

Health & Wellness Lecture Series
September 2026 Lunch and Learn



Empowering Your Later Years

Presented by: Fiona Van Dyck, Esq. Eldercare Attorney

Date: Wednesday, September 16, 2026

Time: 11 AM - Noon

(45 min presentation, 15 min Q&A and boxed lunch)

Location: Meals on Wheels Main Office

5 Walter Foran Blvd, Suite 2006,
Flemington, NJ 08822

Discussion: Empowering Your Later Years

Join us for a special Lunch & Learn with eldercare attorney Fiona Van Dyck. This informative session will explore important legal, financial, and planning considerations that can help seniors maintain independence, protect their assets, and make confident decisions for the future. Bring questions and learn practical strategies for navigating the later stages of life with greater peace of mind.



Email your name, phone number and food order to office@mowih.org, or call (908) 284-0735 to register.

Registration is required by 12 PM September 9th.

Seating is limited.

*When you RSVP, let us know if you'd like to have a light lunch
(suggested donation of \$5.50 per meal)
or if you would prefer to just come and learn!*

Sponsored by Hunterdon County Division of Senior Disabilities & Veteran Services and Meals on Wheels of Hunterdon County, Inc. Partially funded by the "Older American Act". Program is for residents of Hunterdon County that are 60 years or older.