

Caring for Cardiac Arrest

CPR and AED — Children and Infants

Student Name _____ Class Date _____

Child Scenario — You and a coworker are monitoring children as they play outdoors at a pre-school. A 6-year-old boy is accidentally hit in the chest with a swinging ball. He staggers few feet and then collapses to the ground. Your facility does not have an AED available.

Infant Scenario — While working in your yard, your neighbor is frantically running towards you carrying her 8-month-old daughter in her arms. The baby is wet, limp, and not moving. Your neighbor tells you she found her daughter in their pool. You have no access to an AED.

Procedure	Student Action (Child)	Student Action (Infant)	Instructor Prompt	Check	Check
				Off Child	Off Infant
Scene Assessment	<ul style="list-style-type: none"> Pauses and assesses scene for safety. 	<ul style="list-style-type: none"> Pauses and assesses scene for safety. 	<i>Scene is safe!</i>	<input type="checkbox"/>	<input type="checkbox"/>
Standard Precautions	<ul style="list-style-type: none"> Uses disposable gloves (can be verbalized) 	<ul style="list-style-type: none"> Uses disposable gloves (can be verbalized) 		<input type="checkbox"/>	<input type="checkbox"/>
Response Assessment	<ul style="list-style-type: none"> Taps or squeezes shoulder. Asks loudly, "Are you all right?" 	<ul style="list-style-type: none"> Taps foot. Speaks loudly to startle infant. 	<i>There is no response!</i>	<input type="checkbox"/>	<input type="checkbox"/>
EMS Activation	<ul style="list-style-type: none"> Asks a bystander to activate EMS. 	<ul style="list-style-type: none"> Asks a bystander to activate EMS. 		<input type="checkbox"/>	<input type="checkbox"/>
Breathing Assessment	<ul style="list-style-type: none"> Checks face and chest for 5-10 seconds for signs of breathing. 	<ul style="list-style-type: none"> Checks face and chest for 5-10 seconds for signs of breathing. 	<i>There is no normal breathing!</i>	<input type="checkbox"/>	<input type="checkbox"/>
30 Chest Compressions	<ul style="list-style-type: none"> Positions one or two hands on lower half of breastbone. Uses upper body weight to compress. Compresses at least $\frac{1}{3}$ the depth of the chest or about 2 inches. Compresses at a rate of 100–120 times per minute. Allows chest to fully recoil at top of compressions. 	<ul style="list-style-type: none"> Places two fingertips on breastbone, just below nipple line. Compresses at least $\frac{1}{3}$ the depth of the chest or about $1\frac{1}{2}$ inches. Compresses at a rate of 100–120 times per minute. Allows chest to fully recoil at top of compressions. 		<input type="checkbox"/>	<input type="checkbox"/>

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Procedure	Student Action (Child)	Student Action (Infant)	Instructor Prompt	Check	Check
				Off Child	Off Infant
2 Rescue Breaths	<ul style="list-style-type: none"> Establishes an open airway. Uses barrier device. Creates visible rise of chest, but no more. Ensures each breath is 1 second in length. Gives both breaths in less than 10 seconds. 	<ul style="list-style-type: none"> Establishes an open airway. Uses barrier device. Creates visible rise of chest, but no more. Ensures each breath is 1 second in length. Gives both breaths in less than 10 seconds. 		<input type="checkbox"/>	<input type="checkbox"/>
Continued CPR	<ul style="list-style-type: none"> Repeats 30:2 CPR cycles. 	<ul style="list-style-type: none"> Repeats 30:2 CPR cycles. 	(Student needs to complete at least two 30:2 CPR cycles before indicating the arrival of an EMS.) EMS Arrives!	<input type="checkbox"/>	<input type="checkbox"/>
End Evaluation					

Overall Performance (check only one)

- Checked Off: Met minimal competency as defined by the performance criteria
- Not Checked Off: Did not meet minimal competency as defined by the performance criteria

Signature of Instructor _____