

BIO MESO PDRN Aftercare

Avoid steam rooms, saunas, swimming pools, and exposure to extreme heat for 5 days following treatment

Refrain from using active ingredients, including retinol, AHA, BHA, and high-strength vitamin C for up to 10 days

Avoid washing the hair for 6 hours post-treatment.

Light exercise may be resumed after 24 hours.

Makeup may be applied after 24 hours; however, it is advisable to avoid makeup during the peeling phase, as it may be more noticeable and less hygienic. If required, opt for a tinted SPF or mineral-based formulation

Redness and inflammation may persist for up to 72 hours following treatment. Please DO NOT use anything containing alcohol, face wipes, soap, or any other exfoliating products.

Immediately after treatment

Please refrain from applying any products or performing any treatments on the skin for 24 hours following your procedure. Spicules may remain within the skin for up to 72 hours; therefore, it is normal to continue to experience their presence post-treatment. These spicules are not absorbed by the body and will naturally be eliminated as epidermal cell turnover occurs. Avoid excessive rubbing or manipulation of the treated area.

2-7 days after treatment

It is advised to use the GENOSYS homecare products to ensure you are protecting your skin barrier and enhancing your results.

Protect the treated skin from sun exposure following the procedure. Apply a non-irritating, broadspectrum sunscreen daily, as the skin is particularly sensitive to UV radiation during the posttreatment period. Unprotected sun exposure may increase the risk of pigmentation changes, including freckles or hyperpigmentation.

Pruritus (itching)

Mild itching is a normal post-treatment response. If this occurs, gently pat the skin using your recovery serum or toner, or lightly dampen the area with a cotton pad as required. Avoid scratching or rubbing dry or itchy areas, as this may increase irritation and discomfort.

Desquamation (peeling)

Skin peeling may occur from approximately day three post-treatment. Do not forcibly remove peeling skin. Instead, ensure the skin is kept well moisturised. Premature removal of desquamating skin may disrupt the healing process and increase the risk of irritation or scarring.