




May 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Alternate Menu Meatloaf substitution is offered Monday through Friday. Please call 908-284-0735 by 12:00 pm the day before to order.						Swedish Meatballs ¹ Egg Noodles Mixed Veggies Beet Onion Salad Italian Bread Danish	Chicken Salad ² Croissant 3 Bean Salad Sliced Apples Mini Muffins
Roast Beef & Cheddar ³ Rye Bread Creamy Coleslaw Peach Fruit Cup Soft Granola Bar	Salisbury Steak w/grvy ⁴ Macaroni & Cheese Glazed Carrots Spinach Salad w/drsg Wheat Dinner Roll Rice Pudding	Pork Carnitas ⁵ Black Beans & Rice Mexican Street Corn Cabbage Salad w/drsg Ciabatta Roll Churro	Cheese Manicotti ⁶ Sliced Italian Sausage w/marinara Italian Green Beans Caesar Salad w/drsg Italian Bread Melon Chunks	BBQ Pulled Chicken ⁷ Scalloped Potatoes Okra & Stewed Tomatoes Citrus Fruit Salad Sandwich Roll Tapioca Pudding	Stuffed Cabbage ⁸ Rice Pilaf Roasted Veggie Mix Mixed Lettuce Salad Rye Bread Lemon Pocket	Seafood Salad ⁹ Wheat Bread Cucumber Onion Salad Diced Peaches Donut	
Turkey & Swiss ¹⁰ Kaiser Roll 3 Bean Salad Sliced Apples Brownie	Meatballs in Sauce ¹¹ Baked Cheese Ziti Italian Green Beans Antipasto Salad Italian Bread Seedless Grapes	Roast Turkey w/grvy ¹² Mashed Sweet Potatoes Brussels Sprouts/Carrots Applesauce Dinner Roll Rice Pudding	Pot Roast w/grvy ¹³ Garlic Smashed Red Potatoes Succotash Cucumber Onion Salad Wheat Dinner Roll Vanilla Cake	Tarragon Chicken ¹⁴ Saffron Rice Capri Veggie Blend Deluxe Fruit Salad Pumpernickel Roll Marble Pound Cake	Pork Loin w/Gravy ¹⁵ Macaroni & Cheese Red Cabbage w/apples Romaine Salad w/drsg Raisin Bread Crumb Cake	Bologna & American ¹⁶ Wheat Bread 3 Bean Salad Fresh Orange Vanilla Pudding	
Liverwurst w/Onion ¹⁷ Rye Bread Cottage Cheese Pineapple Chunks Oatmeal Raisin Cookies	Beef Stew w/grvy ¹⁸ Diced Potatoes Peas/Carrots/Onions Chickpea Onion Salad Buttermilk Biscuit Danish	Orange Chicken ¹⁹ Brown/Wild Rice Blend Zucchini & Squash Swiss Salad w/drsg Wheat Bread Rice Pudding	Eggplant Parmesan ²⁰ Rigatoni w/sauce Italian Veggie Blend Caesar Salad w/drsg Garlic Knot Eclair	BBQ Rib Tickler ²¹ Smashed Red Potatoes Succotash Creamy Coleslaw Sandwich Roll Mixed Fresh Berries	Beef Hamburger ²² Macaroni & Cheese Roasted Corn Tossed Salad w/drsg Chocolate Chip Cookies	Tuna Salad ²³ Rye Bread Pasta Veggie Salad Diced Pear Cup Fig Bar	
Ham & American ²⁴ Wheat Bread Red Skin Potato Salad Fruit Cup Vanilla Pudding	CLOSED for ²⁵  MEMORIAL DAY	Chicken Parmesan ²⁶ Penne w/sauce Roasted Broccoli & Cauliflower Florets Caesar Salad w/drsg Italian Bread Rice Pudding	Turkey Sausage ²⁷ Pierogies w/sauerkraut Roasted Veggie Blend Cucumber Onion Salad Rye Bread Clementine	Chicken Marsala ²⁸ Bow Tie Pasta Capri Veggie Blend Tossed Salad w/drsg Bridge Roll Chocolate Cake w/icing	Pepper Steak ²⁹ White Rice Roasted Veggie Blend Pineapple Chunks Wheat Roll Jelly Donut	Egg Salad ³⁰ Wheat Bread Potato Salad Mandarin Oranges Soft Granola Bar	
Breaded Chicken Filet ³¹ Sandwich Bun Macaroni Salad Mixed Fruit Cup Chocolate Chip Cookies	<p>Please place an ICE PACK in the COOLER so we can deliver. Ice keeps the cold portion of your food cold.</p> <p>Milk and juice served daily.</p>						

Suggested donation is \$5.50 a meal. All menus are subject to change without notice. Milk and margarine/butter are included with each meal. No additional salt is added to any recipe. Diabetic desserts are available. Meals provide 1/3 recommended Dietary Reference Intakes (DRIs) for older adults. This program is partially funded by Title III of the Older Americans Act.