

Epiderma5 Peel Aftercare

- Please do not use any retinol products for 4 weeks
- If any redness persists do not go back to using glycolic acid until it is resolved
- Skin may feel drier or tighter – this is quite normal. Apply epiderma5 Daily Balm
- Do not use a sunbed, sunbathe, sauna or steam bath for 7 days after a peel
- Always use recommended sun protection epiderma5 Daily Defense
- Avoid electrolysis, waxing, bleaching (face) for 7 days
- Do not swim in chlorinated water for 3-5 days
- No excessive exercise immediately after treatment
- Make up can be applied, mineral is recommended
- Take directed advice if undergoing epilation, laser or IPL treatment

Please contact your therapist if you experience any unexpected reaction or concerns following your treatment.

For the best long-term results, follow the recommended home skincare routine and attend your course of treatments as advised by your therapist.