

November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Alternate Menu Meatloaf substitution is offered Monday through Friday. Please call 908-284-0735 by 12:00 pm the day before to order.						1 Seafood Salad Croissant 3 Bean Salad Diced Pears Vanilla Pudding Cup
2 Turkey & Swiss Wheat Bread Pasta Veggie Salad Apple Slices Marble Pound Cake	3 Hungarian Goulash Baby Potatoes Brussels Sprouts & Carrots Beet & Onion Salad Pumpernickel Bread Sliced Peaches	4 Pot Roast w/Gravy Roasted Potatoes Mixed Veggies Chickpea Onion Salad Buttermilk Biscuit Apple	5 Stuffed Peppers Barley & Bow Ties Petite Peas Deluxe Fruit Salad Wheat Dinner Roll Tapioca Pudding	6 Polynesian Chicken Saffron Rice Broccoli/Cauliflower Pineapple Chunks Bridge Roll Ice Cream Cup	7 Meatballs in Sauce Cheese Lasagna Italian Green Beans Caesar Salad Italian Bread Shortbread Cookies	8 Ham & American Rye Bread Creamy Coleslaw Peach Cup Oatmeal Raisin Cookies
9 Egg Salad Wheat Bread Chickpea Onion Salad Pear Fruit Cup Chocolate Pudding	10 Salisbury Steak w/Gravy Macaroni & Cheese Mixed Veggies Tossed Salad w/Drsg Wheat Bread Vanilla Cake	11 CLOSED For Veteran's Day 	12 Chicken Tarragon Wild Rice Oriental Veggie Blend Tropical Fruit Salad Dinner Roll Banana	13 Pork Loin w/Gravy Apple Raisin Stuffing Sweet & Sour Cabbage Lettuce Salad w/Drsg Raisin Bread Fresh Pear	14 Italian Sausage in Sauce Italian Style Potatoes Capri Veggie Blend Caesar Salad Soft Hoagie Roll Lemon Cake	15 Chunky Chicken Salad Kaiser Roll Carrot & Celery Sticks Apple Slices Fig Bar
16 Liverwurst Marble Rye Bread Sliced Onions Cottage Cheese Diced Pineapple Cup Chocolate Pudding	17 Ham w/Raisin Sauce Fettucine Alfredo Peas & Carrots Chickpea Onion Salad Pumpernickel Bread Apple Crisp w/Oatmeal Topping	18 Stuffed Cabbage Penne w/Olive Oil Broccoli Crowns Caesar Salad w/Drsg Italian Bread Ice Cream Cup	19 Haddock Florentine Cheesy Grits Mixed Vegetables Citrus Fruit Salad Cornbread Rice Pudding	20 Chili con Carne Brown Rice Carrot Coins Cucumber Onion Salad Rye Bread Pear	21 Roast Turkey w/Gravy Mashed Sweet Potatoes Green Bean Casserole Beet Onion Salad Buttermilk Biscuit Pumpkin Pie	22 Tuna Salad Pumpernickel Bread Cucumber Onion Salad Mixed Fruit Cup Coffee Cake
23 Roast Beef & Cheddar Wheat Bread Potato Salad Peach Fruit Cup Soft Granola Bar	24 Cranberry Dijon Chicken Couscous California Veggie Blend Mixed Salad w/Drsg Dinner Roll Chocolate Pound Cake	25 Eggplant Rollatini Rigatoni w/Red Sauce Italian Veggie Blend Antipasto Salad w/Drsg Garlic Knot Banana	26 Beef Bourguignon w/gravy Roasted Potatoes Baby Lima Beans Applesauce Dinner Roll Pumpkin Cupcake	27 CLOSED For Thanksgiving 	28 CLOSED For Thanksgiving 	29 Salami & Cheddar Rye Bread Potato Salad Clementine Oatmeal Cookies
30 Egg Salad Wheat Bread 3 Bean Salad Pear Fruit Cup Chocolate Pudding	Please place an ICE PACK in the COOLER. Ice keeps the cold portion of your food cold. Milk and juice served daily. Suggested donation is \$5.50 a meal. All menus are subject to change without notice. Milk and margarine/butter are included with each meal. No additional salt is added to any recipe. Diabetic desserts are available. Meals provide 1/3 recommended Dietary Reference Intakes (DRIs) for older adults. This program is partially funded by Title III of the Older Americans Act.					