



THE CANTIAGUE
FIGURE SKATING CLUB
Welcomes you to our 51st Annual

***2020 NASSAU COUNTY
FIGURE SKATING CHAMPIONSHIPS***

****IJS MINI SYSTEM WITH VIDEO AND CRITIQUES ****

FRIDAY, SATURDAY & SUNDAY
MAY 15TH - MAY 17TH

Hosted by
NASSAU COUNTY DEPARTMENT OF RECREATION AND PARKS

Sanctioned and Approved by

SANCTION # 29163



FOR INFO: WWW.CFCSKATINGCLUB.ORG



**51st Annual
Nassau County Figure Skating Championship Competition
Hosted by Cantiague Figure Skating Club and Nassau County Parks
Cantiague Park Ice Rink, 480 W John Street, Hicksville, NY 11801
IJS Mini System (w/Video)
Friday May 15th – Sunday May 17th, 2020**

The Nassau County Championships will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

SERIES INFORMATION: The Nassau County Championships is part of the **U.S. Figure Skating Excel Series**. In order for skaters to earn points within the Excel Series, they must be registered with U.S. Figure Skating as an Excel Series participant by March 1, 2020 or prior to their first series competition (whichever comes first). To register with U.S. Figure Skating please go to **USFSA Excel Series Registration**, however skaters do not have to be part of the Excel Series to compete in the Nassau County Figure Skating Championships.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline, in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Age restrictions/requirements: Singles free skate events (Well Balanced Program) have the following requirements.

- Juvenile: Girls – 12 years of age or younger; Boys – 13 years of age or younger
- Open Juvenile: Girls – 13 years of age or older; Boys – 14 years of age or older
- Intermediate must be under the age of 18
- Adults must be 21 years of age or older

Skaters entering Preliminary and lower events will be divided as closely as possible by age, should the number of entries warrant more than one group. The Cantiague FSC reserves the right to sub divide any event if necessary, and to cancel any event if there are fewer than two entries. It is our intent to have separate events for females and males, however, we reserve the right to combine males and females in any events.

FACILITIES: The competition will be held at **Cantiague Park Ice Rink**, 480 West John Street, Hicksville, NY 11802. The Rink Phone is (516) 571-7056 for **directions only**. They do not have a schedule or competition information. There is only one rink, which measures 85 feet wide by 200 feet long. A snack bar and vending machines are located within the building. There are no designated locker rooms or changing areas, only restrooms. Please click here to review the [Locker Rooms and Changing Area policy](#). More detailed information can be found in the [SafeSport Handbook](#).



LIABILITY: U.S. Figure Skating, Cantiague Figure Skating Club, and Nassau County Parks accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

ENTRIES: Participants should complete entry online through **EntryEeze.com**. The **deadline** for online registration is **Wednesday April 15, 2020**. Official Paper Entry Form can be mailed and postmarked by April 15, 2020 with an additional \$25.00 fee. Acceptance of late entries shall be at the discretion of Chief Referee. A fee of **\$25.00** will be charged for any changes due to incorrect entry choice to event levels after the close of entries. **No event/level changes (not due to a LOC error) will be honored after the entries are sent to the chief referee for scheduling. Coaches please approve your skater entries before the deadline.**

Competition Fees are as follows:

All Basic Skills (Compete USA) Events (Snow Plow Sam, Basic 1-6/Pre-Freeskate- FreeSkate 6- Music and Compulsory Programs) are \$ 70.00, Additional Basic Skills Events are \$ 40.00.

All 6.0 Events (No Test - Preliminary, Showcase, Compulsories, Excel Beginner/High Beginner/ Pre-Preliminary/Preliminary and Adult Pre-Bronze/Bronze) are \$ 110.00, Additional 6.0 Events are \$ 70.00.

IJS Events (Well-Balanced Pre-Juvenile to Senior, Excel Preliminary Plus to Senior and Adult Silver/Gold) are \$130.00, Additional IJS Event are \$110.00.

REFUND POLICY: Entry fees will not be refunded after **Wednesday April 15, 2020** unless the competition or the event is canceled. There will be no refunds for medical withdrawals. The **online processing fees are not refundable**. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$30 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events.

SCHEDULE: Competitors may be scheduled on any day or time for the announced dates of the competition. Notification of competition and practice ice times will be available on our website, CFSCskatingClub.org and through EntryEeze.com.

