

## ABOUT ME

I am a compassionate listener who believes deeply in the power of presence. My approach is to offer comfort, dignity, and connection. Every visit is guided by respect, warmth, and genuine care.

My goal is simple:  
to help others feel heard, valued, and less alone.

## WHO IS THE SERVICE FOR

- Residents of assisted living or senior communities.
- Individuals feeling lonely or isolated.
- Hospital patients.
- Anyone who would enjoy companionship.
- No counseling. No therapy.
- Just genuine presence and kindness.
- Visits are always centered around what feels supportive to you.

*Heartfelt Companionship Visits are non-medical and not a substitute for counseling, therapy, or healthcare services.*

**You Are Not Alone**

## Heartfelt Companionship Visits

Warm, caring visits for those who would like conversation, connection, and presence.

A caring presence during life's happenings.

SisterSol

602-887-4888  
 [sistersol.com/heartfelt-companionship-1](http://sistersol.com/heartfelt-companionship-1)  
Email: [contact@sistersol.com](mailto:contact@sistersol.com)

*In-person & Online/By Phone  
Visits by appointment*

# FEELING LONELY IS MORE COMMON THAN YOU THINK

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Life changes, such as moving into assisted living, changes in health, entering the hospital, or being away from loved ones, can bring up feelings.

Having someone who truly listens can bring comfort, connection, and a sense of being seen.

## WHAT ARE HEARTFELT COMPANIONSHIP VISITS

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Heartfelt companionship is simply being present - with kindness, patience, and an open heart.

I offer:

- Friendly conversation
- A listening ear without judgment
- Sharing stories or memories
- Gentle reflection, encouragement, and companionship
- Support during life transitions
- Respect for all beliefs, backgrounds, and life experiences

Visits are always guided by what conversations feel most comfortable to you.

## OUR SERVICES

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### Visit Options & Pricing

#### Individual:

- 90-Minute Visit: \$65
- 2-hour Visit: \$80

Also Available:

Group (Minimum 5 people)  
Online/Phone calls,  
and Extended Visits.

*"A simple conversation can make a meaningful difference." ~ SisterSol*



*SisterSol*