



5 Lake Carolina Way #160
Columbia, SC 29229
(803) 445-1455



STARTERS

Soft Pretzel Bites \$9.50

15 fried soft pretzel bites sprinkled with salt and served with nacho cheese for dipping.

Popcorn Shrimp & Fries \$10.50

Fried, then seasoned popcorn shrimp served with french fries and our remoulade for dipping.

Mozzarella Cheese Sticks \$9.25

Fried crispy on the outside and gooey on the inside. Served with marinara sauce for dipping.

Fried Pickles \$9.25

Seasoned fried pickles with a side of ranch.

Fried Green Beans \$9.25

Fried and seasoned green beans served with spicy ranch.

Fried Cauliflower Bites \$9.50

Battered, fried and seasoned cauliflower bites served with ranch.

Loaded Cheesy Fries \$9.00 ^{GF+}

A basket of crispy golden french fries topped with melty nacho cheese, crumbled bacon, jalapenos and onions.

Chili Con Queso \$10.00 ^{GF+}

A delicious blend of melty nacho cheese and beef chili served with housemade tortilla chips for dipping.

Sweet Potato Fries \$6.50 ^{GF+}

Crispy fried sweet potato fries tossed in cinnamon & sugar.

Housemade Potato Chips \$6.75 ^{GF+}

Sliced to order potatoes, fried and tossed in a creole seasoning. Served with a side of ranch for dipping.

BBQ Pulled Pork Housemade Chips \$9.75 ^{WJ+ GF+}

Our hand cut, sliced to order, seasoned potato chips topped with slow & low BBQ pulled pork. Served with ranch.

Loaded Nachos \$9.50 ^{GF+}

Choice of beef or chicken on top of a housemade tortilla chips with melty nacho cheese, lettuce, tomatoes, onions and jalapenos. Sour cream on the side.

Chips & Salsa \$4.25 ^{GF+}

Fresh made daily tortilla chips served with salsa.

Basket of Fries \$5.50 ^{GF+}

Basket of Onion Rings \$6.50

SIDES \$2.50

French Fries ^{GF} Cole Slaw Teriyaki Kabob
Onion Rings Garden Salad ^{GF} Sauteed Broccoli ^{GF}
Caesar Salad Fruit Cup ^{GF} Sauteed Green Beans ^{GF}
Sweet Potato Fries (add \$1.00) ^{GF}

DRINKS \$2.50

Pepsi Diet Pepsi Mt. Dew
Fruit Punch Sierra Mist Rootbeer
Dr. Pepper Pink Lemonade Sweet Tea
Iced tea Coffee (\$1.50)

WINGS & BITES

^{WJ+} Grilled or Fried Wings \$11.50 ^{GF+}

A full pound of wings, seasoned, tossed in your favorite sauce, and full of flavor. Choose flame-grilled or deep fried. Served with a side of ranch. (measured by weight; quantity varies)

Boneless Chicken Bites & Fries \$11.50

Cajun-seasoned, hand-battered chicken breast pieces tossed in your choice of sauce. Served with french fries.

Just Chicken Bites \$10.25

Wings & Bites Combo \$11.50

4 wings (grilled or fried) and 1/2 pound of chicken bites, both tossed in your choice of sauce. Served with a side of ranch.

SAUCES

HOT ^{GF}	HONEY HOT ^{GF}	BBQ HOT ^{GF}
TERIYAKI HOT	MAPLE HOT ^{GF}	TERIYAKI
SWEET BBQ ^{GF}	TERIYAKI PINEAPPLE BBQ	MANGO HABANERO ^{GF}
	LEMON PEPPER (DRY RUB) ^{GF}	

BURGERS* & DOGS

Served on a grilled bun with choice of one side
MJ's burgers are a premium blend of chuck, brisket & short rib

The Rookie \$10.25

A seasoned and grilled beef patty topped with mayo, lettuce, tomato, pickles, onion, and choice of cheese.

Rookie of the Year \$12.50

Two 1/4 lb seasoned and grilled beef patties topped with double cheese, double bacon, lettuce, tomato, onion, pickles and mayo.

