

Winter Menu: Week 4

| | <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> |
|----------------------|---|--|---|--|---|
| Breakfast | Milk Weet-Bix with Fruit Wholemeal Toast | Milk Weet-Bix with Fruit Wholemeal Toast | Milk Weet-Bix with Fruit Wholemeal Toast | Milk Weet-Bix with Fruit Wholemeal Toast | Milk Weet-Bix with Fruit Wholemeal Toast |
| Morning Tea | Milk Fresh Fruit Platter Crumpets & Spreads Cheese & Crackers (T) | Milk Fresh Fruit Platter | Milk Fresh Fruit Platter English Muffins & Spreads Smoothies (T) | Milk Fresh Fruit Platter Raisin Toast | Milk Fresh Fruit Platter English Muffins & Spreads Smoothies (T) |
| Lunch | Vegetable Macaroni | Fish & Risotto | Moroccan Chicken, Served with Cous Cous | Beef & Vegetable Pie | Chicken Risotto |
| Afternoon Tea | Fresh Fruit Platter Berry Muffins | Fresh Fruit Platter Muesli & Yoghurt | Fresh Fruit Platter Apple Crumble & Custard | Fresh Fruit Platter Yoghurt & Two Fruits | Fresh Fruit Platter Oat Slice |
| Late Snack | Late Snack at HCCDC will be an assortment of Crackers & Spread, Rice Crackers & Cheese, Cheese Cubes & Sultanas, Fruit etc... | | | | |