THOMAS ESTLEY
COMMUNITY COLLEGE

Welcome To Our Thomas Estley

Newsletter

October 2026



A Community of Courage and Commitment to Success

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Dates For The Diary

THOMAS ESTLEY COMMUNITY COLLEGE

27th October
The Big English Primary Quiz Rounds
Intergenerational Wellbeing Arkwright House Visit

29th October
Year 11 The Curve Trip

11th November
The Big English Primary Quiz Rounds Final
Year 8 Parents Evening (Remote)

12th November
Year 8 Parents Evening (Remote)

17th November
Parent Community Kindness Group

25th November
Year 9 Parents Evening (Remote)

26th November
Year 9 Parents Evening (Remote)

1st December
SAT Art Competition Launch
Year 9 & 10 Creative Writing (DMU Inspire)

2nd December
RE Primary Masterclass

3rd December
Christmas Concert

7th December
Business & Enterprise Primary Day

8th December
Year 9 Parent Revision Evening

10th December
Year 9 & 10 Law (DMU Inspire)
Orchard PE Afternoon/Specialisms

14th December
Year 11 A Christmas Carol Production

16th December
Christmas Jumper Day
Student Christmas Dinner

18th December
Christmas Assemblies



Assessments/Exams

2nd-13th November
MFL Speaking Mocks

16th-27th November
Year 11 Mock Exams

3rd-4th December
Art Mock Exam

A Word From The Principal

THOMAS ESTLEY COMMUNITY COLLEGE

The first half of the Autumn Term is always a busy time, as we celebrate our outgoing Year Eleven's achievements while welcoming in our new Year Seven students. Both year groups did themselves proud, with almost all our leavers accessing their first choice destinations and our Year Seven students settling in quickly.

Year Seven have made a fantastic start, both in their lessons and in their enthusiasm to involve themselves in the full life of the college, from joining sports teams and a variety of different clubs, to signing up in droves for this year's student leadership projects, which start after half term.

Student leadership opportunity and growth is part of who we are at Thomas Estley, and we are proud to send our young people out into their adult life with experience of leading teams, communicating with confidence, and making a difference to the community around them. Our current Year Eleven are drafting their personal statements this week for their sixth form, college and apprenticeship applications, and including their leadership development and experience in these statements sets them up to be competitive in their next steps and the job market, as well as speaking volumes about themselves as fantastic young people who care and add value to the world around them.



Mandi Collins

Mandi Collins, Principal

End Of Last Term





Well done to the student leaders who were nominated for the most impactful leadership contributions within their areas of leadership last academic year, from sport and performing arts leadership through leading primary outreach and masterclasses, to giving their time to benefit the wider community. Your leadership group facilitators are really proud of you.Thank you for all you do to benefit others.

19 students took part in our Level 2 Music Leadership Project, developing their leadership and teamwork skills while planning and delivering a Music Experience Day for pupils from five local primary schools.

Our student leaders created a range of fun music taster sessions, inspiring younger pupils and sharing their passion for music. A huge well done to all our student leaders for showing such courage and perseverance throughout the project!



GCSE Results Day

We were delighted to celebrate with our amazing Year 11 students as they collected their GCSE results. Their hard work and commitment led to some fantastic outcomes, with many progressing onto their chosen destinations.

Pictured are some of the students who made the most progress and achieved the highest grades this year. We are incredibly proud of all our students, and these young people particularly exceeded expectations through their determination and dedication.

A few students needed some extra guidance to adapt their choices and benefited from support from our onsite careers advisor.

Well done to everyone, and best wishes for your next steps in education, careers and adult life. We will really miss you!



High Achievers

THOMAS ESTLEY COMMUNITY COLLEGE

We are so proud of our students who achieved national leadership recognition through SSAT Leadership Accreditation Award this year. This involves compiling a portfolio across a wide range of leadership achievements which is submitted for moderation, and presenting it to an external student leadership lead professional. Well done to Lara, Harry, Lyds, Theo, Jacob, Lottie, Ella, Macie, Amelia and Talyia. A really great achievement!

