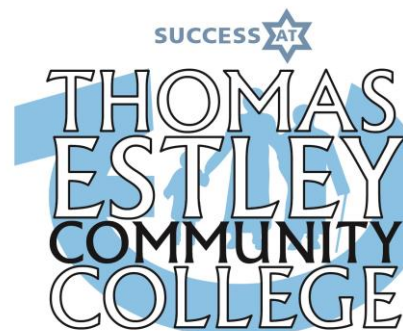


Welcome to our Thomas Estley
Newsletter
May 2022

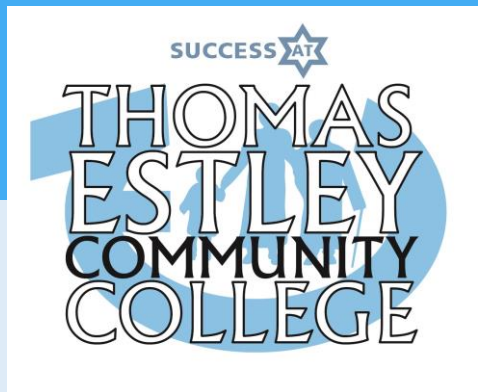
**A Community of
Courage and
Commitment to
Success**

What's inside



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Dates for the Diary

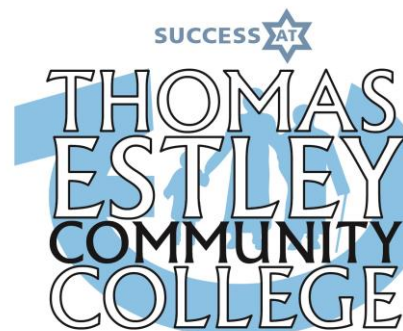


27 th May	College closes for half-term break
30 th May – 1 st June	Year 11 May School
6 th June	College opens for second half of Summer Term
9 th June	Year 7 Sports Day
13 th June	Year 8 Sports Day
14 th June	Year 9 Sports Day
21 st June	Year 8 Stratford Trip
23 rd June	Year 11 Celebration Event
27 th June	TECC Awards Evening
28 th June	Year 10 Sports Day
28 th June	End of GCSE and Year 10 Exams
29 th June	Year 11 Prom
4 th July	SuccessAT Leadership and Character Awards Evening
4 th July	Year 9 Yorkshire Sculpture Park GCSE Visit
4 th - 5 th July	Year 9 'Work with Parents Days'
4 th – 5 th July	Year 6 Induction Days
5 th July	Year 6 Parents Induction Evening
6 th July	Whole School Rewards Trip
7 th July	College closes for Summer

Do you know of any student successes that we could share and celebrate?

Please email your information, ideally with photographs to:
PAtothePrincipal@thomasestley.org.uk

A word from the Principal



As I write this, we are well into the main GCSE examination series, and many of our Year 11 students have already sat several practical examinations as well as the whole year group having already taken over a third of their theory examinations. **We could not be prouder of this year group's determination to do their best in the face of the challenges which the last couple of years have brought to their door.**

I recently shared our new Thomas Estley positive and negative choices policy with you, aiming to build on positive achievements, ensure greater consistency around consequences, simplify the current system, and shine a focus tightly onto our key character values of **Kindness, Respect, Courage, Resilience and Perseverance.**

Year 11 are demonstrating the last three of these in spades through their attitude to their examinations. I had the delight of awarding a range of commendation certificates recently to some Year 11 students who had attended many of the Easter holiday revision sessions, as well as completing revision in class and at home. They have managed the changing expectations around their GCSEs, remote learning, changing rules and regulations, all whilst displaying a calm determination to overcome barriers and do their best. Some of our young people have struggled with anxiety and poor mental or physical health but have still turned up with their bravest faces to try their best every day.

We wish them all the best as they complete their examinations, celebrate the end of their time at Thomas Estley, and move on to a range of post 16 destinations, from sixth form, through vocational courses, to apprenticeships.

They are fantastic role models for our younger students, have grown into well balanced and mature young adults, and have been a delight to teach and to know. We wish them all the very best in both the examinations and in their future destinations and careers, and we hope to see them again through our college alumni programme.

Mandi Collins, Principal



Before Easter

SUCCESS  AT

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WIND IN THE WILLOWS

Many thanks to our staff who worked hard to support our students' successful performance of Wind in the Willows last week. From rehearsing, directing and producing through stage creation and prop construction, to selling refreshments on the night, they have all been such an important part of its success. And a special thanks to Mrs Johnson who oversaw the whole performance.

We are very proud of and thankful for our amazing staff and well done to our amazing students.



