

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Pork Loin w/Gravy Scalloped Potatoes Red Cabbage w/Apples Citrus Fruit Salad Dinner Roll Ice Cream Cup	2 Polynesian Chicken Saffron Rice Baby Peas Pineapple Chunks Wheat Bread Sandwich Cookies	3 Hamburger Succotash Macaroni & Cheese Cucumber Onion Salad Hamburger Bun Clementine	4 Swedish Meatballs Egg Noodles Broccoli Crowns Tri Color Lettuce Salad Rye Bread Pear	5 Bologna & American Cheese Rye Bread 4 Bean Salad Orange Vanilla Pudding
6 Chicken Salad Wheat Bread Carrot Raisin Salad Diced Pear Cup Crumb Cake	7 Closed For Labor Day 	8 Roasted Turkey w/Gravy Stuffing Green Bean Casserole Swiss Salad w/ Drsg Dinner Roll Rice Pudding	9 Pot Roast with Gravy Roasted Red Potatoes Creamed Spinach Beet Onion Salad Pumpernickel Bread Ice Cream	10 Breaded Whitefish Filet Twice Baked Potato Stewed Tomatoes Creamy Coleslaw Raisin Bread Mini Eclair	11 Chicken Parmesan Spaghetti w/sauce Italian Veggie Blend Caesar Salad w/drsg Garlic Knot Apricots	12 Ham & Swiss Wheat Bread Macaroni Salad Sliced Apples Plain Donut
13 Egg Salad Kaiser Roll Carrot Raisin Salad Diced Pear Cup Jello Cup	14 Beef Stew Mashed Potatoes Peas/Onions/Carrots Swiss Salad w/ drsg Buttermilk Biscuit Rice Pudding	15 Chicken Francese Tortellini Baby Peas Garden Salad Italian Bread Lemon Pocket	16 Turkey Sausage Pierogies w/ Onions Baby Carrots Creamy Coleslaw Rye Bread Apple	17 Stuffed Cabbage Roll w/sauce Smashed Red Potatoes Carrot Coins Cucumber Onion Salad Corn Bread Melon Chunks	18 Baked Ham w/Glaze Fettucine Alfredo Brussel Sprouts & carrots Deluxe Fruit Salad Raisin Bread Packaged Fruit Danish	19 Seafood Salad Croissant Pasta Veggie Salad Fruit Cup Vanilla Pudding
20 Turkey, Salami & Provolone Cheese Hoagie Roll Diced Peaches Brownie	21 Fish Filet w/garlic butter Wild Rice Pilaf Corn w/ Red Peppers Creamy Coleslaw Dinner Roll Clementine	22 Salisbury Steak w/Gravy Mashed Potatoes Green & Yellow Squash Beet Onion Salad Wheat Roll Rice Pudding	23 Turkey Meatloaf w/Gravy Baked Beans Ratatouille Deluxe Fruit Salad Rye Bread Vanilla Ice Cream	24 Chicken Marsala Bow Tie Pasta Cauliflower Au Gratin Spinach Salad w/drsg Wheat Roll Peach Cobbler	25 Cheese Manicotti Beef Meatballs w/marinara Roasted Veggie Blend Caesar Salad w/drsg Soft Hoagie Roll Seedless Grapes	26 Tuna Salad Wheat Bread Chickpea/Onion Salad Sliced Apples Chocolate Pudding
27 Cold Meatloaf Rye Bread Creamy Coleslaw Fruit Cup Granola Bar	28 Beef Burgundy Egg Noodles Mixed Vegetables Cucumer Onion Salad Dinner Roll Rice Pudding	29 Sweet & Sour Chicken Brown/Wild Rice Blend Zucchini Tropical Fruit Salad Raisin Bread Pound Cake	30 Stuffed Bell Pepper Garlic Mashed Potatoes Veggie Blend Caesar Salad Wheat Bread Cinnamon Bun	31		

Alternate Menu
Meatloaf substitution is offered
Monday through Friday.
Please call 908-284-0735 to order.

**Please place an ICE PACK in
the COOLER.**
**Ice keeps the cold portion of
your food cold.**
Milk and juice served daily.

Suggested donation is \$5.50 a meal. All menus are subject to
change without notice. Milk and margarine/butter are included
with each meal. No additional salt is added to any recipe.
Diabetic desserts are available. Meals provide 1/3 recommended
Dietary Reference Intakes (DRIs) for older adults. This program
is partially funded by Title III of the Older Americans Act.