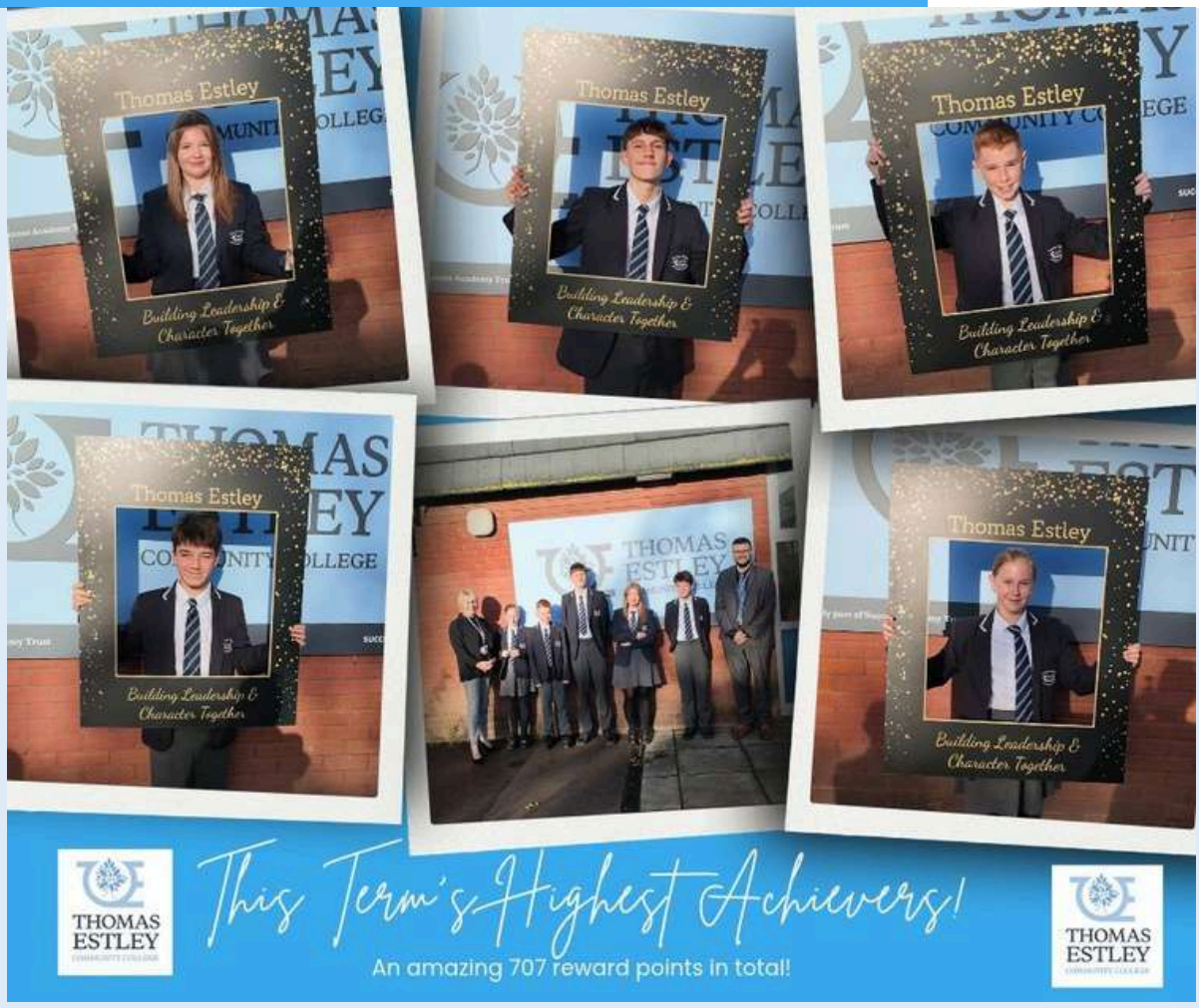






We were delighted to celebrate some of our students' end of summer term leadership, character and subject based achievements - so lovely to start the year on such a positive note. Well done, everyone! We are so very proud of you all.

High Achievers





Each week, we celebrate the students in each year group who have earned the highest number of positive points for their fantastic attitude, effort and positive choices. These students consistently demonstrate our Thomas Estley values and set a great example to others.

Congratulations to all our highest achievers this term! In total, we have had a whopping 64,904 positive points given this term!

Attendance

As we reach the end of our first half-term, we have once again noticed a significant drop in attendance during the final two days of term.

We recognise that this time of year can bring an increase in seasonal bugs and viruses, and we understand that families may be tempted to begin their holidays a little earlier to take advantage of lower travel costs. However, we would like to remind all parents and carers that every school day counts, right up to the very last day of term.

The lessons and activities planned for the final days are just as important as those taught at any other point in the school year. This half-term, pupils have been completing modules that cover subjects and areas of learning required by the Department for Education, as well as topics that play a valuable role in supporting their wider education, personal development and wellbeing.

By attending school until the end of term, pupils benefit from the full curriculum, complete their learning and make the most of the educational opportunities provided. We therefore ask that families continue to prioritise attendance right up to the final day, ensuring that every child has the opportunity to benefit fully from their time in school.

Thank you for your continued support in helping us maintain strong attendance and ensuring that every school day makes a difference.









This year, we are starting a new attendance competition for students. For each week that they complete 100% attendance, they will receive an entry into a prize draw. The week before the Christmas Break and the Easter Break the draw will take place to win a BIG prize. These are some examples of possible prizes but students will be asked to vote on what prizes they would like.

