




May 2024



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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Suggested donation is \$5.50 a meal. All menus are subject to change without notice. Milk and margarine/butter are included with each meal. No additional salt is added to any recipe. Diabetic desserts are available. Meals provide 1/3 recommended Dietary Reference Intakes (DRIs) for older adults. This program is partially funded by Title III of the Older Americans Act.

**Please place an ICE PACK in your COOLER for your meal.
Ice keeps the cold portion of your food cold.**

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| | | | Apple Juice & Milk Lemon Chicken Roasted Red Potatoes Broccoli Florets Beet Onion Salad Marble Rye Pear Crisp | Blended Juice & Milk Stuffed Flounder Filet Parslied Rice Baby Peas Creamy Coleslaw Dinner Roll Banana Pudding | Grape Juice & Milk Cheese Manicotti w/Sauce Sliced Italian Sausage Italian Green Beans Caesar Salad w/Dressing Italian Bread Shortbread Cookie | Apple Juice & Milk Liverwurst w/Onion Rye Bread Cottage Cheese Pineapple Tidbits Oatmeal Raisin Cookies |
| Orange Pineapple Juice & Milk Turkey & Swiss Kaiser Roll Cucumber Onion Salad Sliced Apples Brownie | Blended Juice & Milk Salisbury Steak w/Gravy Mashed Potatoes Glazed Carrots Spinach Salad w/Dressing Wheat Dinner Roll Melon Chunks | Apple Juice & Milk Chicken Marsala Bow Tie Noodles Capri Veggie Blend Tomato Onion Salad Pumpernickel Roll Ice Cream Cup | Grape Juice & Milk Glazed Ham Sweet Potatoes Green Bean Casserole Tossed Salad w/Dressing Bridge Roll Chocolate Cake w/Icing | Blended Juice & Milk BBQ Pulled Chicken Scalloped Potatoes Okra & Stewed Tomatoes Citrus Fruit Salad Sandwich Roll Tapioca Pudding | Juice & Milk Stuffed Cabbage Rice Pilaf Mixed Vegetable Mixed Salad w/Dressing Rye Bread Lemon Pocket | Blended Juice & Milk Seafood Salad Wheat Bread 3 Bean Salad Diced Peaches Donut |
| Apple Juice & Milk Breaded Chicken Filet Sandwich Bun Macaroni Salad Mixed Fruit Cup Chocolate Chip Cookies | Juice & Milk Roasted Turkey w/Gravy Mashed Sweet Potatoes Brussel Sprouts&Carrots Applesauce Dinner Roll Purple Plums | Blended Juice & Milk Pot Roast w/Gravy Garlic Potatoes Peas & Pimento Cucumber Onion Salad Wheat Dinner Roll Vanilla Cake | Grape Juice & Milk Meatballs in Sauce Baked Ziti w/Cheese Italian Green Beans Antipasto Salad w/Drsg Italian Bread Seedless Grapes | Apple Juice & Milk Tarragon Chicken Saffron Rice Capri Veggie Blend Deluxe Fruit Salad Pumpernickel Roll Marble Pound Cake | Juice & Milk Pork Loin w/Gravy Au Gratin Potatoes Red Cabbage w/Apples Romaine Salad w/Drsg Raisin Bread Crumb Cake | Blended Juice & Milk Chicken Salad Wheat Bread Macaroni Salad Mandarin Oranges Soft Granola Bar |
| Grape Juice & Milk Egg Salad Croissant 3 Bean Salad Sliced Apples Blueberry Muffin | Apple Juice & Milk Beef Stew w/Gravy Diced Potatoes Peas/Carrots/Onions Chick Pea Onion Salad Buttermilk Biscuit Chocolate Pudding | Blended Juice & Milk Orange Chicken Breast Red Beans & Rice Zucchini & Squash Swiss Salad w/Dressing Whole Wheat Bread Banana | Grape Juice & Milk Eggplant Parmesan Rigatoni w/Sauce Italian Vegetable Blend Caesar Salad w/Dressing Garlic Knot Fruit Salad | Apple Juice & Milk BBQ Rib Tickler Hot Potato Salad Succotash Creamy Coleslaw Sandwich Roll Mixed Berries | Blended Juice & Milk Beef Hamburger Baked Beans Corn w/Red Peppers Toss Salad w/Dressing Hamburger Bun Chocolate Chip Cookies | Pineapple Juice & Milk Tuna Salad Rye Bread Pasta Veg Salad Diced Pears Fig Bar |
| Blended Juice & Milk Salami & American Cheese Wheat Bread Red Skin Potato Salad Fruit Cup Vanilla Pudding |  <p>CLOSED</p> <p>HAPPY MEMORIAL DAY!</p> | Blended Juice & Milk Chicken Parmesan Penne w/Sauce Broccoli & Cauliflower Caesar Salad w/Dressing Italian Bread Seedless Grapes | Apple Juice & Milk Potato Crusted Fish Macaroni & Cheese California Veg Blend Deluxe Fruit Salad Raisin Bread Rice Pudding | Juice & Milk Turkey Sausage Pierogies w/Sauerkraut Mixed Vegetables Cucumber Onion Salad Rye Bread Clementine | CranApple Juice & Milk Pepper Steak White Rice Oriental Veg Blend Pineapple Chunks Wheat Roll Jelly Donut | <p><u>Alternate Menu</u> Meatloaf substitution is offered Monday through Friday. Please call the office to order 908-284-0735.</p> |