

Local Commodity Updates

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GREEN = LOCAL ITEMS IN STOCK

Commodities at a Glance

Notes

Local Strawberries are finished until late November.

Louisiana Sweet Potatoes run about 10 months out of the year.

Creole Tomatoes (usually late May through June)

There is usually a summer crop of Bell Peppers, Cucumbers, Squashes, Eggplants, and sometimes Cabbage. Based on the weather, crop availability will vary. Crop usually starts as early as the beginning of May and usually ends around mid to late July.

Most of the fresh veggies are grown in LA and MS from several local farmers.

Commodity	Quality	Market	Season
Louisiana Broccoli bunches	N/A	N/A	Late Oct-Nov
Louisiana Cabbage	Good	AVG	Early May-July / Oct-Dec
Louisiana / Miss- Green Beans 25#	Good	AVG	Mid May early June
Louisiana / Miss- Cucumbers	Good	AVG	Early May-July / Oct-Dec
Louisiana / Miss -Bell Peppers	Good	AVG	Mid May-July / Late Oct- Dec
Louisiana / Miss -Egg Plants	Good	AVG	Mid May-July / Late Oct- Dec
Louisiana / Miss -Yellow Squash	Good	AVG	Early May-July / Oct-Dec
Louisiana / Miss -Zucchini Squash	Good	AVG	Early May-July / Oct-Dec
Louisiana / Miss -Acorn Squash	Good	AVG	Late Sept-Dec
Louisiana / Miss -Butternut Squash	Good	AVG	Late Sept-Dec
Louisiana / Miss -Spaghetti Squash	Good	AVG	Late Sept-Dec
Louisiana Sweet Potatoes	Good	AVG	EarlySept-June
Louisiana Satsuma's	N/A	N/A	Oct-Dec
Louisiana Naval Oranges	N/A	N/A	Nov-Jan
Louisiana Grapefruit	N/A	N/A	Nov-Jan
Louisiana Pecans (Bergeron)	Good	HIGH	new crop Oct
Louisiana Creole Tomatoes	Good	HIGH	Late-Mayearly July
Louisiana Strawberries	N/A	N/A	Late Nov-March