Congratulations to the 304 students who have made it to the end of the first half-term still on 100% attendance. Keep up the good work!

Careers

THOMAS ESTLEY COMMUNITY COLLEGE

A group of our Year 8 students were invited by Dudley Associates in Lutterworth to celebrate the National Day of Manufacturing.

Students enjoyed a guided factory tour and took part in seven hands-on workshops exploring different areas of manufacturing, including sales and marketing, sustainability, quality control, production, CAD design, injection moulding, and shipping and logistics.

The visit gave students an insight into the wide range of skilled careers available within the manufacturing and plastics industry.

A huge thank you to Dudley Associates, Sierra 57 Consult and everyone involved for a fantastic and informative day!





Our Careers Evening was a fantastic opportunity for students to explore future pathways, discover different careers and speak to employers and education providers about the opportunities available to them. Thank you to everyone who joined us and helped make the evening a success!

Broughton InTouch

THOMAS ESTLEY COMMUNITY COLLEGE

Student Leadership Success!



We were delighted to have SSAT student leadership national lead Keven Bartle on site at Thomas Estley. He delivered a 'why leadership' assembly to Year 7, trained some of our most experienced student leaders in how they can leave a leadership legacy, and interviewed our students who are applying for their national SSAT Student Leadership accreditation this year at Silver and Gold level.

Keven praised our Thomas Estley student leadership programmes, saying that some of our student leaders operate at the highest levels he has seen in secondary schools. We are feeling so proud!

If you would like to support leadership at Thomas Estley by sharing your skills or experience, please contact **PAtothePrincipal@thomasestley.org.uk**.



Our student leadership programme was recently featured in Broughton InTouch magazine, celebrating the fantastic work of our student leaders and their achievements in gaining SSAT Student Leadership Accreditation at Silver and Gold levels.

We are incredibly proud of their dedication and the positive impact they make across our college.

50th Party



We had an amazing day celebrating Thomas Estley's 50th birthday. We welcomed in so many of our ex-students and ex-staff (from 20 to 80 years old!), our families and local community, to hear their stories, and celebrate together. They were able to look at memorabilia, have a tour, listen to performances and wander around our local stalls.

Can you spot your old Thomas Estley teacher below? How wonderful to get so many teachers over the ages together at our 50th birthday celebrations!



KS4 Awards



What a wonderful Key Stage Four Awards evening! It was great to get together with students and families to celebrate the achievement, progress and attitude to learning of students in last year's Year 10 and Year 11 who went above and beyond last year. Well done to everyone nominated for awards.

Tanzania



As part of their Tanzania expedition over the summer holidays, our Camp International volunteers helped make a positive difference to local communities. They planted saplings to help reduce soil erosion in the foothills of Mount Kilimanjaro and spent time visiting a local school, joining in games with the children. The trip combined meaningful community work with an incredible personal challenge, culminating in their successful summit of Africa's fifth-highest mountain. Well done to everyone involved!

Trips



What a wonderful trip to London again, providing our Year 8 students an insight into the world of Shakespearean theatre and its history. Students were then treated to an active workshop which was focused on the text they're currently studying in English: A Midsummer Night's Dream. Our students were brilliant and the trip was fabulous. Thank you to everyone who supported us.

Our Year 11 History students visited Kenilworth Castle as part of their GCSE studies, exploring its 900-year history, from a medieval fortress to a lavish Tudor residence. Seeing the castle's defences and ruins first-hand brought their learning to life and helped prepare them for their exams.



Nine of our students joined some Arkwright House residents on a trip to Buttercups Tearoom in Billesdon. We had a meet and greet experience with some of their alpacas and then enjoyed a cream tea. The students loved meeting the alpacas - some were nervous and the Arkwright House residents helped them to overcome the nerves.

The relationships and friendships formed on each of our visits is wonderful to see. The residents spoke very positively about how they look forward to our visits and how the confidence in our students has grown. We are looking forward to some more exciting intergenerational projects for the rest of the academic year. A big thank you to Bindya at Platform Housing for organising this trip.



Highlights This Term...





Several of our Thomas Estley teaching and support staff graduated from their leadership training programmes this summer - we are proud of their effort and commitment to developing their skills and abilities on an ongoing basis to benefit our children and their college teams. Well done, everyone!

We had so much fun welcoming families onto our Open College tours and to our Open College evening this term. Pictured are a just a few of the lovely young people we welcomed onto site to try out activities with our student leaders, and to find out more about who we are and what we do



Brunoise and Mincing are complex knife skills that gain high marks in practical assessments. Thomas Estley KS4 students are given ample opportunities to practise these techniques so that they become confident in their use and ultimately able to demonstrate speed and precision when using them. Some great results below.



Highlights This Term...