OUT OF SCHOOL CLUB

These are the three winners for our Out of School Club Easter colouring competition. The three age groups were Foundation - Year 2, Year 3 - 4 and Year 5 - 6.

Well done to everyone who entered. Some beautiful designs.



SUPER STAFF

Well done to our **Staff Netball Team** who played in the South Leicestershire Staff Tournament and won three out of three matches. They were very disappointed when the Tournament was called off at the semi final stage due to weather conditions so the overall winner remains unknown!

It was great to see their competitive spirit and willingness to have a go, even at the end of a long term.



Sport - Football

SUCCESS  AT

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Huge congratulations to **Year 11** Sophia. A clean sheet for her today for the England Women U16 football team at St George's Park, in a 3-0 win against Belgium.

Fantastic work. We are so proud of you Sophia. Well done!



Our amazing **U14 Girls** Futsal team have rounded off the football season in the best way possible. In the County Tournament they won their group matches against Newbridge, Woodbrook Vale, Sir Jonathan North & John Ferneley to go into the Semi Finals against Market Bosworth.

A 3-0 win meant a County Final showdown against Wigston Academy. A really close game that was end to end. A great team goal from us clinched the title to add to the 11-a side County win.

Special mention to Izzy in goal who went the whole tournament without conceding a goal. A fantastic display from the girls -well done to you all.

Our amazing **U16 Girls** were also crowned Futsal County Champions.

Wins against Crown Hills 2-1, Loughborough High 4-1 and a 1-1 Draw with Ashby saw us group winners and through to the Semi Finals. A 2-0 win in the Semi's v Babington meant a rematch with Ashby in the final.

A 2-1 win for us and our first County title for the season. An amazing team display for the girls who will be joined by the rest of the U16 squad in the 11 a side County Final.

Well done Girls. You've done us proud.



Sport - Football

SUCCESS 

THOMAS ESTLEY COMMUNITY COLLEGE

What an amazing night to be a Tommo Girls Footballer!!!

Our **U14** Girls played Castle Rock in their County Final. A 4pm kick off. They completely dominated the match but in the first half couldn't make their chances count. In the second half we stepped up a gear and the goals came. First for Summer, then for Charlie. A great team effort from the girls. Player of the match going to Izzy in goal.

Huge thanks to Year 9 Sports Leader Korben for running the line.



Our **U16** Girls played Bosworth Academy in their County Final. A 6pm kick off. Another great display from our girls who were in control from the start. A hatrick for Ellabelle and further goals from Caitlin, Poppy and Lina. Player of the match went to Erynn. Huge thanks to Caitlin's Dad Phil for running the line. What a way to finish their time with the school.

The girls had lots of support tonight for both matches and we really appreciated it. Thank you. It's been a long but very successful season.

Well done to our players from **DBUFC**, who regularly play on our college fields and who won their cup final, with almost all players students at the college. They won 3-0 v Market Bosworth and brought home the trophy - well done, everyone!





Mr Virk's **handball** team have been coming to handball training for the last five years without fail. They have learned not only handball skills but teamwork, perseverance, and resilience which are life skills which will help them in their future careers. They have developed into accomplished and polished handball players. Mr Virk wishes them the best for their GCSE exams. [#TommoHandball](#)

After a 2 year break we finally got some competitive **cricket** up and running.

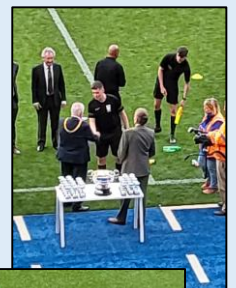
Our **U14's** travelled to Lutterworth to play the High School in a Blaby & Harborough league fixture. We didn't get the result we wanted but it was still a great experience for the boys.

The next game against Lutterworth College was a different story. A comfortable 139-4 with 2 overs remaining showed that all the hard work at training was worth it. A comfortable win with a Man of the Match performance from Freddie Kirby with 67 not out. We're really proud of you boys. Fantastic!



Well done to Year 10 Sports Leader Alfie who is working towards his SSAT Gold leadership award this year. He was asked to be the linesman at the County Schools prestigious football event - The Rice Bowl final. The match was played at the King Power stadium between Greenfields & Blaby Stokes Year 6 teams.

Alfie did a very professional job in front of nearly 2000 fans. Well done Alfie!



Sports Overview

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Our winter Sports Programme has finally drawn to a close. More than 300 students have regularly attended clubs for Netball, Football, Rugby and Handball with many of these representing the College in our teams.

It was great to get some **Rugby** up and running again this year. Both boys and girls teams were involved in fixtures and tournaments and we saw great progress and character from them to secure some wins.

