



Download our free app from the app store:

Take5Urban Market

Order & pay online!

Swing by to pick up or have delivered.

Fast & Easy!

## We love what we do!

**We are a neighborhood café & market with world class experience! Everything we do is home made by our Chefs & served with superior customer service! A family owned venture.**

6757 8th Ave NW  
Seattle, WA  
98117  
(206) 420-8104

**Our hours: 8 AM–8 PM each day**  
**Our daily specials & soups are posted on:**

Twitter: Take5Market

Website: Take5urbanmarket.com

Face Book: Take 5 Urban Market

### Breakfast

---

**Available all day long!**

**Breakfast Sandwiches** Your choice of Bacon, ham, meatloaf or veggie (grilled eggplant & red pepper), or just avocado with egg & cheese on a butter toasted English muffin **\$7.75**

**Make that a Double!** Same choices as above with double the meat, two eggs, melted cheese and served on a butter toasted rustic bun. **\$11.95**

**Chili Breakfast Burrito** Three eggs, Take 5 chili, Cabo Loco salsa, melted cheese, bacon, scallions **\$11.95**

**Vegetarian Breakfast Burrito** Three eggs, grilled eggplant, roasted red peppers, Cabo Loco salsa, melted cheese, & scallions **\$11.95**

**Add Avocado! \$2.95**

### Soups

---

**8oz - \$4.25    12oz - \$5.95    16oz - \$7.25    Add butter toasted bread with soup for \$1.50**

**Take 5 Chili** Ground beef, cannellini beans, kidney beans, black beans, and corn in a light tomato-chili broth, topped with red onions & cheese.

**Tomato-Carrot Bisque** Smooth & silky blend of carrots & fresh tomatoes topped with sour cream and dill.

**Turkey Pot Pie** Diced turkey, corn, potatoes and veggies in a rich chicken stock, finished with cream & topped with pie dough shards & green onions.

**Soup of the Day** – Always good!

### Salads

---

**Caesar** Traditional Caesar dressing, with heart of romaine, garlic croutons, Parmesan cheese & lemon.  
**Full \$11.75    Half \$7.75**

**Spinach** Take 5 sherry-shallot vinaigrette with baby spinach, fresh pears, bleu cheese, raisins & candied walnuts.  
**Full \$12.25    Half \$8.25**

**Veggie Cobb** Hard Boiled Egg, tomatoes, avocado, bleu cheese, red onions, carrots, broccoli & cauliflower on a bed of baby spinach & romaine. Served with choice of creamy blue cheese or sherry vinaigrette **\$13.50**

**Add Marinated-Flame Broiled Chicken Breast for \$4**

**Cobb Salad** Chicken, bacon, tomatoes, avocado, boiled egg, bleu cheese crumbles & red onions on a bed of romaine. Served with choice of creamy blue cheese or sherry vinaigrette **\$14.25 (sorry, no ½'s on this one)**

## Hot & Grilled Sandwiches

---

**Take 5 Reuben** Our house cooked corned beef brisket, spicy horseradish mayo, Swiss cheese and fresh creamy coleslaw grilled on Grand Central sour rye. **\$13.25**

**Meatloaf "Burger"** Our **famous** meatloaf seared and served on a toasted Grand Central rustic bun with melted cheese, mayo, Dijon, ketchup, grilled red onion, pickle, lettuce and tomato. **12.50**

**GCI (Grilled Chicken Italian)** Garlic and herb marinated chicken, salami and pepperoni smothered in melted provolone, mozzarella and cheddar cheese served on a Grand Central ciabatta roll with sundried tomato aioli, pepperoncini's, lettuce, tomato and vinaigrette. **\$12.50**

**Sriracha Chicken Club Melt** Grilled marinated chicken, crispy bacon, melted cheese, avocado, lettuce, tomatoes, mayo & Sriracha on a toasted Grand Central rustic bun. **\$12.50**

**Pulled BBQ Chicken** Pulled roasted chicken and sautéed onions in Take 5 BBQ sauce with spicy crisp cilantro slaw on a toasted Grand Central rustic bun. **\$12.50**

**Grilled Vegetarian** Grilled eggplant and red onion, roasted peppers, sun-dried tomato aioli, provolone cheese, and coleslaw grilled on Grand Central campagnolo. **\$12.25**

**The Famous BLATT** Bacon, lettuce, avocado, tomato, turkey and mayo on butter toasted Grand Central Como. **\$12.50**

**Grilled Cheese & Cup of Soup** Cheddar & mozzarella cheese grilled on Grand Central Como bread and a cup of our tomato-carrot bisque for dipping. **\$11.25** Sub SOD, pot pie or chili, anytime!

**Solo Grilled Cheese** on Grand Central Como bread **\$8**

**Add bacon or fresh sliced avocado \$2.95**

## Chilled Sandwiches & Wraps:

---

**Build your own Deli** Your choice of thinly sliced turkey, pastrami, ham, or salami with cheddar, Swiss, provolone or pepper jack. Upgrade to sliced meatloaf or in-house corned beef for an additional \$1!  
All sandwiches come with lettuce, tomato, mayo & Dijon. **\$10.25**

**½ BYOD & a Cup of Soup** Build your own ½ deli sandwich with a cup of one of our soups. **\$10.25**

**Curried Chicken Salad Wrap** Diced chicken, onion, apple, raisins, cilantro and candied walnuts in curry mayo wrapped in a flour tortilla with shredded lettuce and sliced tomatoes. **\$11.95**

**Chicken Caesar Wrap** Marinated grilled chicken, shredded romaine, bacon, croutons, sliced tomatoes, Parmesan & our own Caesar dressing in a flour tortilla wrap. **\$11.95**

**Veggie Wrap** Provolone, cheddar, avocado, spinach, roasted red pepper, sliced red onion, sliced tomato, tomato aioli & sherry vinaigrette in a flour tortilla. **\$11.95**

**Essential Baking gluten free bread available for all of our awesome sandwiches! \$2**

## Our Famous Mac & Cheese on Steroids

---

**Chili Mac** Topped with a generous scoop of our homemade chili, sour cream, tomatoes, onions and jalapenos. **\$14.25**

**Bacon-Tomato Mac** Topped with a ladle of our carrot-tomato bisque, fresh sliced tomatoes, lots of bacon & green onions. **\$14.25**

**Garlic Veggie Mac** Topped with fresh mixed vegetables, sautéed with garlic butter, fresh tomatoes, Parmesan cheese and green onions. **\$14.25**

**BBQ Pulled Chicken Mac** Topped with our BBQ pulled chicken, spicy cilantro slaw & BBQ sauce. **\$14.25**

**Straight Up Mac & Cheese** Cheddar, Mozzarella & Parmesan (1/4 LB of cheese!), baked into each 1 LB brick **\$8.95**

*Warning: consuming raw or undercooked meat, poultry, seafood, shellfish & eggs may increase the risk of food borne related illness*

**New York Cheese Cake** – House made traditional New York style cheese cake topped with our in house berry sauce \$5.75

**Chocolate Mousse – House made** delicate yet heavy chocolate mousse \$5.75

**Bread Pudding** - House made brick of cinnamon toast held together by a heavy vanilla custard. Topped with our homemade caramel sauce.

**Apple Crisp** - House made thick bed of baked apple slices topped with a buttery oat crisp topping \$5.25

**Carrot Cake** – House made carrot cake muffin topped with a cream cheese frosting \$5.25