5 Lake Carolina Way \#160 Columbia, SC 29229 (803) 445-1455

Dine in or carry out

## STARTERS

## Soft Pretzel Bites \$9.50

15 fried soft pretzel bites sprinkled with salt and served with nacho cheese for dipping.

## Fried Shrimp \& Fries $\mathbf{\$ 1 3 . 5 0}$

Our hand-battered shrimp fried to golden brown and lightly seasoned. Served with french fries and our remoulade for dipping.

Mozzarella Cheese Sticks \$9.75
Fried crispy on the outside and gooey on the inside. Served with marinara sauce for dipping.

## Fried Pickles \$9.75

Seasoned fried pickles with a side of ranch.
Fried Green Beans \$9.75
Fried and seasoned green beans served with spicy ranch.
Fried Banana Peppers $\$ 9.75$
Sliced banana peppers, dry battered and fried to a crunchy bolden brown. Served with ranch dressing.

Loaded Cheesy Fries $\$ 9.50$ (®F)
A basket of crispy golden french fries topped with melty nacho cheese, crumbled bacon, jalapenos and onions.

## Loaded Chili Cheese Fries $\$ 10.00$

A basket of crispy golden french fries topped with beef chili, melty nacho cheese and onions.

Loaded Nachos \$11.50
Choice of beef or chicken on top of a housemade tortilla chips with melty nacho cheese, lettuce, tomatoes, onions and jalapenos. Sour cream on the side. Max out your nachos with chili $+\$ 2.00$.
Sweet Potato Fries $\mathbf{\$ 6 . 5 0 ~ © ~}$
Crispy fried sweet potato fries tossed in cinnamon \& sugar
Housemade Potato Chips $\$ 7.50$ (6f)
Sliced to order potatoes, fried and tossed in a creole seasoning. Served with a side of ranch for dipping.
BBQ Pulled Pork Housemade Chips \$11.25 Wfs (6)
Our hand cut, sliced to order, seasoned potato chips topped with slow \& low BBQ pulled pork. Served with ranch.

Chips \& Salsa $\$ 4.25$ (6F
Fresh made daily tortilla chips served with salsa.
Basket of Fries $\$ 6.00$ ©

Wf, Grilled or Fried Wings $\$ 12.00$ (6)
A full pound of wings, seasoned, tossed in your favorite sauce, and full of flavor. Choose flame-grilled or deep fried. Served with a side of ranch. (measured by weight; quantity varies)

Chicken Bites \$11.50
Cajun-seasoned, hand-battered chicken breast pieces tossed in your choice of sauce. Bites \& Fries $\$ 13.50$

Wings \& Bites Combo $\$ 12.50$
4 wings (grilled or fried) and $1 / 2$ pound of chicken bites, tossed in your choice of sauce. Served with a side of ranch.

## BURGERS* \& DOGS

Served on a grilled bun with choice of one side

## The Rookie* \$11.00

A seasoned and grilled beef patty topped with mayo, lettuce, tomato, pickles, onion, and choice of cheese.

## Rookie of the Year* $\$ 13.00$

Two $1 / 4 \mathrm{lb}$ seasoned and grilled beef patties with double cheese, double bacon, lettuce, tomato, onion, pickles and mayo.

## The Coach* \$12.50 WH

A seasoned and grilled beef patty topped with bacon, a fried egg* (runny, of course), mayo, lettuce, tomato, pickles, onion and sweet BBQ sauce.

## The MVP* \$11.50

Seasoned and grilled beef patty topped with cheddar/Monterey jack cheese, sweet BBQ sauce, a crispy onion ring, lettuce, tomato and pickles.

## The Hall of Famer* \$12.00

Two seasoned and grilled $1 / 4$ pound burger patties topped with sautéed onions and Swiss cheese, lettuce, tomato and mayo.

Chili Burger* \$11.50
A bib-worthy seasoned and grilled beef patty topped with beef chili, cheddar/jack cheese, onion, lettuce and tomato.

Chili Dogs \$12.50
2 all beef hot dogs, char-grilled and topped with beef chili. Choose your style...

