



Parent/Staff Newsletter

October 2022

FDA Warning on Nicotine Gummies



New Product Alert: Nic Gummies Targeting Your Kids

Flavored gummies are the new nicotine product out now. FDA recently sent a warning letter to Krave Nic, which sells gummies containing 1 mg of nicotine in three different flavors – Blueraz, Cherry Bomb, and Pineapple. Flavors are one of the top reasons why youth try e-cigarettes and tobacco companies know this. These types of products taste good to users are easy to hide from parents making them a threat to our youth.

Source: www.theverge.com

Fentanyl Facts

From 2013 to 2019, deaths involving fentanyl and other synthetic opioids have increased by 1000%. Fentanyl is a synthetic opioid that is 50 to 100 times more potent than morphine. Synthetic fentanyl is cheap to produce and often drug dealers will mix it with other drugs. Doctors believe that gaining control over this problem begins with a conversation. Talk with your students about substance abuse.



Talk to Your Student About Vaping

As a parent or guardian, you have the opportunity to help your child make healthy choices. As your student grows, they will start making more decisions on their own. While it may not seem like it, your student hears you and it's important to help them understand the dangers of vaping. Starting the conversation about vaping doesn't have to be overwhelming. Download the free conversation guide from Drugfree.org to learn more.

drugfree.org/article/how-to-talk-with-your-kids-about-vaping/

Resources:

525 Foundation: Parent Conversation Guides and Facts

<https://www.525foundation.org/wise-up>

Indiana Quitline

Call. 1-800-QUIT-NOW (<https://www.quitnowindiana.com/>)

Parents Against Vaping: Parents Resource

<https://www.parentsagainstvaping.org/parents-accordion>

