

How To Make A Chemo Port

Pillow *create to donate . org*

A port pillow is a small, rectangular pillow that chemotherapy patients use with a seat belt to relieve pressure and possible irritation around the port.

A chemo port pillow can also be used around the strap of a purse or bag strap to make carrying things more comfortable.

After gathering the necessary materials, this DIY port pillow take around 5 minutes to make and is the perfect fabric scrap buster.



Materials

- 100% Cotton Fabric
- Hook and loop tape

PREPARE MATERIALS

1. Cut two pieces of fabric that measure 4" x 7".
2. Cut two 3.5" pieces of hook and loop tape.

PLACE & BASTE HOOK AND LOOP TAPE

1. Place one piece of fabric right side up.
2. Take the loop tape (the soft part), line it up with the right outside long edge, and place it 1.5" from the top edge.
3. Clip the loop tape in place.
4. Take the hook tape (the rough part), line it up with the left outside long edge, and place it 1/5" from the top edge.
5. Fasten it to the loop tape and clip it in place.
6. Follow the same process for the other piece of hook and loop tape 1.5" away from the bottom edge.
7. Baste the tape to the fabric using 1/8" allowance.

CLIP FABRIC TOGETHER & SEW

1. Take the second piece of fabric and place it right side down onto side of fabric with the hook and loop tape.
2. Place sewing clips around the whole rectangle to prepare for sewing.
3. Remember to leave a 2" turning hole on one of the bottom edges.
4. Use a 1/2" seam allowance to sew around the whole rectangle leaving the 2" hole for turning.
5. Turn the port pillow form right sides out.

STUFF PILLOW THEN CLOSE HOLE

1. Stuff the port pillow to medium firmness.
2. Whip stitch or top stitch with your machine using 1/8" allowance to close the turning hole.