A huge thank you to Mr Barrow, Headteacher at Hallbrook Primary School, a fellow Success Academy Trust school, for visiting our Year 10 Health & Social Care students. Students are currently completing coursework on the developmental milestones of children aged 4-10 and the support provided when milestones are not met. Mr Barrow delivered a valuable session on statutory safeguarding responsibilities for volunteers and answered students' questions about how children learn and develop.

We're also incredibly grateful to Hallbrook Primary School for hosting our students across EYFS to Year 6, giving them valuable first-hand observation experience to support their coursework. A fantastic example of Trust schools working together to enrich students' learning

Our Thomas Estley singers from Glee Club, Musical Theatre Club and GCSE Music joined members of Gabrieli Roar for an inspiring vocal workshop. Students explored vocal warm-ups, learned new songs and developed their skills in unison, canon and four-part harmony.

A huge thank you to Leicestershire Music and Gabrieli Roar for providing such a fantastic opportunity for our students!





This term our Thomas Estley student ambassadors have been visiting some local primary schools delivering assemblies to talk about life in a secondary school and what student leadership means for them. We are proud of their confidence and initiative - well done, everyone!

Sport



Well done to our Year 8 and Year 11 netball teams, who travelled to Lutterworth College for two challenging fixtures. Despite the results not going our way, both teams showed fantastic teamwork, determination and resilience throughout.

Players' Player - Year 8: Neve Mehta, Coaches' Player - Year 8: Isabelle Deeming, Players' Player - Year 11: Talyia Compton-Luck, A special well done to Talyia, who is playing up a year with the Year 11 team and has been excelling this season. A great effort from both teams!



Well done to our Year 7 and Year 9 girls' netball teams, who represented the school brilliantly in a competitive fixture at Lutterworth High School.

Although the results didn't go our way, both teams showed fantastic effort, teamwork, resilience and sportsmanship throughout. Players' Player: Year 9 - Sophia Kane & Year 7 - Lola Alonzi. Coaches' Players of the Match: Lyla Lawrence & Connie Oldham. A huge well done to all the girls for their fantastic attitude and effort. We're very proud of you!



Well done to our Year 8 and Year 11 netball teams, who played at home against Lutterworth High School. Despite both teams facing challenging fixtures, the girls showed great determination, teamwork and resilience throughout, putting their skills into practice and never giving up. Player of the Match - Year 11: April Zarcone. Coach's Player of the Match - Year 8: Isabelle Deeming. Players' Player: Evie Higham & Sophie Beazer.

A huge well done to all the girls for their fantastic effort and team spirit!

Sport



What a performance from our Year 9 boys as they secured a fantastic 9-1 victory over Lutterworth!

After a tentative start, the boys settled into their rhythm and took control of the game, with some excellent attacking football and a strong team performance.

A special mention to Jacob, who scored an incredible double hat-trick with six goals!
A fantastic result as the boys look ahead to next week's County Cup fixture against Brockington.
Well done, lads!



What a way to begin the league campaign!
Our Year 11 boys secured a convincing 8-0 victory over Lutterworth College in a fantastic team performance.

Goals from Ted, Ellis, Ridley (hat-trick), Izaak (2) and Jake got the team off to a brilliant start, with Ridley also named Player of the Match.
A special mention to Fin, who stepped up to play in goal a year above and put in an excellent performance.

Well done to the whole squad, and to Harry and Reece for supporting the team from the sidelines despite being injured. A fantastic display of teamwork and team spirit!



A tough afternoon for our Year 7 boys against Lutterworth College, with the game finishing 6-0. Despite the result, the boys worked hard throughout, created opportunities and showed courage, resilience and fantastic sportsmanship until the final whistle.

There are plenty of positives to take forward as the team continues to develop. Well done, lads!

Sport



A tough afternoon for our Year 10 boys against Lutterworth College, with the game finishing 5-0.

Despite the result, the boys showed courage, resilience and fantastic sportsmanship throughout, continuing to work hard and support one another until the final whistle.

Plenty of positives to take forward as they continue to develop. Well done, lads!

Our Year 7 and Year 9 netball teams were back in action at home against Lutterworth College. Both teams faced a tough challenge but showed great determination, teamwork and resilience throughout, continuing to compete until the final whistle.

Players' Player – Year 7: Olivia Bryan, Coaches' Player – Year 7: Mila Hill, Players' Player – Year 9: Lucy Amos. A special mention to Lucy, who stepped up to play out of position and put in a fantastic performance. Well done to all the girls!



A fantastic first win for our Year 8 netball team, who secured an impressive 10-3 victory away at Brockington!

The girls showed excellent teamwork, determination and encouragement throughout, representing the school brilliantly.

A huge thank you to our parent helper Shell for her continued support, now in her 12th year of helping with the girls' netball. Thank you also to our Year 10 and Year 11 student coaches, Millie Leedham and Talyia Compton-Luck, for giving up their time to support the team. Well done, Year 8 – a brilliant team performance!