Our **Handball** club has proved popular particularly with our older students. There was no scope for competitive fixtures this year, but many improvements in skills and perseverance from the students involved.

Our **Netball** teams had a great season. Teams in all 5 year groups entered the league with our Years 7, 8, 9 and 10 teams all winning their leagues. Year 11 were runners up. Years 7, 8 and 10 then entered the County knock out stage. Year 7 and 8 were knocked out in the quarter final, Year 10 in the Semi Final. All teams were then entered in the District tournaments with wins for our Year 7's as an U13 B Team at the Year 8 Tournament and our Year 10's as an U16 B team at the Year 11 Tournament.

Boys Football started the year in league competitions. Years 8, 10 and 11 all won their leagues to go through to County Knock outs all falling at the Quarter Final stage. In addition, the Year 10 Boys had a good run in the National Cup, reaching the last 64, again it's one of our volunteers that facilitated this.

Indoor Athletics did well in their first competitions at district level.

It's been a great return to competitive sport since the pandemic. The PE department are so proud of every student who gives their time to come along to an extra-curricular club. Still so much more to get involved in. Athletics and Cricket are the priority at the minute and then we will have some tennis and rounders starting after Half Term. There is still time to come and have a go.

Thank you to all who have supported us so far this year. It is really appreciated and another huge well done to our Girls Footballers; 2 District and 2 County Titles each at U14 and U16 is a massive achievement.





Year 9 have been working extremely hard in **Textiles** not only developing GCSE style project work, but making bags that use a wide range of practical skills. Some of the students have missed all previous years' practical work and are still producing a really high standard of work.

Well done, everyone!

Year 10 Resistant Materials students have been designing and making sustainable lamps as a part of the year 10 mock NEA project. We are really impressed with their creative use of sustainable materials and the quality of the students' outcomes. What fantastic products!



Year 7 have been looking at the style and technique of work by artist J. Vincent Scarpace. Students have demonstrated a fantastic understanding of colour theory and explored processes inspired by the artist.



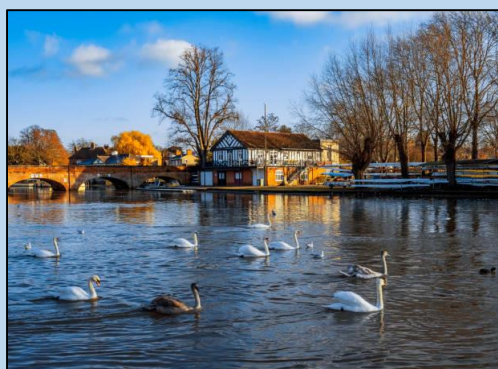
Year 7 students have also been developing their 3D clay skills. Their work is about to be put in the kiln for firing. They will then have an opportunity to paint and refine their final piece.



Easter School

As the exam season edges towards us, we are doing as much as we can to support and assist our brilliant Year 11s. During the end of term break, Easter School was held for GCSE Literature and Language revision, both of which were fantastically attended and reflects an inspirational work- ethic from all abilities across the cohort.

Well done and keep up the hard work!



Year 8 Stratford Trip

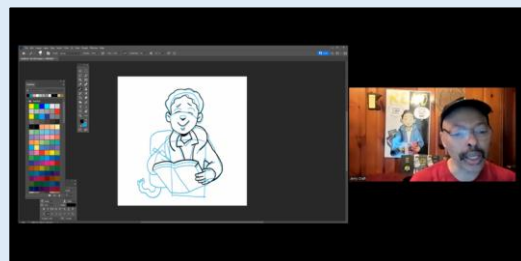
We haven't forgotten Year 8! Whereas all the other year groups have been offered co-curricular visits or trips this year, Year 8's turn is just around the corner. Miss Pole and the team have been working hard to organise this legacy visit to Shakespeare's home town and we are in the process of finalising details before information will be sent home. Watch this space and be sure to reply swiftly to secure your child's place on this trip.

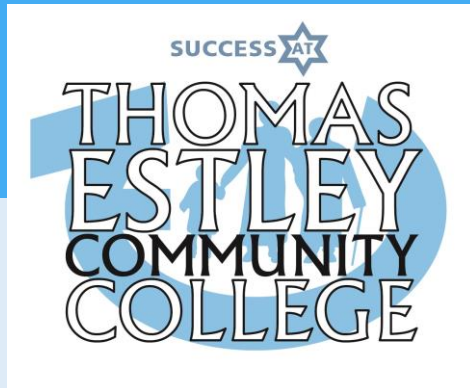
Reading Rampage News : Class Act by Jerry Craft

Four Reading Rampage groups are reading *Class Act* by Jerry Craft, a graphic novel about the trials and successes of school life.

