

### **BIO MESO PDRN Pre Treatment**

***This guidance is provided to help ensure your treatment is both safe and effective. Please carefully follow the pre-treatment advice below prior to undergoing a GENOSYS BIO MESO facial.***

**Medication:** Please inform us of any medication you are currently taking or have taken within the two weeks leading up to your appointment.

**Sun Exposure:** Sun exposure and the use of sunbeds are strictly prohibited for a minimum of two weeks before and two weeks after your GENOSYS treatment.

**Injectations:** The use of nasal tanning sprays or tanning injections is strictly prohibited at all times.

**The treatment should not be performed if you suffer with any of the following conditions:**

- Keloid formation or a history of raised scarring
- Collagen vascular disorders, including scleroderma
- Unstable diabetes or impaired wound healing
- Chronic inflammatory skin conditions such as eczema or psoriasis
- Autoimmune conditions that can affect the skin
- Steroid therapy
- Rosacea or blood-clotting disorders
- A history of herpes simplex infections, unless medically controlled
- Active bacterial, viral, or fungal infections
- Broken, damaged, or injured skin in the treatment area
- Raised moles, warts, or other elevated lesions within the treatment area
- Surgical or trauma-related scars less than six months old
- Use of strong acids, tretinoin, or oral vitamin A within the past 2 weeks.

**Do not proceed with treatment if you have undergone any of the following listed below:**

- Injectable & Aesthetic Treatments
  - Botulinum toxin injections – within the last 2 weeks
  - Dermal fillers
    - Hyaluronic Acid (HA)–based fillers – 2weeks
    - Vital / Hydration injections – 6 weeks
    - Sculptra – 6 weeks
    - Radiesse – 6 weeks
    - Skin boosters – 2 weeks
  - Skin Resurfacing & Exfoliation Treatments
    - Microdermabrasion or Hydrafacial – 2 weeks
    - Superficial chemical peels – 2 weeks
    - Medium or deep chemical peels – 6 weeks
    - Medical microneedling – 4 weeks
    - RF microneedling – 4 week
  - Laser, Light & Energy-Based Procedures
    - IPL (Intense Pulsed Light) – 1 week
    - Laser hair removal – 2 weeks
  - Resurfacing or ablative laser treatments – 6 weeks
  - Cosmetic Treatments
    - Eyebrow tinting or waxing – 7 days
- Medical Treatments & Medications • Isotretinoin (Accutane), chemotherapy, or radiation therapy – 6 months to 1 year Medical approval must always be obtained prior to treatment where applicable.