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# Rocktails: The Spirits of Cincinnati Music

By [JIM NOLAN \(/PEOPLE/JIM-NOLAN/\)](/PEOPLE/JIM-NOLAN/) • APR 29, 2019



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16:01

Imagine that you have years of experience behind the bar at a club that celebrates uniquely-crafted cocktails. Add to that over 60 years of rock-n-roll and rhythm & blues history, a dash of funk, a twist of serendipity, garnish with spontaneity and serve super-cool.

Now you have the recipe for *Rocktails* (<https://americanrocktails.com/>) - a new compendium of concoctions by local musicians **Kristen Kreft** (The Perfect Children) and **Mayalou Banatwala** (Heavy Hinges).

*Rocktails* contains the mixing guidelines for dozens of delicious drinks, designed to honor the musical history of Cincinnati - everyone from James Brown and Rosemary Clooney to Midnight Star and The Lemonpipers. Plus, every recipe includes a bit of history and tells how each person highlighted in the book has a connection to the Queen City.


On Friday May 17 there will be a **book release party at Caffe Vivace** (<https://cincinnatirocktails.brownpapertickets.com/>) - hosted by Queen City Cabaret (<https://queencitycabaret.weebly.com/>) with will feature live local music and *Rocktails* libations.


I spoke with **Sarah Folsom** and **Matthew Umphreys** from Queen City Cabaret as well as Kristen Kreft and Mayalou Banatwala - to find out more about *Rocktails*.

### Closing music:

"Get Me Mine" by The Perfect Children

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