

Signature Regeneration Pre & Post Care

Pre & Post Treatment Advice

Our Signature Hair Regeneration Therapy combines **Microneedling, High Frequency, LED Light Therapy, and GENOSYS HR³ Matrix products** to support scalp health and promote healthier, fuller-looking hair.

Before Your Treatment

Wash your hair thoroughly on the day of treatment or the evening before.

Arrive with a clean scalp free from oils, styling products, dry shampoo, and hair fibres.

Drink plenty of water for 48 hours before your appointment.

Avoid alcohol for 24 hours before treatment.

Avoid hair colouring, bleaching, or chemical treatments for at least 7 days beforehand.

Inform your practitioner of any medications, medical conditions, recent treatments, or scalp concerns.

Ensure there are no active scalp infections, open wounds, or irritation in the treatment area.

After Your Treatment

Keep the treatment area clean and allow the active ingredients to absorb into the scalp.

Stay well hydrated to support healing and scalp regeneration.

Continue using any recommended homecare products.

Protect your scalp from direct sun exposure.

Follow your personalised treatment plan for optimal results.

After Treatment

Avoid:

Washing your hair.

Touching, scratching, or rubbing the scalp.

Hair styling products, oils, and dry shampoo.

Intense exercise causing excessive sweating.

Swimming, saunas, steam rooms, and hot tubs.

Direct sun exposure.

Hair colouring, bleaching, perming, or chemical treatments.

Harsh scalp scrubs or exfoliants.

Aggressive scalp massage.

What Can I Expect After Treatment?

Many clients experience:

✓ A healthier, revitalised scalp

✓ Improved scalp circulation

✓ Enhanced absorption of active ingredients

✓ Reduced hair shedding over time

✓ Stronger, healthier-looking hair

Possible Temporary Effects

It is normal to experience:

Mild redness

Scalp tenderness

Slight warmth

Tightness or sensitivity

These effects usually settle within 24-48 hours.

To Maximise Your Results

Complete your recommended course of treatments.

Stay hydrated and maintain a healthy diet.

Use recommended scalp and hair care products.

Be consistent with treatments and homecare.

Manage stress and prioritise overall wellbeing.

When Should I Contact My Practitioner?

Please contact your practitioner if you experience:

Excessive redness or swelling

Signs of infection

Severe discomfort

Any unexpected reaction that causes concern

Healthy Scalp. Stronger Roots. Fuller Hair.
Consistency is key to achieving the best long-term hair restoration results.