



# September 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Closed</b> <b>For Labor Day</b> 	<b>1</b> Pork Loin w/Gravy Scalloped Potatoes Red Cabbage w/Apples Citrus Fruit Salad Dinner Roll Ice Cream Cup	<b>2</b> Polynesian Chicken Saffron Rice Baby Peas Pineapple Chunks Wheat Bread Sandwich Cookies	<b>3</b> Hamburger Macaroni & Cheese Succotash Cucumber Onion Salad Hamburger Bun Ice Cream Cup	<b>4</b> Pot Roast with Gravy Roasted Red Potatoes Creamed Spinach Beet Onion Salad Pumpernickel Bread Cookies	<b>5</b> Bologna & American Cheese Rye Bread 4 Bean Salad Fresh Orange Vanilla Pudding
<b>7</b> Chicken Salad Raisin Bread 3 Bean Salad Mandarin Oranges Crumb Cake	<b>8</b> Stuffed Bell Pepper Rotini w/Olive Oil Scandinavian Veg Blend Deluxe Fruit Salad Wheat Bread Frozen Yogurt Cup	<b>9</b> Roasted Turkey Herbed Stuffing Green Bean Casserole Swiss Salad w/Drsg Dinner Roll Pear	<b>10</b> Swedish Meatballs Egg Noodles Broccoli Crowns Tri Color Salad w/Drsg Rye Bread Apricots	<b>11</b> Breaded Whitefish Filet Twice Baked Potato Stewed Tomatoes Creamy Coleslaw Raisin Bread Ice Cream Cup	<b>12</b> Chicken Parmesan w/Sauce Spaghetti w/Sauce Italian Veggie Blend Caesar Salad w/Dressing Garlic Knot Mini Eclair	<b>13</b> Ham & Swiss Cheese Wheat Bread Macaroni Salad Sliced Apples Plain Donut
<b>14</b> Egg Salad Kaiser Roll Carrot Raisin Salad Diced Pears Jello Cup	<b>15</b> Beef Stew w/Gravy Mashed Potatoes Peas, Carrots & Onions Swiss Salad w/Drsg Buttermilk Biscuit Sherbet	<b>16</b> Turkey Sausage Pierogies with Onions Baby Carrots Creamy Coleslaw Rye Bread Apple	<b>17</b> Chicken Marsala Barley & Mushrooms Cauliflower Au Gratin Spinach Salad w/Drsg Wheat Roll Peach Cobbler	<b>18</b> Stuffed Cabbage Smashed Red Potatoes Carrot Coins Cucumber Onion Salad Corn Bread Melon Chunks	<b>19</b> Baked Ham w/Glaze Fettucine Alfredo Brussel Sprouts & Carrots Deluxe Fruit Salad Raisin Bread Fruited Danish	<b>20</b> Seafood Salad Croissant Pasta Veggie Salad Fruit Cup Vanilla Pudding
<b>21</b> Turkey, Salami & Provolone Cheese Hoagie Roll Lettuce, Tomato & Onion Diced Peaches Brownie	<b>22</b> Fish Filet in Garlic Butter Sauce Wild Rice Pilaf Corn w/Red Peppers Creamy Coleslaw Dinner Roll Banana Pudding	<b>23</b> Salisbury Steak w/Gravy Herb Mashed Potatoes Green & Yellow Squash Beet Onion Salad Wheat Roll Banana	<b>24</b> Turkey Meatloaf with Gravy Baked Beans Ratatouille Deluxe Fruit Salad Rye Bread Vanilla Ice Cream	<b>25</b> Sweet Italian Sausage Italian Style Potatoes California Veggie Blend Mixed Lettuce Salad w/Drsg Soft Hoagie Roll Seedless Grapes	<b>26</b> Chicken Francese Tortellini Baby Peas Swiss Salad w/Dressing Italian Bread Lemon Pocket	<b>27</b> Tuna Salad Wheat Bread Chickpea Onion Salad Sliced Apples Chocolate Pudding
<b>28</b> Cold Meatloaf Rye Bread Creamy Coleslaw Fruit Cup Granola Bar	<b>29</b> Beef Burgundy Wide Noodles Mixed Vegetables Cucumber Onion Salad Dinner Roll Fig Bar	<b>30</b> Sweet & Sour Chicken Wild Rice Blend Oriental Veggie Blend Tropical Fruit Salad Raisin Bread Pound Cake				

## Alternate Menu

Meatloaf substitution is offered  
Monday through Friday.  
Please call 908-284-0735 by 12:00 pm  
the day before to order.

**Please place an ICE PACK in  
the COOLER.**

**Ice keeps the cold portion of  
your food cold.**

**Milk and juice served daily.**

Suggested donation is \$5.50 a meal. All menus are subject to  
change without notice. Milk and margarine/butter are included  
with each meal. No additional salt is added to any recipe.  
Diabetic desserts are available. Meals provide 1/3 recommended  
Dietary Reference Intakes (DRIs) for older adults. This program  
is partially funded by Title III of the Older Americans Act.