



Rippee Recap

We're so glad you're here for the very first edition of the Rippee Recap! Each month, we'll share insights on how to Live and Lead with purpose, practical EOS Tips, updates from The Table, and a dash of inspiration from Deeann's Kitchen. Our hope is that this newsletter gives you a moment to pause, refocus, and remember what matters most..

Issue #1



EOS® Practice

RPRS is Undefeated

After establishing and documenting a clear Vision for your business, getting the Right People, those who share your Core Values, into the Right Seats, roles in which they excel, is the single greatest thing you can do to move your business forward in a significant way. Recently, a couple of my clients have made significant, though not easy, Right People and/or Right Seat decisions. What happened after was almost magical. Barriers that kept them from moving forward suddenly seemed to melt away. Culture improved. Results improved. The businesses broke through ceilings. Why? RPRS is Undefeated.



Live & Lead by Design

Designed to Help and to Need

We are universally designed to help one another, and each of us is designed to do that uniquely using our gifts. While few would argue those points, some might argue the presupposition that comes with them. We each have needs. If we are designed to help others and be helped by others, the presupposition is that we each need help. Our culture tells us that self-reliance is the goal, when in reality, dependence on each other is the goal. We are designed to be in a relationship and connected with one another. So why do most leaders feel lonely and empty? They feel this because they don't realize and resolve their fundamental need of having a community of leaders they can go to for help and rejuvenation. Do you have a community like that?



Deeann's Kitchen

Nourishment for the Body & Soul

Hi All, Deeann here, AKA The Lunch Lady.

I love feeding people because it nourishes the body and the soul. After 23 years in the same home, Curtis and I are moving, and while packing is chaos, we still have to eat!

Busy-season tip: Brown a big batch of taco meat for the week. With tortillas, lettuce, beans, cheese (shred it yourself!), chips, and eggs, you can make taco salad, tacos, nachos, or even omelets in minutes.

Pro-tip: shred your cheese while the meat cooks and store it for the week.
Go feed your people (;



Resource Corner

This month's recommendation: *Atomic Habits* by James Clear.

A practical, down-to-earth guide on how small changes make a big difference over time. Perfect reading if you're thinking about living with more design and less default.

The Table



The Table is a boutique meeting and event space where business and hospitality come together. Designed with intention and care, it offers an inviting atmosphere that inspires connection, creativity, and productivity. Whether you're gathering your team for an off-site strategy session, hosting a training workshop, or seeking a quiet place to work outside of home, The Table makes every experience feel professional and welcoming. More than just a space, The Table is a place to belong.

This month we are thrilled to host our first ever cooking class on *September 16th*, sparking new ideas and relationships.



As you step into this month, remember: you are designing your life. Each choice matters, and each day is a fresh start. We're cheering you on.

With Gratitude,

Curtis Rippee