

Winter Menu: Week 1

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Milk Weet-Bix with Fruit Wholemeal Toast	Milk Weet-Bix with Fruit Wholemeal Toast	Milk Weet-Bix with Fruit Wholemeal Toast	Milk Weet-Bix with Fruit Wholemeal Toast	Milk Weet-Bix with Fruit Wholemeal Toast
Morning Tea	Milk Fresh Fruit Platter Crackers & Cream Cheese	Milk Fresh Fruit Platter Raisin Toast	Milk Fresh Fruit Platter English Muffins & Spreads Smoothies (T)	Milk Fresh Fruit Platter Crackers & Cheese	Milk Fresh Fruit Platter Crumpets & Spreads Cheese & Crackers (T)
Lunch	Tuna Pasta Bake	Chicken Chow Mein, Served with Rice	Spaghetti Bolognese, Served with Garlic Bread	Apricot Chicken, Served with Rice	Baked Bean & Potato Pie
Afternoon Tea	Fresh Fruit Platter Date Scones	Fresh Fruit Platter Apple Crumble & Custard	Fresh Fruit Platter Crackers, Veggies & Dip	Fresh Fruit Platter Carrot Muffins	Fresh Fruit Platter Yoghurt & Two Fruits
Late Snack	Late Snack at HCCDC will be an assortment of Crackers & Spread, Rice Crackers & Cheese, Cheese Cubes & Sultanas, Fruit etc...				