The Coach ^{WJ+} \$11.50

A seasoned and grilled beef patty topped with bacon, a fried egg* (runny, of course), mayo, lettuce, tomato, pickles, onion and sweet BBQ sauce.

The MVP \$10.75

Seasoned and grilled beef patty topped with cheddar/Monterey jack cheese, sweet BBQ sauce, a crispy onion ring, lettuce, tomato and pickles.

The Hall of Famer \$11.75

Two seasoned and grilled 1/4 pound burger patties topped with sautéed onions and Swiss cheese, lettuce, tomato and mayo.

Training Camp \$8.50

A seasoned and grilled 1/4 pounder topped with lettuce, tomato, pickles, onion and mayo.

Chili Burger \$10.75

A bib-worthy seasoned and grilled beef patty topped with beef chili, cheddar/jack cheese, onion, lettuce and tomato.

Chili Dogs \$11.50

2 all beef hot dogs, char-grilled and topped with beef chili. Choose your style...



- Michigan Dog: adds onions and DIY mustard
- Carolina Dog: adds cole slaw, onions and DIY mustard
- Coney Dog: adds onion and cheddar/jack cheese

Add bacon: \$1.50

Add chili: \$1.00

Add BBQ: \$.50

Add cheese: \$.75

Make it a double: \$3.75

Cheese options:

American, Provolone, Monterey

Jack/cheddar blend, Swiss, Blue

Cheese crumbles

Join us for Sunday
Brunch!
Sundays 10am-2pm



TACOS & QUESADILLAS

Served with our housemade tortilla chips & salsa

SELECT TACOS
ARE GLUTEN FREE
WITH CORN
TORTILLAS

\$9.00
PICK 2 TACOS

Corn tortillas available on request

ADD A TACO
+\$4.00

Chicken

Grilled chicken breast, sweet & spicy chili sauce, shredded lettuce & cheddar/Monterey Jack cheese

Grilled Fish

Grilled tilapia, baby spinach, pineapple salsa & spicy ranch

GF WITH CORN TORTILLA

Fried Shrimp

Fried and seasoned popcorn shrimp topped with creamy remoulade sauce, shredded lettuce & diced tomatoes

Steak

Chopped Philly sirloin, taco sauce, shredded lettuce, diced tomato & diced onion

GF WITH CORN TORTILLA

Fried Fish

Battered and fried tilapia, cabbage, pineapple salsa & mango habanero sauce

Pork

Slow roasted pulled pork, pineapple BBQ sauce, diced red onion & chopped red cabbage

GF WITH CORN TORTILLA

Ground Beef

Seasoned ground beef, tomato, onion, lettuce, cheese & taco sauce

GF WITH CORN TORTILLA

Chicken Quesadilla \$9.75

Diced seasoned grilled chicken, cheese, onions, peppers and tomatoes stuffed inside a tortilla and grilled to perfection. Served with a side of sour cream.

Veggie Quesadilla \$8.25

Cheese, onions, peppers and tomatoes stuffed inside a tortilla and grilled to perfection. Served with a side of sour cream

Bacon Burger Quesadilla *Wj's* \$10.00

Grilled and chopped steak burger with cheese, bacon, onion and tomatoes sandwiched in a flour tortilla and grilled golden brown.

Mac & Cheese Quesadilla *Wj's* \$10.00

Our housemade macaroni and cheese gets grilled with jalapenos and bacon, topped with more cheese, seasoned and sandwiched inside a grilled flour tortilla.

FRESH SALADS

Grilled Chicken Salad \$10.25

Grilled chicken breast on a bed of fresh mixed greens topped with Monterey-jack/cheddar cheese, tomatoes, egg, cucumber, bacon and housemade croutons.

Asian Chicken Salad \$10.25 ^{GF}

Grilled chicken breast on a bed of mixed greens and baby spinach, with mandarin oranges, toasted almonds, grilled pineapple salsa and seasoned rice noodles.

Grilled Salmon* Salad \$16.25 ^{GF}

White wine infused Atlantic salmon on a bed of mixed greens, cucumbers, strawberries and mandarin oranges.