20 enthusiastic students took part in a Reading Rampage Challenge Author Talk. The author, Jerry Craft, speaking from New York, described his journey from being a 'fish out of water' at school to a successful author and illustrator. He shared how he acquired a love for reading, but also shared his life-long love of comics, specifically Marvel. We were able to send our questions to him, and he amazed us all by drawing a character from *Class Act* while he answered them.

You can see from this screen shot what a great view we had.





It has been an exciting term for the Maths Department as we have received the results of the junior and intermediate maths challenges. It was really pleasing to see a bumper crop of certificates this year. Congratulations to all those who took part!

Bronze – Year 8

Erin Aldridge
Amber Davy
Alexia Ennis
Sophie Huzmeli
Mustafa Ismael
Javier Jones-Rojas
Oliver Lewis
Jude Lloyd
Ben Lunt
Thomas Minion
Ruben Odeku
Reggie Welham
Beth Williams
Anaya Wroblewski

Bronze – Year 10

Christopher Ashford
Eve Aston
Paul Butcher
Ryan Butler
Archie Christie
Kyle Evans
Francesca Holmes
Daisie Kilbourn
Erin Odeku
Gracie-May Parry
Daniel Peel
Matthew Proctor
Peyton Swift
Sam Whitelock
Grace Willmott

Silver – Year 8

Imogen Buncher
Joshua Crumpler
Emily Gibson
Joel Hopkins
James Hughes
Tabby Russell
Frankie Weston
Harrison Willmott

Gold – Year 8
Jaiden Key

Gold – Year 10
Nishad Deulkar

Silver – Year 10

Oliver Crowdell
Daniel Hosford
Alexander Matthews

We are delighted to recognise our Maths Achievers from the Easter holidays up until the May half term break. It is excellent to see pupils engaging so well in their maths lessons and going above and beyond what is expected of them. Very well done to you all!

Year 7:

Amelia Zarcone
Jack Higham
Harris Northall
Isabella Hollis
Alyssa Heath

Year 8:

Lucas Yates
Ellis Green
James Benz
Freya Blake

Year 9:

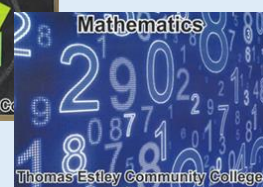
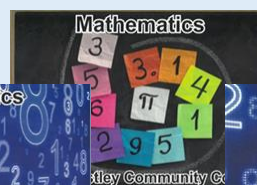
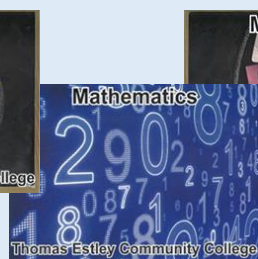
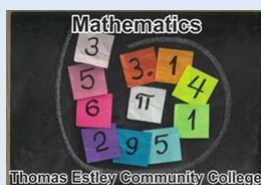
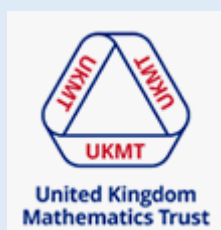
Charles Doyle
Solomon Spencer-Smith
Kyril Gutorov
Matthew Bailey
Charley Miller
Ruby Richardson

Year 10:

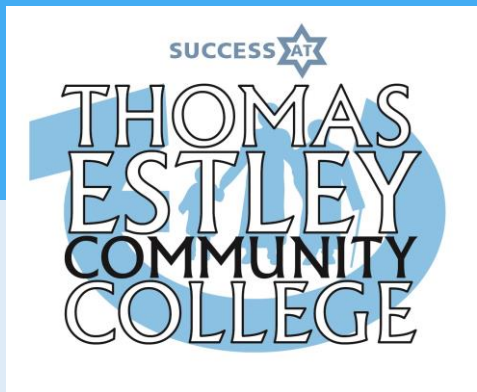
Kyle Evans
Alfie Hobbs
Isla Johnson
Sehar Saghir
Louis Patrick
Victoria Leavis

Year 11:

Lotte Cramp
Maisie Blake
Keira Joseph
Finlay Bissaker
Freya Hickin
Lauren Incles



Star Performers



Congratulations to the Thomas Estley nominees and winners from the Leicestershire Pantomime Alliance Competition in the 2021-22 season. Our Christmas pantomimes were watched by the judges in December and the awards ceremony was this weekend. Nominees were best young performer (Sophie May – Aladdin), best principal girl (Leah as Belle in Beauty and the Beast), best animal (Alex Prince as Abu), best chorus (Beauty and the Beast), best youth pantomime (Year 9 Beauty and the Beast and also Year 10 Aladdin) and best front of house team. Particular congratulations go to the Year Nine pantomime which achieved third place, and especially to two overall competition winners, Year Ten Aladdin for best youth pantomime in Leicestershire and our TECC front of house team, also the best in Leicestershire!



