

INFANT – ONE-PROVIDER CPR



Student Name _____ Class Date _____

You are a trained CPR AED provider responding to repeated, panic-stricken shouts of “Help!” As you reach the scene, an obviously distraught teenager hands you a limp infant, pleading, “Help me... she’s not breathing!” You have appropriate PPE. There is no AED nearby. You have an infant CPR mask with a one-way valve with your first aid kit. Demonstrate what actions you would take next.

Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
Performs Assessment	<ul style="list-style-type: none"> ▸ Assesses scene safety. ▸ Takes standard precautions. ▸ Assesses responsiveness. ▸ Activates EMS and/or EAP. ▸ After activating, and unless they are readily available, sends someone to get the first aid kit and an AED. 	<p>“Scene is safe.”</p> <p>“Infant is unresponsive.”</p> <p>“EMS has been activated.”</p>	
Assesses Breathing	<ul style="list-style-type: none"> ▸ Assesses breathing for no more than 10 seconds. 	<p>“The infant is not breathing.”</p>	
Starts High-Quality CPR	<ul style="list-style-type: none"> ▸ Immediately starts CPR, beginning with chest compressions. ▸ Performs 30 high-quality chest compressions. ▸ Correctly uses one of three hand-position techniques: 2-Finger, 2-Thumb Encircling-Hands, or heel of one hand. ▸ Does not press the tip of the breastbone. ▸ Compresses at least 1/3 depth of chest or about 1½ inches (4 cm). ▸ Compresses at a rate of 100–120 times per minute (30 compressions in no less than 15 and no more than 18 seconds). ▸ Allows chest to fully recoil at the top of compressions. 		
Gives Rescue Breaths	<ul style="list-style-type: none"> ▸ Seals an CPR mask against the infant’s face. ▸ Opens the airway using the head tilt-chin lift maneuver. ▸ Gives two rescue breaths. ▸ Ensures each breath is 1 second in length. Creates visible rise of chest, but no more. ▸ Immediately resumes high-quality chest compressions in less than 10 seconds. 		
Continues High-Quality CPR	<ul style="list-style-type: none"> ▸ Repeats a second CPR cycle of 30:2 compressions-to-breaths. 		
	<ul style="list-style-type: none"> ▸ Completes a third cycle of 30:2 compressions-to-breaths. 		

Continued on Next Page >



Procedure	Provider Action (Performance Criteria)	Instructor Prompt	Check Off
Removes PPE	<ul style="list-style-type: none"> ▸ Correctly removes and disposes of gloves. ▸ Verbalizes washing hands immediately after removing gloves. 	<p><i>“EMS arrives and takes over. Please demonstrate how to remove your gloves and what actions you would take next.”</i></p>	
END PERFORMANCE EVALUATION			

Successfully Completed. Not Successfully Completed. Remediation Required.

Signature of HSI Authorized Instructor _____ HSI Instructor Registry Number: _____