The following schedule is **tentative** and subject to change due to the number of competitors:

IJS and 6.0 events will be on Friday May 17th (after 4pm) and Saturday May 18th from 9am until approximately 8pm. **ALL** Basic Skills events will be on Sunday May 19th starting at 9am.

MUSIC: The official competition music must be on CD-R media [no CD-RWs] and turned in at the registration table at the time of check-in. Due to compatibility and reliability, music may NOT be submitted on re-recordable "CD-RW" discs. CDs must be clearly marked with the skater's name and event. **Each CD must have only ONE (1) track and be in good physical condition (no scratches or fingerprints)**. Lead-in time (time before the music begins) on CD may not exceed two (2) seconds. A duplicate CD should be readily available at rink side during the competition. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the Cantiague Figure Skating Club cannot be responsible for CDs left at the end of the competition. There is NO MUSIC UPLOAD in ENTRYEEZE.

REGISTRATION: Online Registration will end on **Wednesday April 15, 2020** at 11:59pm. Check-in registration during the competition will be open one to two hours before the first event and run through the last event of the day. The registration table will be located in the rink area. Please register promptly upon arrival. **Skaters MUST check in at least one hour prior to the event.** Please have your music ready at check-in. While every effort is made to adhere to the posted schedule, events may run early or late.

PRACTICE ICE: Practice ice pre-orders can be reserved through EntryEeze.com. Spaces will be filled when the schedule is posted. Telephone or e-mail requests will not be accepted. Walk-ons can pay (cash only) at the registration desk on the day of the event if there is room on the session. Music will not be played at practice sessions. Practice Ice will be offered before Competition start each day of events, and if time warrants, throughout the day on Saturday.

JUDGING SYSTEM:

The **International Judging System (IJS)** with video will be used for the following events: Well Balanced Pre-Juvenile - Senior, Intermediate - Senior Short program, Excel Preliminary Plus – Senior, Adult Silver and Gold Events.

All competitors skating in these events need to submit the **Planned Program Content** form online through Entryeze.com by **Wednesday April 15th**. After Friday May 1st, there will be a **late fee of \$25**. Technical Critiques for IJS Events will be offered depending on the availability of Officials and adequate amount of time in the schedule. Please check at the Registration Desk for the exact time and location of critiques. There will be no final rounds for IJS Events.

The **6.0 Judging System** will be used for: No Test, Pre-Preliminary, and Preliminary Events (Music Programs & Compulsories), All Showcase Events, Excel Beginner, Excel High Beginner, Excel Pre-Preliminary, and Excel Preliminary Events, Adult Pre-Bronze and Bronze Events. Non-US Figure Skating judges may be used to judge Basic Skills events. The selection of officials will comply with the rules for competitions as set out in the US Figure Skating Rulebook and within the criteria developed for US Figure Skating Basic Skills competitions.

PHOTOGRAPHY/VIDEOGRAPHY: The competition will be videotaped by a professional. Every Competitor will receive a **FREE DVD** for each event entered. There will be no still photographer. If you use your own camera, it must be battery powered. **No tripods or flash photography will be permitted.** By entering this Competition, permission is hereby expressly granted to Catiague Figure Skating Club to use any photographs or likeness of our skaters in advertising, promotional materials, etc.

AWARDS: For Basic Skills competitors, trophies will be awarded to 1st, 2nd, and 3rd place winners, and medals to **all** other Basic Skills competitors. For all other 6.0 and IJS events, trophies will be awarded to the 1st place winners, and medals will be awarded to the 2nd and 3rd place winners.

OFFICIAL NOTICES: An official bulletin board will be maintained on Catiague Figure Skating Club's website at CFSCskatingClub.org. A tentative schedule of events and practice ice times will be posted approximately 1- 2 weeks prior to the competition on EntryEeze.com. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event.

TEST CREDIT: Skaters that meet the requirements for test credit may request their test credit packet at registration. Forms must be handed in and picked up at the registration desk **prior** to the end of the competition. You can purchase the packet for \$10 at the Registration Desk or pre-purchase it on Entryeze, and it will be ready for pick-up approximately 15-30 minutes after your event ends. The packet will not be available after the IJS Competition Events end on Saturday evening. Test Credit is only available for Well-Balanced Juvenile- Senior Free Skate Events. IJS Excel Free Skate events are not eligible for test credit as the program components are not compatible.

