Rice Pudding	Chicken Francese ²⁸ Brown/Wild Rice Blend Mixed Veggies Beet & Onion Salad Bridge Roll Apricots	Beef Stew ²⁹ Diced Potatoes Peas/Carrots/Onions Spinach Salad w/drsg Cornbread Fresh Peach	Stuffed Cabbage Roll ³⁰ w/sauce Rotini w/Olive Oil Mixed Veggies Chickpea Onion Salad Wheat Dinner Roll Fruit Cup	Turkey Loaf w/gravy ³¹ Macaroni & Cheese Stewed Tomatoes Deluxe Fruit Salad Dinner Roll Vanilla Cupcake	Roast Beef & ¹ Provolone Kaiser Roll Coleslaw Apple Slices Fig Bar
Turkey & Cheddar ² Cheese Wheat Bread Carrot & Celery Sticks Peach Cup Oatmeal Cookies	Please place an ICE PACK in the COOLER so we can deliver. Ice keeps the cold portion of your food cold. Milk and juice served daily. Suggested donation is \$5.50 a meal. All menus are subject to change without notice. Milk and margarine/butter are included with each meal. No additional salt is added to any recipe. Diabetic desserts are available. Meals provide 1/3 recommended Dietary Reference Intakes (DRIs) for older adults. This program is partially funded by Title III of the Older Americans Act.					