ChatHealth

Due to the Coronavirus (COVID-19) outbreak, you may not be able to see your Public Health (School) Nurse face-to-face for advice about your school aged child.

Leicestershire Partnership NHS Trust runs a dedicated, confidential and secure text messaging service called ChatHealth for parents and carers of children aged 0-19, which enables you to get professional health advice and support.

This service will be continuing throughout the school closures

Getting in touch

If you live in Leicester city, text your Public Health (School) Nurse on:

07520 615 381

If you live in Leicestershire and Rutland, text your Public Health (School) Nurse on:

07520 615 382

What does this mean?

You can get confidential health advice on a range of areas, including:

- Healthy eating
- Child development
- Emotional health
- Behaviour difficulties
- Parenting concerns
- Family health

How does it work?

The service is available **9am to 5pm every weekday**, excluding bank holidays. All texts will be responded to by a public health nurse (health visitor/school nurse) within 24 hours. Outside of the service working hours, you'll receive a message back to inform you that your text will be responded to once the line reopens.

Should you require urgent health advice in the meantime, contact your GP, visit an NHS walk-in centre, use the online 111 service or call NHS 111. For emergencies, call 999 or visit A&E.

Get more coronavirus linked information, support and advice