Spotlight on Year 11

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Great to see our **Year 11** students working hard at the Easter school, with almost 100 students present onsite taking up the extra opportunity for structured revision and practice. Hard work breeds success!



Year 11 have been working exceptionally hard on their exams, so far, with a fantastic attitude and high levels of effort displayed. We are 2 weeks through a tough period of examinations. As well as hard work it is also important to remember the fun, joy and laughter our Year 11 have had over their 5 Year journey.

May Holiday School

We have holiday school sessions on **Monday 30th May, Tuesday 31st May and Wednesday 1st June**. College is closed on Thursday and Friday. These sessions are identical to the Easter holidays with a **10am - 2pm** schedule. Students will need to make their own way to and from college and bring a packed lunch. If you would like to book onto these sessions please email abutteriss@thomasestley.org.uk - Chemistry, Foundation Maths, History and Dance theory all have spaces available.

Year 11 After Half Term

Students are required to attend college for lessons until they have finished all of their exams for that subject and attend for all of their exams. Morning exams have an **8.30am** meeting time and afternoon exams have a **1.10pm** meeting time in the **canteen**. If students have completed exams for that subject they are welcome to work at home or go to their timetabled classroom and revise supervised by their class teacher. **If students are onsite after May half term they must be in their timetabled lesson or in an exam.** Students are welcome to use the college canteen and school transport, however, we do not have earlier or later buses for Year 11 students. Uniform is compulsory at all times whilst onsite.



Spotlight on Year 11

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Celebration Events

The final full year group exam is on **Thursday 23rd June** and after this exam students will be all invited onto the field for a farewell and celebration of their time at Thomas Estley. They will be given a cheese toastie or bacon bap and I will send a form for pre-orders. We will also have some external vendors selling snacks and drinks such as smoothies, shakes, waffles, candy floss etc. Students will need to **bring cash or a method of payment as they cannot use their school account**. This is their opportunity to bring a blanket, listen to music, take photos, sign shirts and books etc. (Students cannot sign shirts before this event as they need clean shirts for exams. History students will need a clean shirt for Monday 27th June exam.) This is the last time Year 11 will all be together, and class teachers will also be able to come out and spend some time with their classes. Students will leave site at **12.15pm**.

The Year 11 Prom is **6pm - 10pm on Wednesday 29th June** at Sketchley Grange. We welcome novel and unique arrivals for their red carpet reception at 6pm. We will hold the award ceremony and show a video of some highlights of their time with us, plus farewell messages from the staff. The 2 course evening meal, welcome drink and entertainment is all included in the ticket price; students will just need cash for the photographer and to purchase additional drinks from the soft drink bar.



If you have any questions about the holiday school, after half term or the celebration events please email me on jhartley@thomasestley.org.uk.

Can You Cook It?

SUCCESS AT

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Some delicious Easter bakes, pies and roast in our April Can you cook it! Competition- well done, everyone

Can you cook it! Whether opting to try creating something vegetarian, gluten free or the great British sandwich, we wish you all the best in attempting the month's exciting Thomas Estley cooking challenge!

Can you cook it? College Community Challenge

Thank you to those who took part in April's challenge – certificates are on their way to you soon!

There are some interesting and important events in the **May food calendar**.

1 in 100 people in the UK have coeliac disease which is a serious autoimmune condition. When people with the disease eat gluten (a protein found in wheat, barley and rye), their body attacks its own tissues. If left untreated, it can cause gut damage and serious health complications. The only treatment is a strict gluten free diet for life. Find out more at www.coeliac.org.uk/get-involved/shine-a-light

Challenge 1: Make something gluten free.

National Vegetarian Week 16-22 May 2022

Our wildlife is under threat due to climate change, with some of the UK's most recognisable and well-loved species at risk of extinction. Eating veggie is one of the simplest things we can all do to reduce our own carbon emissions. Find out more at www.nationalvegetarianweek.org

Challenge 2: Make something vegetarian. Go the extra mile and swap one meal every week or eat veggie for an entire week!

Celebrate the humble sandwich as well as the contribution that the sandwich industry makes to the UK economy. Find out more at www.britishsandwichweek.com

Challenge 3: Invent and make a unique sandwich.

Choose to complete **one** or **all** of these challenges. Maybe you could combine all three and make a gluten free, vegetarian sandwich?!

