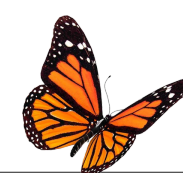




June 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Egg Salad Croissant 3 Bean Salad Sliced Apples Blueberry Muffin	2 Salisbury Steak w/Gravy Mashed Potatoes Glazed Carrots Spinach Salad w/Drsg Wheat Dinner Roll Melon Chunks	3 Chicken Marsala Bow Tie Noodles Capri Veggie Blend Tomato Onion Salad Pumpernickel Roll Ice Cream Cup	4 Pork Loin w/Gravy Au Gratin Potatoes Red Cabbage w/Apples Romaine Salad w/Drsg Raisin Bread Crumb Cake	5 Cheese Manicotti w/Sauce Sliced Italian Sausage Italian Green Beans Caesar Salad w/Dressing Italian Bread Shortbread Cookie	6 Stuffed Cabbage Rice Pilaf Mixed Vegetables Mixed Lettuce Salad w/Dressing Rye Bread Lemon Pocket	7 Seafood Salad Wheat Bread 3 Bean Salad Diced Peaches Donut
8 Breaded Chicken Filet Sandwich Bun Macaroni Salad Mixed Fruit Cup Chocolate Chip Cookies	9 Roasted Turkey w/Gravy Mashed Sweet Potatoes Brussel Sprouts & Carrots Applesauce Dinner Roll Purple Plums	10 Fish Filet in Garlic Butter Sauce Macaroni & Cheese California Veggie Blend Deluxe Fruit Salad Raisin Bread Rice Pudding	11 Meatballs in Sauce Baked Ziti with Sauce Italian Green Beans Antipasto Salad w/Drsg Italian Bread Seedless Grapes	12 Vegetarian Chili Brown Rice Mixed Vegetables Deluxe Fruit Salad Pumpernickel Bread Apple	13 Pot Roast with Gravy Garlic Potatoes Peas & Pimento Cucumber Onion Salad Wheat Dinner Roll Vanilla Cake	14 Chicken Salad Wheat Bread Macaroni Salad Mandarin Oranges Soft Granola Bar
15 Turkey & Swiss Cheese Kaiser Roll Cucumber Onion Salad Sliced Apples Brownie	16 Lemon Chicken Roasted Red Potatoes Broccoli Florets Beet Onion Salad Marble Rye Pears	17 Baked Cod Filet Macaroni & Cheese Stewed Tomatoes Creamy Coleslaw Wheat Bread Apricot Halves	18 Beef Stew w/Gravy Diced Potatoes Peas, Carrots & Onions Chick Pea Onion Salad Buttermilk Biscuit Chocolate Pudding	19 Closed For Juneteenth 	20 Sloppy Joe Roasted Potatoes Green Beans Tossed Salad w/Drsg Wheat Hamburger Bun Chocolate Chip Cookie	21 Tuna Salad Rye Bread Pasta Veggie Salad Diced Pears Fig Bar
22 Salami & American Cheese Wheat Bread Red Skin Potato Salad Fruit Cup Vanilla Pudding	23 Chicken Parmesan w/Sauce Penne Pasta w/Sauce Broccoli & Cauliflower Florets Caesar Salad w/Dressing Italian Bread Seedless Grapes	24 Vegetable Frittata Hash Browns Tomato & Okra Deluxe Fruit Salad Oat Bran Muffin Yogurt Cup	25 Swedish Meatballs Egg Noodles Green Beans Tossed Salad w/Dressing Italian Bread Chocolate Chip Cookie	26 Turkey Sausage Pierogies w/Sauerkraut Mixed Vegetables Cucumber Onion Salad Rye Bread Clementine	27 Meatloaf with Gravy Mashed Potatoes Peas Beet Onion Salad Wheat Dinner Roll Apple Crisp	28 Liverwurst with Onion Rye Bread Cottage Cheese Pineapple Tidbits Oatmeal Raisin Cookies
29 Turkey & Provolone Cheese Kaiser Roll Pasta Veggie Salad Diced Peach Cup Pound Cake	30 Ham & Leek Quiche O'Brien Potatoes Creamed Spinach Citrus Fruit Salad Croissant Frozen Yogurt					

Alternate Menu

Meatloaf substitution is offered
Monday through Friday.
Please call 908-284-0735 to order.

**Please place an ICE PACK in
the COOLER.
Ice keeps the cold portion of
your food cold.**

Milk and juice served daily.

Suggested donation is \$5.50 a meal. All menus are subject to
change without notice. Milk and margarine/butter are included
with each meal. No additional salt is added to any recipe.
Diabetic desserts are available. Meals provide 1/3 recommended
Dietary Reference Intakes (DRIs) for older adults. This program
is partially funded by Title III of the Older Americans Act.