

Meal example for April-October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Beef Bolognaise Spaghetti	Braising Steak OR Roast Pork	Chicken Tikka	Roast Chicken	Roast Beef
Hot Sweet	Crumble and custard	Apple and Blackberry Pie and custard Bread and Butter Pudding	Chocolate Orange Sponge and custard	All milk chocolate whip (cold)	Cherry Crumble and custard
Vegetarian	Plain Omelette Salad and Pasta	Cheese Flan Veggie Burger	Cheese Pizza Wraps, wedges and salad	Cheese Pasta bake Mixed salad Vegetables	Cheese Flan Small fry fish Large oven baked fish Chips and peas
Snack Option	Pizza and Fish Fingers	Breaded chicken fillet Bread roll or pitta bread Salad/beans	Tikka wrap, wedges, salad OR sausage, bread roll, baked beans OR salad	Roast chicken and stuffing baguette Pizzini Bacon chop	Curry, nuggets, fish, chips, salad, peas
Deli	Tomato and Plain pasta available daily as a meal or potato substitute with additional selection of hot Paninis				
Salad	Salad and Pasta Bowls available daily with salads having different fillings; chicken tikka, prawns, tuna, chives & chicken and cheese Pasta Pots are alternatives of tuna and cheese				
Jacket Potato	Served daily with filling of: butter, baked beans, cheese, tuna or prawns, bolognaise sauce, chicken tikka, chicken curry				
Cakes and Biscuits	Iced Buns Shortbread Jambo Chocolate Muffin	Flapjack Iced Sponge Nursery Wheels Iced Buns	Doughnuts Chocolate Sponge Midi biscuits Afghan biscuits	Plain muffin Apple muffin Carrot cake Chocolate Krispie Shortbread Iced buns	Iced Buns Chocolate Haystacks Flapjack Custard Biscuits Iced Sponge
Drinks etc	Selection of drinks available at break and dinner times: Milk, yoghurt, fresh fruit and fruit pots available daily Filtered water from the machine available at all times				

Meal example for October-April

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Chicken Curry	Roast Lamb Beef Pie	Roast Pork	Lasagne	Braising steak Shepherds Pie
Hot Sweet	Cornflake Tart and custard	Rhubarb Crumble and custard Lemon Meringue Pie	Treacle Sponge and custard	All milk strawberry whip	Rice Pudding Cherry Pie and custard
Vegetarian	Omelette Wedges, broccoli, salad	Cheese Flan OR Veggie Curry and rice Mixed salad and beans	Macaroni Cheese Bread roll Salad/vegetables	Vegetable lasagne Herb new potatoes Mixed salad	Fish – small/large Cheese flan (OAP) Pizza ciabatta Salad, peas, chips
Snack Option	Fish cake OR Beef burger Bread roll OR mash potato Baked beans	Chicken tikka, rice and vegetables Breaded chicken fillets Bread roll or pitta bread Carrots, salad	Roast pork cobs OR sausage roll Sliced roast potato Beans or salad Pizzini	Bacon cobs Bread roll OR Pizza wedge Salad, baked beans Bacon chop	Curry, nuggets, fish Chips, peas, salad
Deli	Tomato and Plain pasta available daily as a meal or potato substitute with additional selection of hot Paninis				
Salad	Salad and Pasta Bowls available daily with salads having different fillings; chicken tikka, prawns, tuna, chives & chicken and cheese Pasta Pots are alternatives of tuna and cheese				
Jacket Potato	Served daily with filling of: butter, baked beans, cheese, tuna, coleslaw, bolognaise sauce, chicken tikka, chicken korma				
Cakes and Biscuits	Iced Buns Shortbread Jambo Chocolate Muffin	Flapjack Iced Sponge Nursery Wheels Iced Buns Apple Cake	Doughnuts Chocolate Sponge (orange) Midi biscuits Afghan biscuits	Plain muffin Blueberry muffin Carrot cake Chocolate Krispie Shortbread Iced buns	Iced Buns Chocolate Haystacks Flapjack Custard Biscuits Iced Sponge
Drinks etc	Selection of drinks available at break and dinner times: Milk, yoghurt, fresh fruit and fruit pots available daily Filtered water from the machine available at all times				

Please note that where government lockdown or other special arrangements limiting operations exists, our ability to run our normal catering services is subject to change.