

performance evaluation three
ADULT – ONE-PROVIDER CPR AED



Student Name _____ Class Date _____

You are a trained CPR AED provider responding to an emergency alert for a person having a seizure in your workplace. As you approach the scene, you see an untrained coworker kneeling next to a motionless adult lying on the floor. The bystander says, “He just fainted. His arms and legs were shaking.” You have appropriate PPE. An AED is nearby. You have a CPR mask with a disposable one-way valve with your first aid kit. Demonstrate what actions you would take next.

Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
Performs Assessment	<ul style="list-style-type: none"> ▸ Assesses scene safety. ▸ Takes Standard Precautions. ▸ Assesses responsiveness. ▸ Activates EMS and/or EAP. ▸ After activating, and unless they are readily available, sends someone to get the first aid kit and an AED. 	<p><i>“Scene is safe.”</i></p> <p><i>“Person is unresponsive.”</i></p> <p><i>“EMS has been activated.”</i></p> <p><i>“The coworker will get the AED.”</i></p>	
Assesses Breathing	<ul style="list-style-type: none"> ▸ Assesses breathing for no more than 10 seconds. 	<p><i>“The person is gasping slowly.”</i></p>	
Starts High-Quality CPR	<ul style="list-style-type: none"> ▸ Immediately starts CPR, beginning with chest compressions. ▸ Performs 30 high-quality chest compressions. ▸ Positions two hands on the lower half of the breastbone. ▸ Compresses at least 2 inches (5 cm). ▸ Compresses at a rate of 100–120 times per minute (30 compressions in no less than 15 and no more than 18 seconds). ▸ Allows chest to fully recoil at the top of compressions. 		
Gives Rescue Breaths	<ul style="list-style-type: none"> ▸ Seals the CPR mask against the person’s face. ▸ Opens the airway using the head tilt–chin lift maneuver. ▸ Gives two rescue breaths. Ensures each breath is 1 second in length. ▸ Creates visible rise of chest, but no more. ▸ Immediately resumes high-quality chest compressions in less than 10 seconds. 		
Continues High-Quality CPR	<ul style="list-style-type: none"> ▸ Repeats a second CPR cycle of 30:2 compressions-to-breaths. 	<p><i>[Student needs to complete this cycle before “coworker” arrives with AED.]</i></p>	
Operates the AED	<ul style="list-style-type: none"> ▸ Powers on the AED. Bares the chest. ▸ Correctly applies AED pads. ▸ Follows AED prompts. 	<p><i>[Instructor in the role of coworker]</i></p> <p><i>“Here is the AED.”</i></p>	

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Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
Clears for Analysis	<ul style="list-style-type: none"> ▸ Makes sure no one is touching the person. 	<i>[AED] “Analyzing.”</i>	
Safely Delivers Shock	<ul style="list-style-type: none"> ▸ Makes sure no one is touching the person. ▸ Presses the shock button. 	<i>[AED] “Shock advised.”</i> <i>[Instructor] “Person’s muscles contract suddenly.”</i>	
Continues High-Quality CPR	<ul style="list-style-type: none"> ▸ Immediately resumes high-quality chest compressions in less than 10 seconds. ▸ Completes a third cycle of 30:2 compressions-to-breaths. 		
Removes PPE	<ul style="list-style-type: none"> ▸ Correctly removes and disposes of gloves. ▸ Verbalizes washing hands immediately after removing gloves. 	<i>[Instructor] “EMS arrives and takes over. Please demonstrate how to remove your PPE and what actions you would take next.”</i>	

END PERFORMANCE EVALUATION

Successfully Completed. Not Successfully Completed. Remediation Required.

Signature of HSI Authorized Instructor _____ HSI Instructor Registry Number: _____