Sport

THOMAS ESTLEY COMMUNITY COLLEGE

Our Year 7 and Year 9 netball teams welcomed Brockington for a home fixture, with both teams putting in a fantastic effort.

The Year 7 team showed great resilience and progression, particularly in the second half, while the Year 9 team secured an impressive 11-11 draw in a closely fought match.

Players' Player - Year 7: Lola Alonzi, Coaches' Player - Year 7: Leah Catterall, Players' Player - Year 9: Lucy Amos.

A huge thank you to our volunteer coaches, Shell and former student Dixie, for their continued support. Well done, girls!





What a finish to the group stage for Thomas Estley! After a slow start, the boys found their rhythm and produced some excellent football, heading into half time with a 7-0 lead. Following discussions at the break, the game was brought to an early finish. 3 games. 3 wins. 26 goals.

Thomas Estley finish top of their group and progress to the next stage of the competition.
Man of the Match: Alfie - two well-taken goals and a fantastic performance! What a start to the competition. Well done, lads!

Sport





Our Year 7 netball team competed in a tournament at Lutterworth High School this term, facing Lutterworth College, Brockington and Lutterworth High.

Although the results didn't go our way, the girls showed great determination, teamwork and pride in representing TECC. Players' Player: Lola Alonzi & Coaches' Player: Tia Singh. Well done to all the girls for their efforts and positive attitudes!



Our under-14 boys secured an impressive 8-0 National Cup victory against Lincroft School, who arrived as league and county champions. Leading 5-0 at half-time, the boys showed fantastic teamwork and composure throughout.

Congratulations to Millen, our Man of the Match, and a big thank you to Mr Hall for his continued dedication to the team. Well done, boys! The National Cup journey continues!

Primary Masterclasses

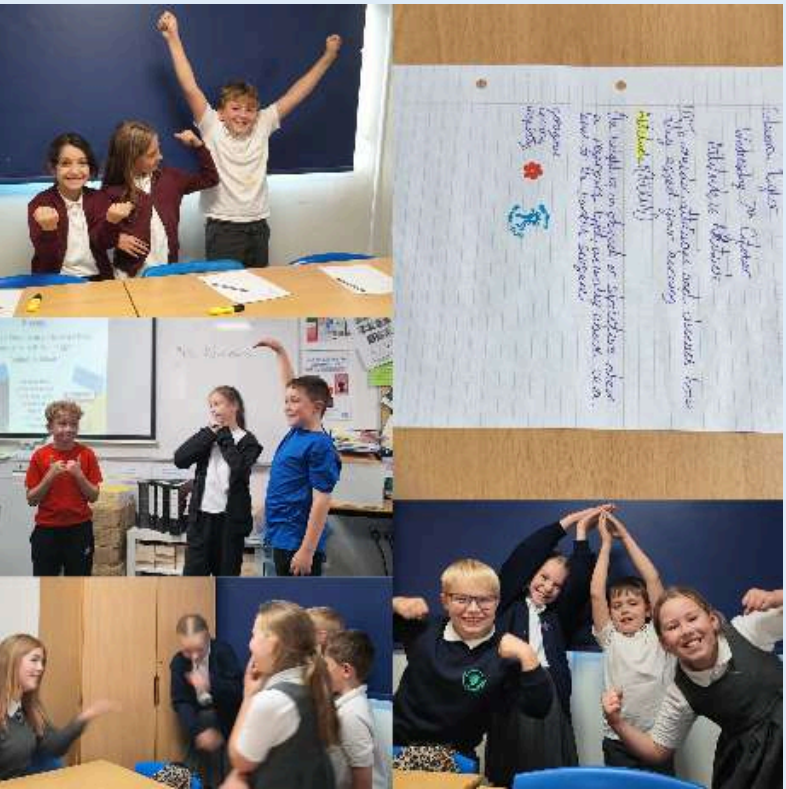


Last academic year's primary outreach student leaders - thank you for the difference you have made all year, giving up your time regularly to welcome younger learners on site for masterclasses, experience days and visits; your contribution is really appreciated!

We invited Year 5 pupils from our local schools to Thomas Estley for an Art/Cooking masterclass. The pupils experienced a session in both Art and Cooking, developing and learning new skills. They focussed on stencilling, learning about colour mixing and using the sponge to create different colours, without mixing. The end results were just lovely.

In Cooking they made fruit kebabs. They learnt how to hold a knife correctly and mastered cutting skills using the bridge and claw hold. A big thank you to our Primary transition leaders who helped within the sessions ensuring a flawless change over of groups so the pupils could experience both sessions.





