

Student Name _____ Class Date _____

You are a trained CPR AED provider responding to an emergency alert for a person having a seizure in your workplace. As you approach the scene, you see an untrained coworker kneeling next to a motionless person lying on the floor. The bystander says, “He just fainted. His arms and legs were shaking.” You have appropriate PPE. An AED is nearby. You have a CPR mask with a disposable one-way valve with your first aid kit. Demonstrate what actions you would take next.

Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
Performs Assessment	<ul style="list-style-type: none"> ▸ Assesses scene safety. ▸ Takes standard precautions. ▸ Assesses responsiveness. ▸ Activates EMS and/or EAP. ▸ After activating, and unless they are readily available, sends someone to get the first aid kit and an AED. 	<p><i>“Scene is safe.”</i></p> <p><i>“Person is unresponsive.”</i></p> <p><i>“EMS has been activated.”</i></p> <p><i>“The coworker will get the AED.”</i></p>	
Assesses Breathing	<ul style="list-style-type: none"> ▸ Assesses breathing for no more than 10 seconds. 	<p><i>“The person is gasping slowly.”</i></p>	
Starts High-Quality CPR	<ul style="list-style-type: none"> ▸ Immediately starts CPR, beginning with chest compressions. ▸ Performs 30 high-quality chest compressions. ▸ Positions two hands on the lower half of the breastbone. ▸ Compresses at least 2 inches (5 cm). ▸ Compresses at a rate of 100–120 times per minute (30 compressions in no less than 15 and no more than 18 seconds). ▸ Allows chest to fully recoil at the top of compressions. 		
Gives Rescue Breaths	<ul style="list-style-type: none"> ▸ Seals the CPR mask against the person’s face. ▸ Opens the airway using the head tilt–chin lift maneuver. ▸ Gives two rescue breaths. Ensures each breath is 1 second in length. ▸ Creates visible rise of chest, but no more. ▸ Immediately resumes high-quality chest compressions in less than 10 seconds. 		
Continues High-Quality CPR	<ul style="list-style-type: none"> ▸ Repeats a second CPR cycle of 30:2 compressions-to-breaths. 	<p><i>[Student needs to complete this cycle before “coworker” arrives with AED.]</i></p>	
Operates the AED	<ul style="list-style-type: none"> ▸ Powers on the AED. Bares the chest. ▸ Correctly applies AED pads. ▸ Follows AED prompts. 	<p><i>[Instructor in the role of coworker]</i></p> <p><i>“Here is the AED.”</i></p>	

Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
Continued on Next Page >			
Clears for Analysis	<ul style="list-style-type: none"> ▸ Makes sure no one is touching the person. 	[AED] “Analyzing.”	
Safely Delivers Shock	<ul style="list-style-type: none"> ▸ Makes sure no one is touching the person. ▸ Presses the shock button. 	[AED] “Shock advised.” [Instructor] “Person’s muscles contract suddenly.”	
Continues High-Quality CPR	<ul style="list-style-type: none"> ▸ Immediately resumes high-quality chest compressions in less than 10 seconds. ▸ Completes a third cycle of 30:2 compressions-to-breaths. 		
Removes PPE	<ul style="list-style-type: none"> ▸ Correctly removes and disposes of gloves. ▸ Verbalizes washing hands immediately after removing gloves. 	[Instructor] “EMS arrives and takes over. Please demonstrate how to remove your PPE and what actions you would take next.”	
END PERFORMANCE EVALUATION			

Successfully Completed. Not Successfully Completed. Remediation Required.

Signature of HSI Authorized Instructor _____ HSI Instructor Registry Number: _____