

☀ June 2026 ☀

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Turkey Meatloaf w/Grvy Macaroni & Cheese Green Beans Beet Onion Salad Dinner Roll Apple Crisp w/oatmeal	2 Chicken Divan Brown/Wild Rice Blend California Veggie Blend Tropical Fruit Salad Rye Bread Rice Pudding	3 Eggplant Parmesan Rigatoni Pasta w/sauce Green & Gold Beans Antipasto Salad w/drsg Italian Bread Glazed Donut	4 Beef Hot Dog Potato Salad Roasted Corn w/Peppers Mixed Fruit Salad Vanilla Ice Cream	5 Breaded Chicken Filet Sandwich Bun Macaroni Salad Fruit Salad Chocolate Chip Cookies	6 Salami & American Cheese Italian Bread Potato Salad Fruit Cup Vanilla Pudding
7 Liverwurst w Onions Rye Bread Cottage Cheese Pineapple Chunks Shortbread Cookie	8 Cheese Ravioli w/sauce Meatballs Roasted Broccoli/Cauliflower Garden Salad w/drsg Italian Bread Seedless Grapes	9 Pork Loin w/grvy Cornbread Stuffing Red Cabbage & Apples Caesar Salad w/drsg Raisin Bread Cinnamon Coffee Cake	10 Glazed Chicken Thighs Wild/Brown Rice Blend Mixed Veggies Tossed Salad w/drsg Dinner Roll Oreo Sandwich Cookies	11 Baked Cod Filet Au Gratin Potatoes Stewed Tomatoes Creamy Coleslaw Wheat Bread Apricot Halves	12 Chili Con Carne White Rice Green & Yellow Squash Garden Salad w/drsg Corn Muffin Jello Cup	13 Tuna Salad Wheat Bread Macaroni Salad Diced Pears Fig Bar
14 Turkey/Ham/Provolone Cheese Hoagie Roll Carrot Raisin Salad Mandarin Orange Cup Oatmeal Raisin Cookie	15 Turkey Sausage Pierogies in Sauerkraut Carrot Coins & Peas Beet Onion Salad Wheat Dinner Roll Rice Pudding	16 Baked Ham w/Glaze Sweet Potatoes Green Bean Casserole Swiss Salad w/drsg Dinner Roll Chocolate Cake	17 Orange Chicken Brown/Wild Rice Blend Zucchini Garden Salad w/drsg Dinner Roll Banana	18 BBQ Pulled Pork Macaroni & Cheese Succotash Creamy Coleslaw Sandwich Bun Apple Pie	19 	20 Cold Meatloaf Kaiser Roll Cucumber Onion Salad Sliced Apples Brownie
21 Chicken Salad Wheat Bread Macaroni Salad Mandarin Orange Cup Granola Bar	22 Roast Turkey w/Gravy Mashed Sweet Potato Brussel Sprouts & Carrots Applesauce Dinner Roll Rice Pudding	23 Italian Sausage w/sauce Baked Ziti Italian Green Beans Antipasto Salad w/drsg Italian Bread Seedless Grapes	24 Pepper Steak Wild/Brown Rice Blend Mixed Veggie Blend Pineapple Chunks Dinner Roll Jelly Donut	25 Chicken Paprikash Egg Noodles Roasted Mixed Veggies Tropical Fruit Salad Dinner Roll Tapioca Pudding	26 Ham & Leek Quiche Potatoes O Brien Creamed Spinach Fruit Salad Croissant Jello Cup	27 Turkey & Provolone Kaiser Roll Pasta Veggie Salad Diced Peaches Pound Cake
28 Seafood Salad Wheat Bread 3 Bean Salad Sliced Apples Powdered Donut	29 Salisbury Steak w/gravy Mashed Potatoes Glazed Carrots Spinach Salad w/drsg Dinner Roll Melon Chunks	30 Pot Roast w/grvy Garlic Mashed Potatoes Peas & Carrots Cucumber Onion Salad Wheat Bread Rice Pudding				

Alternate Menu

Meatloaf substitution is offered
Monday through Friday.
Please call 908-284-0735 by 12:00 pm
the day before to order.

**Please place an ICE PACK in
the COOLER.**

**Ice keeps the cold portion of
your food cold.**

Milk and juice served daily.

Suggested donation is \$5.50 a meal. All menus are subject to
change without notice. Milk and margarine/butter are included
with each meal. No additional salt is added to any recipe.
Diabetic desserts are available. Meals provide 1/3 recommended
Dietary Reference Intakes (DRIs) for older adults. This program
is partially funded by Title III of the Older Americans Act.