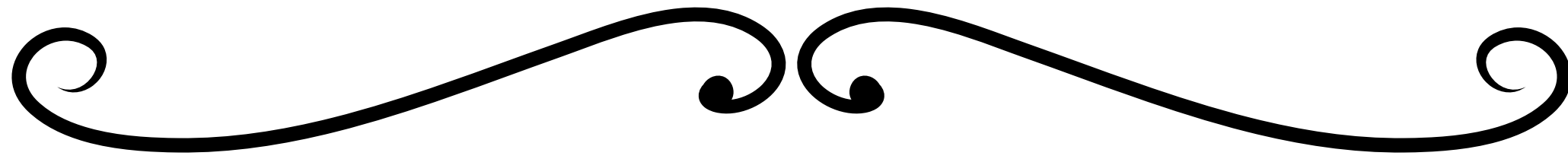


Health & Wellness Lecture Series June 2026 Lunch and Learn

Importance of Medication Compliance



Presented by: Christine Meny-BSN, RN



Date: Wednesday, June 17, 2026

Time: 11 AM - Noon

(45 min presentation, 15 min Q&A and boxed lunch)

Location: Meals on Wheels Main Office

5 Walter Foran Blvd, Suite 2006,
Flemington, NJ 08822

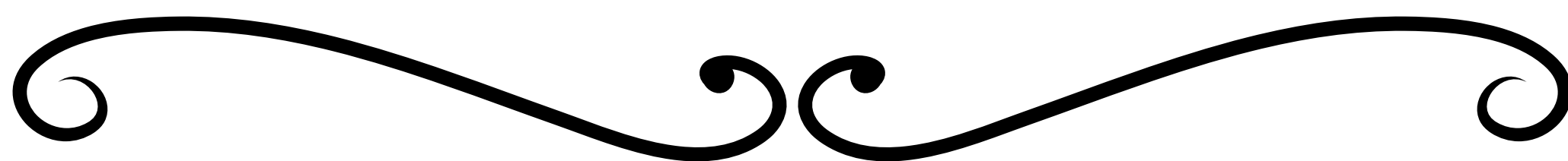


Discussion:The Importance of Medication Compliance:

Join us for an informative and easy-to-understand session designed specifically for seniors.

Learn how proper medication use can help you stay healthier, avoid complications, and maintain independence.

We'll share simple tools, practical tips, and expert guidance to make managing your medications easier and safer.



Email your name, phone number and food order to office@mowih.org, or call (908) 284-0735 to register.

Registration is required by 12 PM June 12th.

Seating is limited.

*When you RSVP, let us know if you'd like to have a light lunch
(suggested donation of \$5.50 per meal)
or if you would prefer to just come and learn!*

Sponsored by Hunterdon County Division of Senior Disabilities & Veteran Services and Meals on Wheels of Hunterdon County, Inc. Partially funded by the "Older American Act". Program is for residents of Hunterdon County that are 60 years or older.