- Michigan Dog: adds onions and DIY mustard
- Carolina Dog: adds cole slaw, onions and DIY mustard
- Coney Dog: adds onion and cheddar/jack cheese

| Add bacon: $\$ 1.50 \quad$ Add chili: $\$ 1.00$ |
| :---: |
| Add BBQ: $\$ .50 \quad$ dd cheese: $\$ .75$ |
| Make it a double: $\$ 3.75$ |
| Cheese options: |
| Cran, Provolone, Monterey Jack/cheddar blend, |
| Swiss, Blue Cheese crumbles |

## PITAS \& WRAPS

Choose between a grilled $12^{\prime \prime}$ flour tortilla wrap or a warm Greek pita (add \$.50). Served with your choice of one side

[^0]TACOS \& QUESADILLAS
Tacos and quesadillas served with our housemade tortilla chips \& salsa

| SELECT TACOS | P1GK2 TACOS |
| :---: | :---: |
| ARE GLUTENFREE |  |
| WITHCORN |  |
| TORTILLAS |  |$\quad$| Corn tortillas available on request |
| :---: |

## Chicken

Grilled chicken breast, Thai chili
sauce, shredded lettuce \& cheddar/Monterey Jack cheese

## Grilled Fish*

Grilled tilapia, baby spinach, pineapple salsa \& spicy ranch GF WTH CORN TORTILL

## Fried Shrimp

Hand-battered fried and seasoned shrimp topped with creamy remoulade sauce, shredded lettuce
\& diced tomatoes

## Ground Beef

Seasoned ground beef, tomato, onion, lettuce, cheese \& taco sauce GF WTH CORN TORTILA

## Steak

Chopped Philly sirloin, taco sauce, shredded lettuce, diced tomato \& diced onion GF WTH CORN TORTILA

## Fried Fish*

Battered and fried white fish, cabbage, pineapple salsa \& mango habanero sauce

## Pork

Slow roasted pulled pork, pineapple BBQ sauce, diced red onion \& chopped red cabbage GF WTH CORN TORTLLLA

## Grilled Shrimp*

Seasoned grilled shrimp with a pineapple mango habanero cream sauce, shredded lettuce, tomatoes and sweet red peppers GF WITH CORN TORTILLA

Chicken Quesadilla $\$ 11.75$
Diced seasoned grilled chicken, cheese, onions, peppers and tomatoes stuffed inside a tortilla and grilled to perfection. Served with a side of sour cream.

Veggie Quesadilla $\mathbf{\$ 1 0 . 0 0}$
Cheese, onions, peppers and tomatoes stuffed inside a tortilla and grilled to perfection. Served with a side of sour cream.
Bacon Burger Quesadilla \$12.50 Wfs
Grilled and chopped steak burger with cheese, bacon, onion and tomatoes sandwiched in a flour tortilla and grilled golden brown.
Mac \& Cheese Quesadilla \$12.00 WH,
Our housemade macaroni and cheese gets grilled with jalapenos and bacon, topped with more cheese, seasoned and sandwiched inside a grilled flour tortilla.
Grilled Shrimp Quesadilla* \$13.00
Seasoned grilled shrimp, mixed cheese, tomatoes, onions and peppers stuffed inside a tortilla and grilled to perfection. Served with sour cream.

## HEARTY ENTREES

## Rack of Ribs $\$ 27.50$ (6f

Slow \& low cooked to perfection full rack of ribs generously glazed with our sweet BBQ sauce. Served with a garden or Caesar salad and choice of side.
Not so hungry? Get a $1 / 2$ rack: $\$ 19.00$
Ribs \& Wings Combo $\$ 19.25$ © 6
$1 / 3$ rack of our slow \& low cooked ribs and 4 grilled or fried wings tossed in your choice of sauce. Served with a garden or Caesar salad and choice of side.

## Fish \& Chips $\$ 13.00$ Wf

Flaky beer-battered white fish served with French fries, housemade cole slaw and tartar sauce.

Grilled Salmon* $\$ 17.50$ © $\Subset$
White wine infused grilled Atlantic salmon served with a side of sauteed broccoli and choice of garden or Caesar salad.
Loaded Macaroni \& Cheese $\mathbf{\$ 1 2 . 5 0} \mathbf{W H s}$
A bowl of our housemade macaroni and cheese grilled with bacon and jalapenos. Served with a side of sauteed broccoli.