REMEMBER, whatever you decide to make, don't forget to send a photo to mkeight@thomasestley.org.uk

GOOD LUCK HAVE FUN

Make your own Platinum Jubilee Trifle

For the lemon posset:

- Place the cream in a saucepan with the sugar over low heat, and stir, until the sugar has melted. Bring to a simmer and let it bubble for 1 minute. Turn off the heat, and stir in the lemon juice and zest. Transfer in a large container and chill for at least 3 hrs, or up to 24 hrs.

For the trifle:

- Line the bottom of a trifle bowl or glasses with the ladyfingers or sponge cake in a nice even layer.
- Add a thick layer of chopped strawberries over the ladyfingers, then pour just enough jelly mixture to cover the strawberries. Transfer the bowl (or glasses) in the fridge for at least 3 hours to let the jelly set completely.
- Once set, spoon a thick layer of lemon posset over the jelly layer, and top with crumbled amaretti.
- In a large bowl, whip the double cream until soft peaks form then spoon this over the top of the lemon posset and amaretti trifle.
- Decorate with fresh strawberries and amaretti crumble and serve.



Student Leadership/ Primary Masterclass

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Another great Sports Leaders event for our **Netball Leaders** Belle, Alfie, Ruby, Caitlin, Nell, Eve and Grace. They took charge of the Year 5 and 6 County Netball qualifiers with great professionalism. Growing in confidence with every match. Our Leaders showed a great in depth knowledge of the rules and fairly followed them within the games. We were really proud of them.

Huge well done to all of the primary school teams who took part. Final positions were Hallbrook 3rd, Fairfields 2nd and Greenfields 1st.



The Year 5 **Dance** Masterclass took a trip back to the 80s to learn some key steps, such as 'kid and play', the 'cabbage patch' and the 'Bart Simpson.' Amazing energy and enthusiasm by all involved.

Special thanks the Student Leader Dance Ambassadors, Nancy , James and Matana.

Our **Sports Leaders** Alfie, Grace, Caitlin, Eve, Rowanna, Oliver, Kieran and Jayden hosted a year 3/4 Girls Football festival. They taught a skills based sessions for possession, shooting and control before refereeing the girls in a friendly tournament.

A very professional job from our leaders who grow in confidence with every event we host. Well done to them all. We are very proud of you, and we hope that the children really enjoyed the event!



Student Leadership/ Primary Masterclass



We welcomed twenty pupils from six primary schools for our **Geography** Masterclass. The group was split into two so they could experience two different aspects of Geography.

In one masterclass, children completed a treasure hunt around the Thomas Estley school site. They had to use map skills and team work to complete the questions at each location. This helped familiarise the children with the school site and tested their geography and observations skills. They had great fun, ably helped by our student leadership team of year 8 and 9 students.

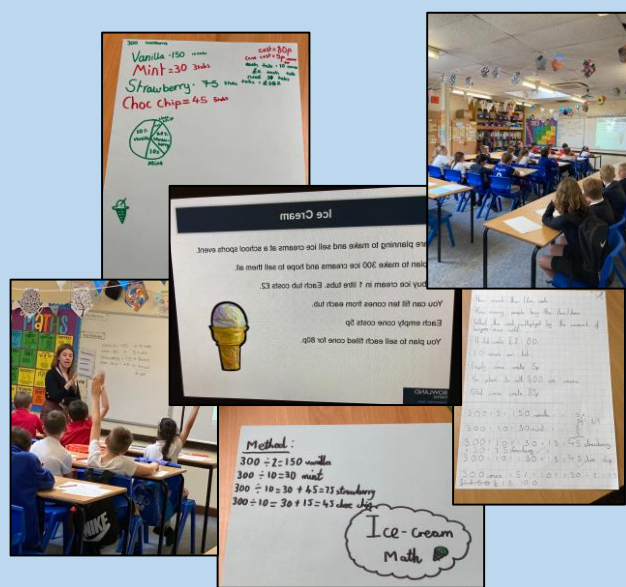
In the other session, children needed to measure the steepness of a slope. They took readings at 3m intervals using a range pole and Clinometer. This is a handheld device which has a sight through which they had to look to read the angles as it is moved up or down. Data is recorded and a cross section can be drawn. Some students worked with lots of confidence and took very accurate readings. Teamwork was fantastic - well done, everyone!

All the pupils engaged so well learning new skills, our Primary Transition Leaders did a brilliant job as always so thank you, Sophie, Ava, Jaydyn, Grace, Poppy and Katie. I know the Gold Wispa bars were a great treat to take home, for completing the treasure hunt.

We welcomed 24 pupils from our seven feeder schools to experience a masterclass in **Maths**. They all worked hard and displayed great Maths skills and knowledge.