CONTACT INFO: If you have questions, you can send an **Email** (please include your phone number if we need to contact you) to **catiaguefigureskatingclub@gmail.com**.

IMPORTANT NOTICE FOR ALL COACHES:

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the following requirements:

Coaching U.S. Figure Skating athletes:

- Current member in good standing with U.S. Figure Skating
- Completed background check (green light status)
- Completed SafeSport Training*
- Continuing Education Requirements (CERs) for the 2018-19 Competition Season
- Proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

Coaching Compete USA athletes:

- Learn to Skate USA Instructor membership OR U.S. Figure Skating full membership
- Completed SafeSport Training* (for coaches 18 years old and over)
- Completed background check (green light status) (for coaches 18 years old and over)
- Learn to Skate USA Instructor Certification completed (for coaches under 18 years old)

*SafeSport training is available through www.usfsaonline.org for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training and certification is valid for 2 seasons

The LOC will have a list of compliant coaches who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy.

If a foreign coach has only foreign athletes at your competition, a background check and SafeSport Training is not required. Instead, the coach must submit a letter from their Federation stating they are a member in good standing.

For more information regarding Coach Compliance, please visit:
<http://usfsa.org/content/Coaches%20Requirements%20Chart.pdf>

EVENTS OFFERED See current [rulebook](#) or click each event for current rules and requirements.

FREE SKATE & SHORT PROGRAM SINGLES With MUSIC

[Compete USA Basic Snowplow Sam- Free Skate 6 Program](#)

[Singles Short Program](#) (Intermediate - Senior)

[Singles Well Balanced Free Skate](#) (No Test - Senior)

[Excel Free Skate](#)

SHOWCASE AND COMPULSORY MOVES – SINGLES

[Showcase- Light Entertainment](#) (Basic 1-6, Pre-FreeSkate - FreeSkate 6, No Test/Pre-Preliminary, Preliminary, Adult (All Levels))

[Compete USA Basic Elements Snowplow Sam – Free Skate 6](#)

[Compulsory Moves](#) (No Test, Pre-Preliminary, Preliminary)

ADULT EVENTS

[Adult Singles Free Skate](#) (Pre-Bronze - Gold)

Official Entry Form: 2020 Nassau County Skating Championships

Name:		U.S. Figure Skating #	
Date of Birth:	Sex:	Phone:	
Address:			
Email:			
Name of parent or guardian:			
Highest MITF test:		Highest free skate test:	
Home figure skating club:			
Coach name:			
Coach email:		Coach cell phone:	

Please mark an "X" in the box next to events you are entering.

Basic Skills Music Program	<input type="checkbox"/>	Basic Skills Compulsory (No Music)	<input type="checkbox"/>	6.0 Well-Balanced Music Program	<input type="checkbox"/>	IJS Short Music Program	<input type="checkbox"/>
Snowplow Sam		Snowplow Sam		No Test		Intermediate *IJS	
Basic 1		Basic 1		Pre-Preliminary		Novice *IJS	
Basic 2		Basic 2		Preliminary		Junior *IJS	
Basic 3		Basic 3				Senior *IJS	
Basic 4		Basic 4		Excel Music Program	<input checked="" type="checkbox"/>		
Basic 5		Basic 5		Excel Beginner		IJS Freeskate Music Program	<input checked="" type="checkbox"/>
Basic 6		Basic 6		Excel High Beginner		Pre-Juvenile *IJS	
Pre Freeskate		Pre Freeskate		Excel Pre-Preliminary		Open Juvenile *IJS	
Freeskate 1		Freeskate 1		Excel Preliminary		Juvenile *IJS	
Freeskate 2		Freeskate 2		Excel Preliminary Plus *IJS	<input checked="" type="checkbox"/>	Intermediate *IJS	
Freeskate 3		Freeskate 3		Excel Pre-Juvenile *IJS		Novice *IJS	
Freeskate 4		Freeskate 4		Excel Pre-Juvenile Plus *IJS		Junior *IJS	
Freeskate 5		Freeskate 5		Excel Juvenile *IJS		Senior *IJS	
Freeskate 6		Freeskate 6		Excel Juvenile Plus *IJS			
				Excel Intermediate *IJS			
				Excel Intermediate Plus *IJS			
All Showcase Events	<input checked="" type="checkbox"/>	Adult Music Program	<input checked="" type="checkbox"/>	Excel Novice *IJS		Compulsory (No Music)	<input checked="" type="checkbox"/>
Basic 1-6		Adult Pre-Bronze		Excel Junior *IJS		No Test	
Pre-FS-Freeskate 6		Adult Bronze		Excel Senior *IJS		Pre-Preliminary	
NoTest/Pre-Prelim		Adult Silver *IJS				Preliminary	
Preliminary		Adult Gold *IJS					
Adult (All Levels)							