## SANDWICHES

Served with choice of one side

## Fried or Grilled White Fish* \$12.50

Seasoned grilled or beer-battered and deep-fried white fish, served on a toasted hoagie roll. Topped with lettuce, tomato and remoulade sauce.

## Philly Steak \$12.50

Topped with sauteed peppers and onions and smothered with melted provolone. topped with shredded lettuce, tomato and mayo with Italian dressing on the side.
MJ's Steak Sandwich \$12.50 Why
Tender chopped sirloin topped with shredded lettuce, tomato and mayo on a toasted hoagie roll. Italian dressing on the side.

## Chicken Philly \$12.00

Sliced grilled chicken breast topped with sautéed peppers and onions and smothered with melted provolone. Served on a toasted hoagie roll.
Shrimp Po'Boy* \$13.50
Seasoned grilled shrimp, lettuce, tomato and remoulade on a toasted hoagie roll.

## Pulled Pork \$12.00

Oven roasted "slow and low" pulled pork topped with our sweet BBQ sauce and cole slaw. Served on a Brioche roll.
Caribbean Fish Sandwich* \$13.50 Wf
Fried white fish, lettuce, tomato and pineapple served on a toasted hoagie roll with teriyaki and tartar sauce.

## FRESH SALADS

## Grilled Chicken Salad \$11.25

Grilled chicken breast on a bed of fresh mixed greens topped with Montereyjack/ cheddar cheese, tomatoes, egg, cucumber, bacon and housemade croutons.

## Asian Chicken Salad \$11.25 (6f)

Grilled chicken breast on a bed of mixed greens and baby spinach, with mandarin oranges, toasted almonds, crunchy rice noodles and pineapple salsa.

Grilled Salmon Salad* \$17.25 (6f
White wine infused Atlantic salmon on a bed of mixed greens, cucumbers, strawberries, pineapple, and mandarin oranges.

## Caesar Salad \$9.25

A bed of mixed greens and topped with housemade croutons and shredded parmesan. Caesar dressing on the side.
With hand-battered fried shrimp or grilled shrimp $\$ 12.50$
With sliced grilled chicken breast \$11.25
With seasoned grilled salmon* $\$ 17.25$
Bacon Cheeseburger Salad \$11.75 WH: (6)
Grilled chopped hamburger on top of a bed of mixed greens with Montereyjack/ cheddar cheese, diced onions, tomatoes and chopped bacon.

Strawberry-Cucumber Spinach Salad $\$ 11.00$ © ${ }^{\text {© }}$
Baby spinach, strawberries, cucumber, apple, blue cheese crumbles and walnuts.
Add chicken $+\$ 4.00$ or salmon ${ }^{*}+\$ 8.00$
Substitute salmon* on Grilled Chicken or Asian Chicken Salad: $+\$ 6.50$


## MJ's Brownie Sundae $\$ 6.95$

Our large triple chocolate brownie sundae with 2 scoops of vanilla ice cream. Choose from:
Chocolate
S'mores
Strawberry and Chocolate
Chocolate and Peanut Butter

Rootbeer Float \$3.99
Two scoops of vanilla ice cream floating in delicious rootbeer

Ice Cream Sundae $\$ 2.99$
A large scoop of vanilla ice cream topped with chocolate and caramel sauce and a cherry


[^0]:    Hawaiian Chicken $\$ 11.25$
    Sliced grilled chicken breast topped with pineapple salsa, provolone, lettuce and orange/pineapple mayo.

    ## Smothered Chicken \$11.25

    Sliced grilled chicken breast with sautéed onions and peppers, smothered with Swiss cheese and topped with shredded lettuce and mayo.

    ## Chicken Club \$11.25

    Sliced grilled chicken breast topped with bacon, shredded lettuce, diced tomato and mayo.

    ## Asian Chicken \$11.25 Wfs

    Sliced grilled chicken breast topped with teriyaki sauce, pineapple salsa, toasted almonds, spinach and crunchy rice noodles.
    Spicy Cheeseburger \$11.25 Wys
    Grilled ground beef, lettuce, tomato, onion and mayo topped with Thai chili sauce.

    ## Chicken Caesar \$11.25

    Sliced grilled chicken breast, mixed greens, Caesar dressing, parmesan cheese and housemade croutons.