Our Year 5 English Masterclass was based around 'Attitude is Altitude'. Pupils watched a brief video about Nick Vujicic, and his story and his work as a motivational speaker. This showed all the barriers he had overcome to succeed with his disabilities. This led into the pupils thinking of words to describe him and focus on maintaining positive attitudes. They then moved on to talk about how a positive attitude can impact on you. Towards the end of the session they did some freeze frames to show how attitude is altitude, all the pupils worked hard on their answers, reading out loud with confidence and performing the freeze frames. A big thank you for the Primary Transition Thomas Estley student leaders for their help.

Outside Tommo



We are very proud of Edie! Representing England, she competed at the 51st WadoKai Championships out in Cyprus. She won medals in four out of four competitions at international level - an amazing achievement!

Cadet Individual Kata 🥈
Cadet Individual -47kg Kumite 🥉
Team Cadet Kata 🥈
Team Cadet Kumite 🥈



We are delighted to share that James has been selected for the Leicester Tigers Academy! After completing three rounds of trials since August, James attended his final trial this term and received the fantastic news.

This is a brilliant achievement and a testament to James's hard work, dedication and determination. We are incredibly proud of him and look forward to seeing how he progresses in his rugby journey. Well done, James!

Outside Tommo



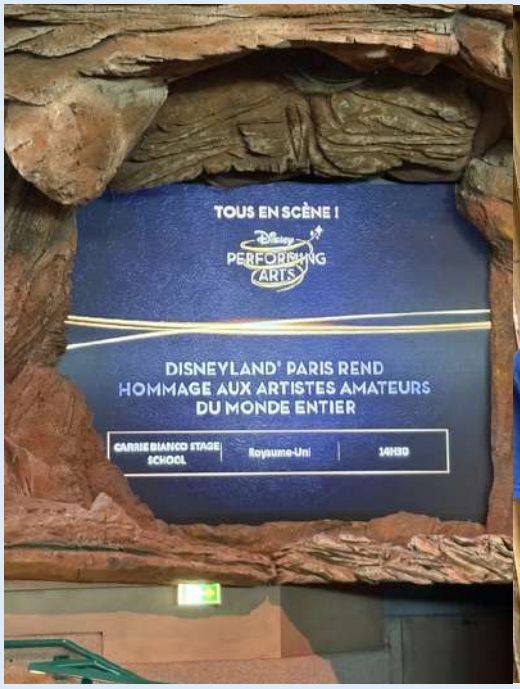
A very proud Thomas Estley moment! Miss Bancroft and Mrs Dickinson had the pleasure of going to see former Thomas Estley student, Harry, performing in Sweeney Todd.

Harry left Thomas Estley to continue his Performing Arts training vocationally, and it was an absolute pleasure to him continuing to pursue his passion. It was such a challenging role, which he performed with real maturity, conviction and professionalism.

Seeing the performer he is becoming, and watching him continue to pursue something he worked so hard at during his time with us, made us incredibly proud. Out of sight, but never out of our minds.

Congratulations, Harry. We loved watching you perform and can't wait to see where your Performing Arts journey takes you next!

We are delighted to share that Abigail had the fantastic opportunity to perform at Disneyland Paris as part of the elite performance team from Carrie Bianco Stage School. This is a wonderful achievement that recognises her dedication, talent and commitment, and we hope she made some amazing memories during this once-in-a-lifetime experience!





If you have any student successes outside of college and you would like them to be included in next term's newsletter, please email:

PAtoThePrincipal@thomasestley.org.uk

Don't Forget!

THOMAS ESTLEY COMMUNITY COLLEGE

In the event of the weather causing the school to close or causing a problem with school transport, we will put out an alert via Parent Mail.

If a student feels unwell at college, they must report to reception and ask to be seen in the medical room. If necessary, the college will phone home to seek advice or to ask for the student to be collected. Please remind your child that they must follow the procedure above and not contact you themselves.

Thank you!

Headphones, Earbuds & Air Pods

The use of headphones/earbuds/ AirPods are only permitted outside of the college building. Any that are visible inside college will be confiscated and, on the first occasion, will be returned at the end of the day. On any subsequent occasion they must be collected by a parent/carer.



Absence During Term Time

If your child is too ill to attend college please contact reception on the first and each subsequent day of absence and leave a message on the 'absence line'. We will contact you by text message if we have not been given a reason for absence - please telephone us in response to the message.

Where possible, please make medical appointments outside of college hours.

It is now a statutory requirement from the Government that schools are mobile phone free.

At our school, our priority is to provide a calm, focused, and safe learning environment where all pupils can thrive. Mobile phones can be a distraction to learning and may also present safeguarding and wellbeing concerns.

We ask for your support in ensuring that, if your child brings a mobile phone to school, it is switched off and kept out of sight throughout the school day, in line with our school policy. Students should not use mobile phones during lessons, at breaktimes, or at lunchtimes. Students can only access their device when they have left school site.

