



HEARTSAVER

BLS Rules, LLC
Meridian, ID 83642

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|--------------------------------------------------------------------------------------------------------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| Adult/Child CPR/AED Skills | | | | | | | | | | |
| Verbalizes the scene is safe and check responsiveness (<i>tap and shout</i>) | X | X | X | X | X | X | X | X | X | X |
| Shouts for help and tells someone to phone 911 and get an AED | X | X | X | X | X | X | X | X | X | X |
| Checks for no breathing or only gasping (<i>min 5 - 10 seconds maximum</i>) | X | X | X | X | X | X | X | X | X | X |
| Locates correct hand placement for compressions (removes clothes, lower half and center of breastbone, 1 or 2 hands for child) | X | X | X | X | X | X | X | X | X | X |
| Delivers first 30 compressions at 15 to 18 seconds while pressing at least 2 inches for adult (just 2 inches for child) | X | X | X | X | X | X | X | X | X | X |
| Gives 2 breaths at 1 second each with barrier device making chest visibly rise. (Returns to compressions w/in 10 seconds) | X | X | X | X | X | X | X | X | X | X |
| Delivers second 30 compressions at 15 to 18 seconds while pressing at least 2" | X | X | X | X | X | X | X | X | X | X |
| Gives 2 breaths at 1 second each making chest visibly rise. | X | X | X | X | X | X | X | X | X | X |
| <i>If child, complete a 3rd cycle</i> | | | | | | | | | | |
| <i>If adult patient, AED arrives</i> | | | | | | | | | | |
| Powers on the AED and follows all prompts correctly (<i>then con't CPR</i>) | X | X | X | X | X | X | X | X | X | X |
| Delivers third 30 compressions at 15 to 18 seconds while pressing at least 2 inches | X | X | X | X | X | X | X | X | X | X |
| Gives 2 breaths at 1 second each making chest visibly rise. | X | X | X | X | X | X | X | X | X | X |
| Passed | X | X | X | X | X | X | X | X | X | X |
| Needs Remediation | | | | | | | | | | |

I verify that this information is accurate and truthful and that it may be confirmed as being taught in accordance with AHA Guidelines.

Signature _____

Date: _____



HEARTSAVER

BLS Rules, LLC
Meridian, ID 83642

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| Infant CPR Skills (Alone scenario) | X | X | X | X | X | X | X | X | X | X |
| Verbalizes the scene is safe and checks responsiveness (<i>tap foot and shout</i>) | X | X | X | X | X | X | X | X | X | X |
| Shouts for help (<i>in scenario student is alone</i>) | X | X | X | X | X | X | X | X | X | X |
| Checks for no breathing or only gasping (<i>min 5 - 10 seconds maximum</i>) | X | X | X | X | X | X | X | X | X | X |
| Locates correct finger placement for compressions (2 fingers below nipple line center of chest) giving 30 compressions in 15 – 18 seconds pressing 1.5 inches | X | X | X | X | X | X | X | X | X | X |
| Gives 2 breaths at 1 second each making chest visibly rise. (<i>with barrier device</i>) | X | X | X | X | X | X | X | X | X | X |
| Delivers 2nd set of high quality compressions and 2 breaths | X | X | X | X | X | X | X | X | X | X |
| Delivers 3rd set of high quality compressions and 2 breaths | X | X | X | X | X | X | X | X | X | X |
| <i>Instructor notifies student they have completed 5 cycles of CPR</i> | X | X | X | X | X | X | X | X | X | X |
| Student takes infant with them to call 911 | X | X | X | X | X | X | X | X | X | X |
| Passed | X | X | X | X | X | X | X | X | X | X |
| Needs Remediation | | | | | | | | | | |

I verify that this information is accurate and truthful and that it may be confirmed as being taught in accordance with AHA Guidelines.

Signature _____

Date: _____