We looked at pie charts and proportion and pupils planned what quantities they would buy to maximise their profits from selling ice cream at a school sports day.

A big thank you to our Primary Transition Leaders for all their help; Poppy, Katie, Ava, Rose and Chloe helped to make the masterclass run effectively and smoothly.



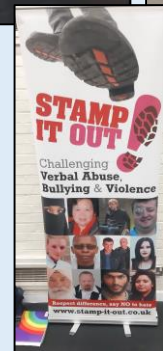
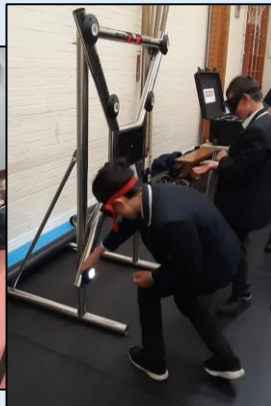
Community Roadshow

SUCCESS AT

THOMAS ESTLEY COMMUNITY COLLEGE



A huge thank you to all of the different services who came to Thomas Estley at the beginning of Term and engaged with our **KS3** students as they attended A Community Roadshow which was put on by Harborough District Council. Our students enjoyed the opportunity to get face to face information from key services they may need in the future. Students gathered information on a variety of topics such as drugs and alcohol, self esteem, domestic violence, and also took the opportunity to practice CPR. A wonderful event that gave some of our student their first face to face event for a couple of years!



Pre-School

Open Afternoon
Wednesday 8th June
1.00pm-2.30pm

SUCCESS AT

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Our preschool children enjoyed our fire engine visit at the Community Roadshow. Nathan, the firefighter, gave the children a tour of the engine, explaining what some of the equipment was used for and answering lots of questions. They had the opportunity to climb up into the cab and; the very best bit; the children all had a turn at using the hose! We had lots of very excited children, who were lucky to have such a fantastic experience. Thank you to the fire service for facilitating this for them.



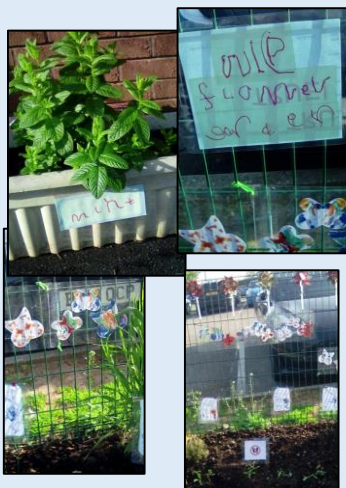
Our tadpoles now have all their legs and have been released back to their own habitat.



We walked to Aldi and bought ingredients to make pizza, using a shopping list that children wrote beforehand. Back at preschool the children have enjoyed a week of pizza making. Learning how to cut their ingredients into pieces safely and making independent choices when adding their toppings.



We have planted herbs, wild flowers, sunflowers and calendula to encourage minibeasts into the garden. The children made labels for their plants and flowers. The children will continue to learn about lifecycles by caring for and respecting the flowers and plants, as they grow.



Next, they will plant their own sunflowers to take home and grow and have a pirate experience, linked to them choosing to go on treasure hunts and making maps and spy glasses.

Elsewhere in College ...

SUCCESS  AT

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Celebrating the **PEPA** Faculty star of last half term. 'Every half-term, the PEPA Faculty nominate students who go above and beyond in PE, Music, Dance and Drama.

Congratulations to everyone who received a nomination... and the winner was Kiera Oliver.

Our Thomas Estley Centre students had a fantastic trip to Leicester Riders this term 😊



Our **Year 7, 8 and 9** students were visited by the Christian organisation Good News For Everyone during their CRE lessons this week. Our students received a talk about Christian beliefs and the speakers' own journey with faith. They were all offered the gift of a Bible to take home from the organisation. Miss Geraghty and Mrs Johnson were impressed with the respectful attitude of our students and the amount of questions they asked throughout the week. Thank you to Tony and the team for giving their time to visit us this week.



Our **Year 10 Performance Skills** group went offsite for one of their lessons. They visited The Concordia Theatre in Hinckley as part of the Unit One study. They had a tour of the facilities and were given lots of information about the structure and funding of the organisation. It was a fantastic opportunity to see how the theory work done in other lessons applies to a real life scenario.

Thank you to Zoe, Judy and Jenny at the theatre for giving their time.

Elsewhere in College ...

SUCCESS AT

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The PE and Performing Arts Faculty are really proud of **Year 8** student Harrison Wilmott for his fantastic performance in *The Sound of Music* at Hinckley's Concordia Theatre.

He was fantastic as Friedreich Von Trapp in this special performance, marking fifty years of the theatre.