Thank you for your continued support in helping us create the best possible environment for learning. If you have any questions about our mobile phone policy, please do not hesitate to contact the school.

1st confiscation - Device returned to child at the end of the day

2nd Confiscation - Parents will be required to collect from reception, the device will not be returned to the student.

College reopens on Mon 26th Oct & closes for Christmas Fri 18th Dec

Holidays Taken in Term Time

Government guidelines, which came into effect on 1st September 2013, prevent headteachers from granting any leave of absence during term time unless there are exceptional circumstances (a family holiday does not fall under this category).

If a student has an absence recorded as a result of an unauthorised family holiday, Leicestershire County Council will be advised of the matter and will be requested to issue a penalty notice, in line with their policy.

School Transport

If your child travels via school transport it is a good idea to have a contingency plan with them, for getting to school/home in the event that for any reason they miss their bus.



WHO TO CONTACT

FOR ALL GENERAL ENQUIRIES PLEASE CONTACT RECEPTION

WHO DO I CONTACT IF I HAVE A CONCERN?

NATURE OF CONCERN

My child is underachieving	My child is underachieving in a number of subjects	General enquiry homework, consequences or pastoral	Safeguarding, wellbeing or student support
↓	↓	↓	↓
Subject teacher	Form tutor	Form tutor	Pastoral Lead
↓	↓	↓	↓
Form tutor	Team Leader	Pastoral Lead	Safeguarding Lead

PUPIL PREMIUM OR SEND CONCERN

PP Co-ordinator - Mrs Briggs	SENCO or Inclusion Manager - Ms Plumb Mrs Wall

Please see staff email addresses on 'Links' tab > Contact Us

We will endeavour to respond to all enquiries within two days.
Safeguarding enquiries within 24 hours.
If a meeting is required, we will endeavour to schedule this in seven working days
If you are unsure where to direct your enquiry, please email admin@thomasestley.org.uk
Enquiries made during the weekend and holidays will take longer to receive a response.



ACTIVE TRAVEL Newsletter

October 2026

Physical Activity

To maintain a basic level of health, the Chief Medical Officer recommends that children and young people aged 5 to 18 take part in an average of at least 60 minutes of physical activity per day. Taking part in physical activity has many benefits for children and young people, including improving fitness, increasing concentration, building a stronger heart, strengthening bones and developing healthier muscles. Being regularly physically active can also improve self-esteem, reduce stress and encourage a better night's sleep. The NHS has further information here.



Active Travel Month



Active Travel Month takes place throughout October and we want as many pupils as possible to get involved! Actively travelling to school can increase mental alertness, energy, positive mood and self-esteem, as well as reducing stress and anxiety. It helps children & young people feel more alert and ready for the day! Cycling, walking or scooting to school also increases awareness of road safey as well as supporting the environment.

Half Term Challenge





Looking for some fun, fresh-air activities to keep the whole family entertained this half term? We've got two fantastic challenges for you to enjoy! Become a Park Explorer and see how many local parks you can discover in our Local Park Bingo challenge! Put your exploring skills to the test with our Park Scavenger Hunt! For more information about where to find local parks across Harborough, Lutterworth, Blaby and Oadby & Wigson and to download your scavenger hunt resource, click here!



ACTIVE TRAVEL Newsletter

October 2026



Stay Active For Less!

There are lots of fun, free ways for the whole family to stay active! Click on the logos to find out more.

GEOCACHING

parkrun

GoNoodle

change 4 life

ACTIVE TOGETHER

Active Together and our local partners are here to help you find a range of physical activity, sport and wellbeing opportunities across Leicestershire, Leicester and Rutland. The Get Active Search Engine enables you to find local parks/open spaces, clubs, community groups and their activity sessions near you. Click here to find out more!



World Mental Health Day

World Mental Health Day takes place every year on the 10th October.

The theme for 2026 set by the World Federation for Mental Health is *"Lived experiences heard: real voices, real change" Find out more about World Mental Health Day and resources here*

Mental Health Support

NHS

MENTAL HEALTH FOUNDATION

NHS University Hospitals of Leicester NHS Trust

YOUNGMINDS

mind

There are lots of support services available if you or a loved one is experiencing poor mental health. Click on the logo to head straight to the website.

LET'S GET SOCIAL!

South Leicestershire School Sports Partnership

Health | Well-being | School Sport | PE | Physical Activity

Health | Well-being | School Sport | PE | Physical Activity
Supporting South Leicestershire Schools to provide opportunities for all young people

South Leicestershire Community Board

Baby & Toddler Roadshow

Wednesday 14 October | 10:30am–1:00pm Parkland Leisure Centre

Do you have questions about having a baby or becoming a new parent? Having a baby can be an exciting but sometimes daunting time, and our Baby and Toddler Roadshow brings together local experts and support services to help you feel informed, supported and confident. This free event is open to expectant parents, new families and families with children aged 0–4 years.

