

performance evaluation two  
**INFANT – ONE-PROVIDER CPR**



Student Name \_\_\_\_\_ Class Date \_\_\_\_\_

You are a trained CPR AED provider responding to repeated, panic-stricken shouts of “Help!” As you reach the scene, an obviously distraught teenager hands you a limp infant, pleading, “Help me...she’s not breathing!” You have appropriate PPE. There is no AED nearby. You have an infant CPR mask with a one-way valve with your first aid kit. Demonstrate what actions you would take next.

Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
<b>Performs Assessment</b>	<ul style="list-style-type: none"> <li>▸ Assesses scene safety.</li> <li>▸ Takes Standard Precautions.</li> <li>▸ Assesses responsiveness.</li> <li>▸ Activates EMS and/or EAP.</li> <li>▸ After activating, and unless they are readily available, sends someone to get the first aid kit and an AED.</li> </ul>	<p><i>“Scene is safe.”</i></p> <p><i>“Infant is unresponsive.”</i></p> <p><i>“EMS has been activated.”</i></p>	
<b>Assesses Breathing</b>	<ul style="list-style-type: none"> <li>▸ Assesses breathing for no more than 10 seconds.</li> </ul>	<p><i>“The infant is not breathing.”</i></p>	
<b>Starts High-Quality CPR</b>	<ul style="list-style-type: none"> <li>▸ Immediately starts CPR, beginning with chest compressions.</li> <li>▸ Performs 30 high-quality chest compressions.</li> <li>▸ Correctly uses one of three hand-position techniques: 2-Finger, 2-Thumb Encircling-Hands, or Heel of One Hand.</li> <li>▸ Does not press the tip of the breastbone.</li> <li>▸ Compresses at least 1/3 depth of chest or about 1½ inches (4 cm).</li> <li>▸ Compresses at a rate of 100–120 times per minute (30 compressions in no less than 15 and no more than 18 seconds).</li> <li>▸ Allows chest to fully recoil at the top of compressions.</li> </ul>		
<b>Gives Rescue Breaths</b>	<ul style="list-style-type: none"> <li>▸ Seals a CPR mask against the infant’s face.</li> <li>▸ Opens the airway using the head-tilt, chin-lift maneuver.</li> <li>▸ Gives two rescue breaths.</li> <li>▸ Ensures each breath is 1 second in length. Creates visible rise of chest, but no more.</li> <li>▸ Immediately resumes high-quality chest compressions in less than 10 seconds.</li> </ul>		
<b>Continues High-Quality CPR</b>	<ul style="list-style-type: none"> <li>▸ Repeats a second CPR cycle of 30:2 compressions-to-breaths.</li> <li>▸ Completes a third cycle of 30:2 compressions-to-breaths.</li> </ul>		

Continued on Next Page >



Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
<b>Removes PPE</b>	<ul style="list-style-type: none"> <li>▸ Correctly removes and disposes of gloves.</li> <li>▸ Verbalizes washing hands immediately after removing gloves.</li> </ul>	<p><i><b>“EMS arrives and takes over. Please demonstrate how to remove your gloves and what actions you would take next.”</b></i></p>	

**END PERFORMANCE EVALUATION**

Successfully Completed.      Not Successfully Completed. Remediation Required.

Signature of HSI Authorized Instructor \_\_\_\_\_ HSI Instructor Registry Number: \_\_\_\_\_