

Resources for Prenatal and Postpartum Population

Baby & Me Tobacco Free Program



A free program that helps expectant mothers quit tobacco and nicotine use. Women who test tobacco/nicotine free are eligible to receive vouchers for diapers and baby wipes*. Support partners that meet eligible requirements are also eligible to enroll and also receive vouchers during the postpartum period.

<https://livewellkosciusko.org/baby-and-me>

Early Prenatal Clinic – Kosciusko Health Department



A Kosciusko County Health Department Program is a free “first appointment” for pregnant women following a needs assessment appointment. Pregnant women have an opportunity to begin prenatal care while in the process for applying to Medicaid or waiting for physician care.

<https://www.in.gov/localhealth/kosciuskocounty/clinical-services/prenatal-care/>

Healthier Moms & Babies



Healthy Moms & Babies offers a variety of programs, services, and education for expecting families, including fathers. They offer in-home visits with nurses, mental health support, and more. Their area of expertise includes prenatal and infant health, preconception and interconception health, maternal mental health and more.

<https://www.healthiermomsandbabies.org/>

Indiana WIC



WIC is a nutrition program that helps pregnant women and new moms eat well and stay healthy by improving access to nutritious foods and promoting healthier eating and lifestyles. WIC provides supplemental healthy foods, nutrition education and counseling, breastfeeding support, and more.

<https://cardinalservices.org/services/children-and-families/women-infant-children/>

The Nest



The Nest is a care model for families impacted by substance use disorder, domestic violence, and poverty. They provide a supportive program for pregnant women and new moms struggling with addiction, homelessness, domestic violence or other adverse events.

<https://thenestcares.org/>