What to expect

Come along to meet and chat with:

- 🤰 Local midwives and health professionals
- 👶 Baby and toddler groups
- ❤️ Family support organisations
- 🩺 Doctors providing infant first aid demonstrations

You'll also have the opportunity to share your experiences of maternity and neonatal services and find out how you can help shape and improve local services for families.

Fun for little ones too! Children attending the event can enjoy free access to Parkland Leisure Centre's Soft Play, giving them plenty of space to explore, play and burn off some energy while you chat with local services and professionals. There will also be free activities for children throughout the event, making it a great opportunity for the whole family to enjoy a fun and informative morning. Whether you're expecting your first baby, finding your way through life with a newborn, or keeping up with a busy toddler, we'd love to welcome you!

Booking is required.

Contact Jane Hunt – 07473 375602 or MNVP@valonline.org.uk

Please remember to include the number of children attending when you reserve your place.

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teen health 11-19 service

The **Moving On Up!** guide from Teen Health is packed with tips, activities and advice from young people to help you feel confident about the transition to Secondary. Download the booklet **here!**

MONTHLY DROP-INS AT YOUR GP SURGERY

Bringing Health, Wellbeing and Community Support Together. Helping You To Find The Right Help At the Right Time.

Meet your Local Area Coordinator (LAC) and other helpful teams at your surgery, every month.

WHEN AND WHERE

First Friday of the month:
Oadby Central
Croft Medical Centre

Last Monday of the month:
Oadby Severn Surgery

Last Tuesday of the month:
South Wigston Medical Centre

Last Wednesday of the month:
Two Steeples Medical Centre, Wigston

For more details, please ask at Reception or contact your Local Area Coordinators:

Louise Monk – LAC for Oadby – 07526 927372
Mary Flynn – LAC for South Wigston – 07834 177 175
Safina Jamal – LAC for Wigston – 07834 177 184

Local Area Co-ordination

Free ADHD Support for Parents/Carers, Children and Young People

For families living in Leicestershire County

Workshops for parents / carers of children and young people under 19
Suitable for any stage of the ADHD journey, THRIVE workshops focus on understanding ADHD and applying this knowledge to real life struggles.

Workshops for children and young people under 19 who have an ADHD diagnosis
THRIVE workshops help children and young people to understand what ADHD means for them.

Peer Support Groups for parents / carers
CONNECT groups are held monthly in each borough or district of the County, and are suitable for any stage of the ADHD journey. Meet other families, learn and share with people who 'get it'.

Scan this QR code or visit our website to find out more and book your place

headsupleicester.org.uk/ADHD

Leicestershire County Council

HEADS UP
Supporting families through life's challenges

Oadby & Wigston Borough Council | ACTIVE Oadby and Wigston | Blaby District Council | Active Blaby | District of Harborough | ACTIVE Harborough & Hinckley | ACTIVE TOGETHER Leicestershire

Care and Education for 2-4 year olds

THOMAS ESTLEY PRESCHOOL

- All types of FEEE funding accepted – where self-funded, competitive pricing with sibling discounts.
- Rich, varied provision includes indoor and outdoor free flow, separate forest garden, access to library for stories and singing, field and gym for sport skills and play.
- Learning opportunities include messy play, construction, yoga, early phonics, maths activities, sand/ water play, small world, local area walks and visits
- School readiness focus afternoon inputs for 3 year olds
- Hot lunches cooked onsite available as a lunch option

7:30-12:00
7:30-3:00
7:30-6:00

9:00-12:00
9:00-3:00
9:00-6:00

12:00-3:00
12:00-6:00

'Children are gaining a love of books.' (Ofsted 2022)

'Parents are highly complementary about the pre-school and say they would not change a thing.' (Ofsted 2022)

'Children value the caring nature of the staff; they feel reassured and safe.' (Ofsted 2022)





Book Now!

Contact Us
01455 283 263 Ext 205
nsadler@thomasestley.org.uk

Based at Thomas Estley
Station Rd, LE9 6PT

Interested in a career in teaching?

SUCCESS AT TELA
Growing Talent, Pursuing Excellence, Together



Make a difference in your community

Are you interested in finding out more about training to teach locally? - Contact Jo at Achieve with TELA

Achieve with TELA provide teacher training in local primary and secondary schools with our partners at the Futures Teaching Alliance.

Jo can answer any questions you may have:
Can I afford to train?
Are any bursaries available while I train?
What is the course structure?
What qualifications do I need?
How do I apply?
Are there any age limits?

Visit our website **telaonline.co.uk**



Contact: Jo Robotham
Tel: 01455 283263 ext 286
Email: tela@thomasestley.org.uk