How To Make A Chemo Port

Pillow Create to donate, org

A port pillow is a small, rectangular pillow that chemotherapy patients use with a seat belt to relieve pressure and possible irritation around the port.

A chemo port pillow can also be used around the strap of a purse or bag strap to make carrying things more comfortable.

After gathering the necessary materials, this DIY port pillow take around 5 minutes to make and is the perfect fabric scrap buster.

Materials

- 100% Cotton Fabric
- Hook and loop tape

PREPARE MATERIALS

- 1. Cut two pieces of fabric that measure 4" x 7".
- 2. Cut two 3.5" pieces of hook and loop tape.

PLACE & BASTE HOOK AND LOOP TAPE

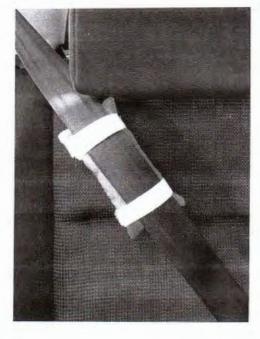
- 1. Place one piece of fabric right side up.
- 2. Take the loop tape (the soft part), line it up with the right outside long edge, and place it 1.5" from the top edge.
- 3. Clip the loop tape in place.
- 4. Take the hook tape (the rough part), line it up with the left outside long edge, and place it 1/5" from the top edge.
- 5. Fasten it to the loop tape and clip it in place.
- 6. Follow the same process for the other piece of hook and loop tape 1.5" away from the bottom edge.
- 7. Baste the tape to the fabric using 1/8" allowance.

CLIP FABRIC TOGETHER & SEW

- 1. Take the second piece of fabric and place it right side down onto side of fabric with the hook and loop tape.
- 2. Place sewing clips around the whole rectangle to prepare for sewing.
- 3. Remember to leave a 2" turning hole on one of the bottom edges.
- 4. Use a 1/2" seam allowance to sew around the whole rectangle leaving the 2" hole for turning.
- 5. Turn the port pillow form right sides out.

STUFF PILLOW THEN CLOSE HOLE

- 1. Stuff the port pillow to medium firmness.
- 2. Whip stitch or top stitch with your machine using 1/8" allowance to close the turning hole.



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