



Tuesday 12th May 2020

to be able to understand the purpose and the importance of food labels

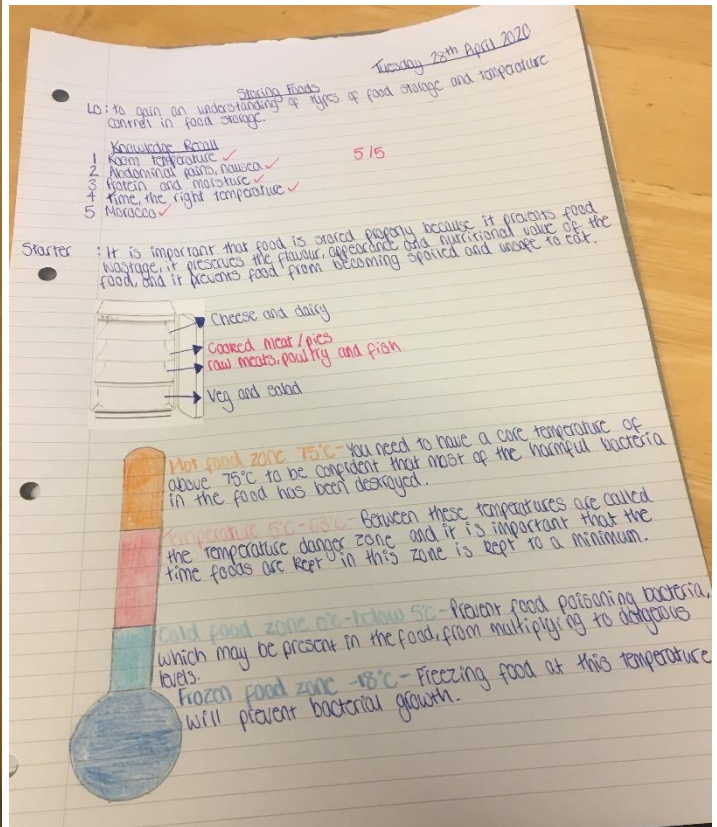
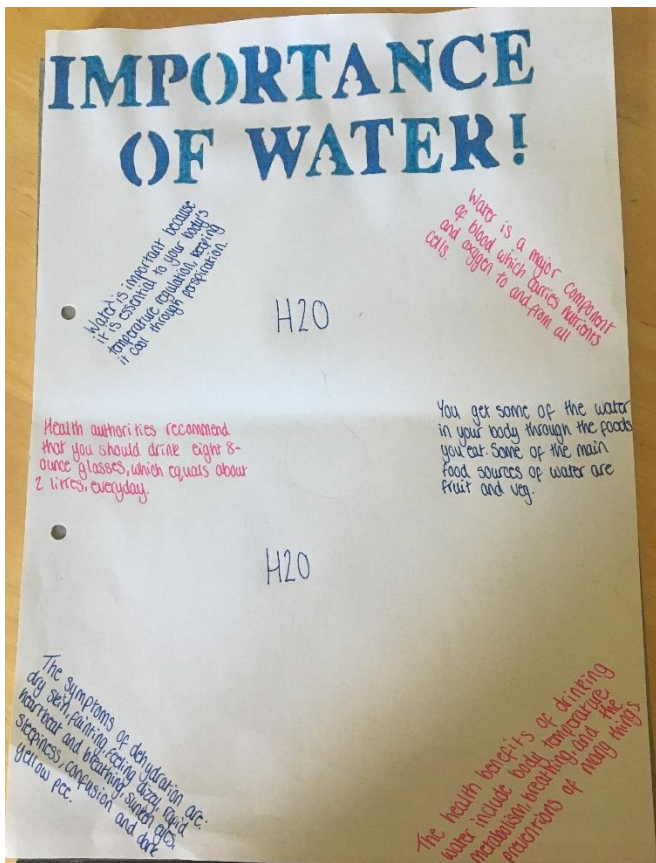
**Reasons we package food**

- Protects the food
- Protects the food against deterioration or damage
- Protects the food from physical damage
- Protects the food nutritional and sensory characteristics
- Visually stimulating
- Prevents contamination
- Increases shelf life
- Provides information

Required by law	Also required by law
Weight ✓	Place of origin ✓
Name of product ✓	Regulating information ✓
Cooking instructions ✓	Barcode ✓
Shelf life ✓	Graphics ✓
Manufacturer's name/contact address ✓	Picture ✓
Nutrition label ✓	End of contents ✓
Barcode ✓	Special offers ✓
Allergen and food tolerance ✓	
Conditions of use ✓	
Place of origin ✓	

1. Chicken pasta - Cup Shaz
2. The legal requirements of this packet are the weight, name of product, cooking instructions, shelf life, place of origin, nutrition label, contact address, allergen and food tolerance, conditions of use.
3. The other information I have found is a picture and graphics.
4. This information benefits the customer because it tells them exactly how to make it, all of the ingredients, and where it should be stored which makes it easier for the person buying it.





Food and Nutrition students have been working hard on a variety of topics from Food Safety and Hygiene to the Importance of Water in our diets. It's been really pleasing to see how much pride students are taking in the presentation of their theory work and they are responding to teacher feedback given in order to make improvements to their work.

They've also been continuing their practical skills where possible and it's impressive to see what's been achieved; cheesy pinwheels, chow mein, pizza and even a roast lamb dinner!