

Pathways to Preparedness Training



Presented by: Progressive Center for Independent Living

Date: April 1, and May 27, 2026

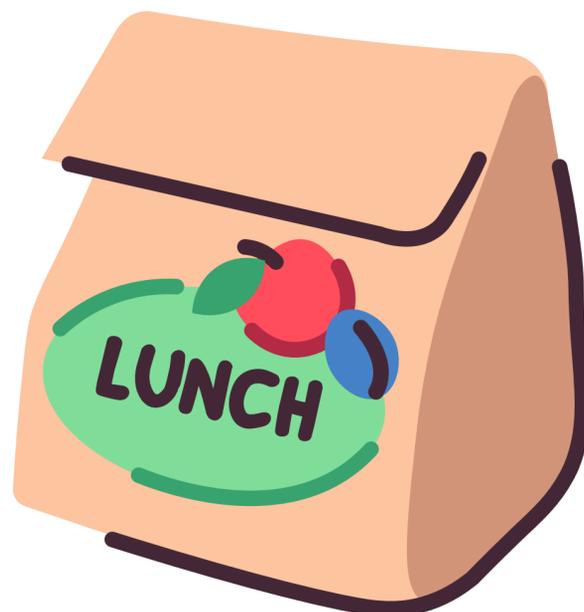
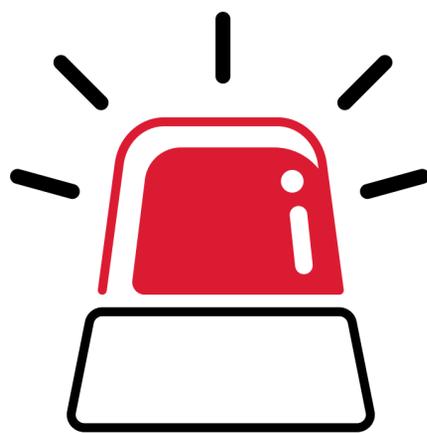
Time: 10:30-12:30 PM (90 min presentation, and boxed lunch)

Location: Senior Center, Connection's Cafe

Lower Level, 4 Gauntt Place

Discussion: Discover essential tips and strategies to stay prepared during emergencies.

ALL ATTENDEES WILL RECEIVE A FREE EMERGENCY TO GO BAG!



Email your name, phone number and food order to office@mowih.org, or call (908) 284-0735 to register.

Registration is required by 12 PM 3/26/26, or 5/19/26.

Seating is limited, so two sessions will be held.

When you RSVP, let us know if you'd like to have a boxed lunch (suggested donation of \$5.50 per meal) or if you would prefer to just come and learn!

Sponsored by Hunterdon County Division of Senior Disabilities & Veteran Services and Meals on Wheels of Hunterdon County, Inc. Partially funded by the "Older American Act". Program is for residents of Hunterdon County that are 60 years or older.