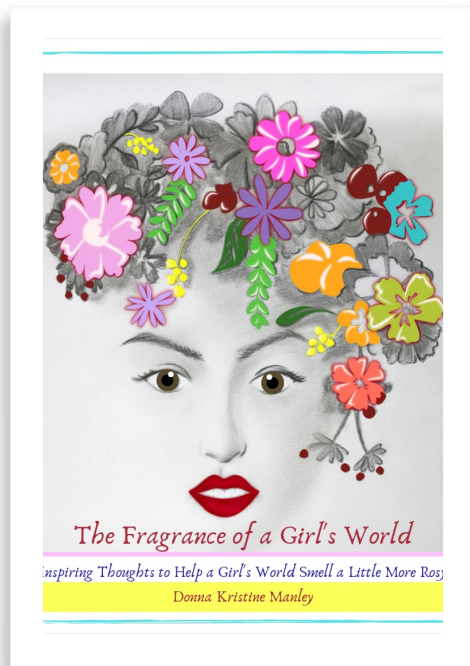




“Book Review: *The Fragrance of a Girl’s World*”

Reviewed by Chika Anene



A brilliant, loving, & compassionate survival guide for young women to take on their unique journeys

Author Donna Kristine Marley has crafted a powerful collection of wise advice to help young women enter the next phase in their lives. With *The Fragrance of a Girl’s World*, young women can discover how unique they are, how connected they are, and how they can lead their own way. This book includes relevant topics for young adult women such as friendship, weeding out bad friends, forgiveness, giving, sharing, laughter, physical and mental health—the list goes on.



This book is packed with useful tips that young women can use to survive the storms of life. Manley does a wonderful job in helping them build a healthy foundation with their surroundings as well as within themselves. It is relevant to young women now and makes me wish that I had such a girl-positive, insightful book like this growing up.

I also particularly enjoyed the practical sections, like how to save and how to deal with finances. This is something that not a lot of young women have had the privilege of being taught when coming into adulthood, which resulted in a lot of unfortunate financial decisions, so this inclusion makes me thrilled that Manley's readers can have a stronger grasp on their decision-making moving forward.

Perhaps the finest part of the book is in its foundation. This author cares deeply for young women and wants them, first and foremost, to love and appreciate themselves. Through chapters like "The Fragrance of Downtime" or "The Fragrance of Natural Beauty," Manley praises those girls who feel left out in a world where uniqueness and diversity isn't celebrated and appreciated enough.

The wisdom is presented in easily digestible and memorable ways, often using meaningful acronyms like H.O.M.E. (Here Our Minds Expand) to help readers remember how to be their best selves long after they close this book's final pages.

Any young woman who picks up *The Fragrance of a Girl's World* will be thankful that they did. It's an actionable guide to get young women to love themselves and one another for who they are on their journeys. It's also a handy guide to keep nearby, as the book can be picked up and flipped through easily without needing to read it cover to cover. This would be an excellent choice for young women looking to expand their views on life while feeling validated.