*** IJS must register Planned Program Content through Entryeze by April 15, 2020. After May 1st, there will be a late charge of \$25.00. All Music must be uploaded by April 15th or entry is incomplete.**



First Compete USA/Basic Skills Event	\$ 70.00	\$ _____
Additional Compete USA/Basic Skills Event	\$ 40.00	\$ _____
First Excel 6.0 (Beginner – Preliminary), WB Singles (No Test – Preliminary), All Compulsories, All Showcase and Adult Pre-Bronze/Bronze Event	\$110.00	\$ _____
Additional 6.0 Events	\$ 70.00	\$ _____
First IJS* Event (Pre-Juvenile–Senior, Excel Preliminary Plus- Senior, Adult Silver/Gold)	\$130.00	\$ _____
Additional IJS* Event	\$110.00	\$ _____
Paper Entry Fee	\$ 25.00	\$ _____
Total Amount Enclosed		\$ _____

* IJS must register Planned Program Content through Entryeze by April 15, 2020. After May 1st, there will be a late charge of \$25.00.

Participants are encouraged to submit Entry online at www.EntryEeze.com. Paper entries must be **postmarked by Wednesday April 15, 2020** and require an **additional \$25.00 fee**. Acceptance of late entries shall be at the discretion of the Chief Referee. A fee of **\$25.00** will be charged for any changes due to incorrect entry choice to event levels after the close of entries. Enclose this official form with a check or money order payable to **CFSC** and mail to:

Cantiague Figure Skating Club
c/o Cantiague Park Rink
Attention "Nassau County Figure Skating Championship"
480 West John Street
Hicksville, N. Y. 11801

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT OR THE COMPETITION IS CANCELED.

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the competitor and family holds the Cantiague FSC and Nassau County Parks harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Instructor/coach has verified that the skater is entered in the correct level.

The Program Director/Club Officer has verified that the skater is current and in good standing.

Parent/Guardian Signature _____ Date _____

Competitor Signature _____ Date _____

Instructor/Coach Signature _____ Date _____

Program Director/Club Officer _____ Date _____



Cantiague Figure Skating Club Nassau County Championship Competition
Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement

In consideration of participating in CFSC activities, I represent that I understand the nature of figure skating activities (activity) and that I am qualified, in good health and in proper physical condition to participate in such "activity". I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the "activity".

I fully understand that this "activity" involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by own actions, or inactions, those of others participating in the "activity", the conditions in which the activity takes place, or the negligence of the "releasees" named below; that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation.

I hereby release, discharge, and covenant not to sue the CFSC, United States Figure Skating, it's directors, administrators, sponsors, volunteers, agents, employees, staff, instructors, trainers, other participants, if applicable, owners, lessors of premises on which "activity" takes place (each considered one of the Releasees herein) from all liability, claims, demands, losses, the damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise including negligent rescue operation; and I further agree that if, despite this release, waiver of liability, and assumption of risk, I, or anyone on my behalf, makes a claim against any of the Releasees, that I will indemnify, save hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

The CFSC has the right, but not the obligation, to provide rules, regulations and/or ice monitors for this event. We hereby acknowledge that the Cantiague Figure Skating Club shall not be responsible for the supervision of the participants at this event.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have freely and without inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

_____ Print Name of Participant

_____ Phone: _____

Address _____

_____ Date: _____

Signature of Participant (Age 18 or older)

PARENTAL CONSENT AND INDEMNIFICATION AGREEMENT

I, the minor's parent and or legal guardian, understand the nature of the above referenced activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such "activity". I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss and liability, damage, or cost any Releasees may incur as the result of any such claim.

Printed Name of Parent/Guardian

_____ Date: _____
Signature of Parent/Guardian