Here are some photos of Harrison in character and one of him with his very proud Tutor, Mrs Johnson, meeting him outside the stage door with some special congratulations treats.



Well done to our **Year 11** Teenage Cancer Trust fundraising student leaders, and thank you to the whole college community. Over £900 has already been raised for this very important cause, a charity close to the hearts of our young people. Pictured below are the young bakers who made the delicious cakes sold as part of the event. Well done, everyone!



Eleven **Year 8 and 9** students took part in the **Brilliant Club** Programme this year. Students worked alongside a PhD tutor, a world leading expert in epidemiology, and Mr Hillman for 8 weeks on ground-breaking research; each student then submitted a final essay paper. This year the students' project was centred around global pandemics, in particular malaria. With some outstanding results, the group were invited to make a keynote speech at the graduation ceremony with one student (Isla Peters) being nominated for the prestigious 'scholar award' for her outstanding achievements.



South Leicestershire School Sports Partnership
Health | Wellbeing | School Sport | PE | Physical Activity

BODY IMAGE

South Leicestershire School Sports Partnership Newsletter *May 20*



What does body image mean?

Body image is a person's perception of their physical self and the thoughts and feelings, positive, negative or both.

How body image can affect children & young people

A negative body image can influence a child or young person in many ways. This can include: lower self-esteem, lower levels of confidence, increased levels of anxiety, depression or low mood, poor self-perception, critical self thoughts, social isolation or withdrawal. (Mentally Healthy Schools website)

Spot the signs



It's normal for children and young people to compare themselves to others, however there are signs to look out for that may suggest a child or young person has an unhealthy view of their body.

Mentally Healthy Schools have put together these signs to watch out for in children and young people:

- feeling overly worried about how they look
- wanting to cover up parts of their body because they feel self-conscious
- not wanting to change or take part in physical education (PE)
- being bullied for the way they look – or their peers making negative comments
- having rigid thinking patterns about what is 'good' vs 'bad'
- refusing types of food because 'it makes me fat'
- changes in their social functioning or interaction
- changes in mood
- control of eating

YOUNGMINDS

Concerns over body image can take a huge toll on the mental health of children and young people. Young Minds have lots of advice and support on their website, check it out [here](#).



Mental Health Awareness week runs from 13-20 May 22. Hosted by the Mental Health Foundation, the aim is to educate the public about mental health issues and to promote better mental health. You can find out more [here](#)



The Mind website contains information about eating disorders, including possible causes, symptoms and how to access treatment and support. Find out more [here](#).



If you have any concerns regarding Eating disorders, the NHS website has lots of advice for parents and carers [here](#)

Catch up with all the latest news



@ls1ssp



@learningsouthleicestershiressp



@southleicestershiressp

Don't Forget!



SUCCESS AT

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If a student feels unwell at college they must report to Reception and ask to be seen in the medical room.

If necessary the college will phone home to seek advice or to ask for the student to be collected.

Please remind your child that they must follow the procedure above and not contact you themselves.

Thank you!

Absence during term-time

If your child is too ill to attend college please contact the college on the first and each subsequent day of absence and leave a message on the 'absence line'. We will contact you by text message if we have not been given a reason for absence - please telephone us in response to the message.

Where possible, please make medical appointments outside of college hours.

Winter Closure Procedure

In the event of the weather causing the school to close or causing a problem with school transport we will put out an alert via:

The school website
(www.thomasestley.org.uk)
Radio Leicester
Parentmail



College is closed to students from Monday 30th May to Friday 3rd June.

Holidays Taken in Term Time

Government guidelines, which came into effect on 1st September 2013, prevent Headteachers from granting any leave of absence during term time unless there are exceptional circumstances (a family holiday does not fall under this category).

If a student has an absence recorded as a result of an unauthorised family holiday, Leicestershire County Council will be advised of the matter and will be requested to issue a Penalty Notice, in line with their policy.

Mobile phones

Students are not allowed to use mobile phones in college unless express permission from a member of staff (for specific learning activities in lessons, as an optional way of accessing them, when allowed to do so). This is to protect students' learning and is in line with our safeguarding policy.

Mobile phones used in contravention of the mobile phone policy will be confiscated until collected from reception by a parent/carer.

For persistent abuse of the policy a student will lose the privilege of bringing a mobile to college.



School Transport

If your child travels via 'school transport' it is a good idea to have a contingency plan with your child, for getting to school/home in the event that they miss their bus for any reason.



Headphones/Ear buds/Air pods

The use of headphones/ear buds/air pods are only permitted outside of the college building. Any that are visible in college will be confiscated and, on the first occasion, will be returned at the end of the day. On any subsequent occasion they must be collected by a parent/carer.