Chicken Caesar Salad \$10.25

Grilled chicken breast served on a bed of mixed greens and topped with housemade croutons and shredded parmesan. Caesar dressing on the side.

Substitute fried and seasoned popcorn shrimp +\$1.00

Bacon Cheeseburger Salad *Wj's* \$10.50 ^{GF}

Grilled chopped hamburger on top of a bed of mixed greens with Monterey-jack/cheddar cheese, diced onions, tomatoes and chopped bacon.

Strawberry-Cucumber Spinach Salad \$9.75 ^{GF}

Baby spinach, strawberries, cucumber, apple, blue cheese crumbles and walnuts.

Add chicken \$4.00 or salmon \$8.00*

Substitute salmon on any salad: +\$5.50*

DRESSINGS

Ranch Honey Mustard Raspberry Vinaigrette Zesty Italian
Caesar Thousand Island Blue Cheese Asian Citrus

SANDWICHES

Served with choice of one side

Fried or Grilled White Fish \$10.25

Seasoned grilled or beer-battered and deep-fried white fish, served on a toasted hoagie roll. Topped with lettuce, tomato and remoulade sauce.

Philly Steak \$10.00

Tender chopped sirloin topped with sautéed peppers and onions and smothered with melted provolone. Served on a toasted hoagie roll.

MJ's Steak Sandwich *Wj's* \$10.00

Tender chopped sirloin topped with shredded lettuce, tomato and mayo on a toasted hoagie roll. Italian dressing on the side.

Chicken Philly \$10.00

Sliced grilled chicken breast topped with sautéed peppers and onions and smothered with melted provolone. Served on a toasted hoagie roll.

Pulled Pork \$10.00

Oven roasted "slow and low" pulled pork topped with our sweet BBQ sauce and cole slaw. Served on a Brioche roll.

PITAS & WRAPS

Choose between a grilled 12" flour tortilla wrap or a soft, grilled Greek pita. Served with your choice of one side

Hawaiian Chicken \$10.00

Sliced grilled chicken breast topped with grilled pineapple salsa, provolone, lettuce and orange/pineapple mayo.

Smothered Chicken \$10.00

Sliced grilled chicken breast with sautéed onions and peppers, smothered with Swiss cheese and topped with shredded lettuce and mayo.

Chicken Club \$10.00

Sliced grilled chicken breast topped with bacon, shredded lettuce, diced tomato and mayo.

Asian Chicken *Wj's* \$10.00

Sliced grilled chicken breast topped with teriyaki sauce, grilled pineapple salsa, spinach and crunchy rice noodles.

Spicy Cheeseburger *Wj's* \$10.00

Grilled ground beef, lettuce, tomato, onion and mayo topped with Thai chili sauce

HEARTY ENTREES

Rack of Ribs \$26.50 ^{GF}

Slow & low cooked to perfection full rack of ribs generously glazed with our sweet BBQ sauce. Served with a garden or Caesar salad and choice of side. *Not so hungry? Get a 1/2 rack: \$18.50*

Ribs & Wings Combo \$18.25 ^{GF+}

1/3 rack of our slow & low cooked ribs and 4 grilled wings tossed in your choice of sauce. Served with a garden or Caesar salad and choice of side.

Fish & Chips *Wj's* \$10.75

Flaky beer-battered white fish served with French fries, housemade cole slaw and tartar sauce

Grilled Salmon* \$16.50 ^{GF}

White wine infused grilled Atlantic salmon served with a side of sauteed broccoli and choice of garden or Caesar salad.

Loaded Macaroni & Cheese *Wj's* \$9.75

A bowl of our housemade macaroni and cheese grilled with bacon and jalapenos then topped with toasted bread crumbs. Served with a side of sauteed broccoli.

DESSERTS

Dessert of the Day

Price varies

What is the dessert of the day? Ask your server for details. It's sure to be amazing!

Rootbeer Float

\$3.99

Two scoops of vanilla ice cream floating in delicious rootbeer

Ice Cream Sundae

\$2.99

A large scoop of vanilla ice cream topped with chocolate and caramel sauce and a cherry