

Oncology Facial Pre & Post Treatment Advice

Before Your Treatment

Arrive well hydrated and avoid alcohol for 24 hours before your appointment.

If possible, attend without make-up to allow the skin to be fully assessed.

Let your therapist know about any skin sensitivities, reactions, or areas of concern.

If you are currently undergoing cancer treatment, please ensure your medical team is aware that you are receiving complementary therapies where appropriate.

After Your Treatment

Continue to drink plenty of water to support hydration and overall wellbeing.

Allow your skin to absorb the benefits of the treatment by avoiding heavy make-up for the rest of the day where possible.

Avoid swimming, saunas, steam rooms, and excessive heat for 24 hours.

Use gentle skincare products and follow any personalised homecare recommendations provided.

Protect your skin with SPF when outdoors, as cancer treatments can increase skin sensitivity.

Take time to rest and enjoy the sense of relaxation and wellbeing following your treatment.

Please note: Oncology facial treatments are adapted to your individual needs and are designed to promote comfort, relaxation, and skin wellbeing. They are not intended to diagnose, treat, or cure any medical condition.