



*THE CANTIAGUE
FIGURE SKATING CLUB
Welcomes you to our 56th Annual*

2026 NASSAU COUNTY FIGURE SKATING CHAMPIONSHIPS

****IJS MINI SYSTEM WITH VIDEO****

**FRIDAY, SATURDAY & SUNDAY
MAY 15TH - 17TH 2026**

Hosted by
NASSAU COUNTY DEPARTMENT OF RECREATION AND PARKS
SANCTION # 36341

Sanctioned and Approved by



FOR INFO: WWW.CFCSKATINGCLUB.ORG



Nassau County Figure Skating Championships

Fri May 15th, Sat May 16th, Sun May 17th 2026

Hosted by Cantiague Figure Skating Club & Nassau County Parks

Cantiague Park Ice Rink, 480 West John Street, Hicksville, NY 11801

I. COMPETITION OVERVIEW

The **Nassau County Figure Skating Championship** will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and/or [current Compete USA handbook](#) as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, Learn to Skate USA® member, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

SERIES INFORMATION:

The **Nassau County Figure Skating Championships** has been approved by U.S. Figure Skating as an **Excel Series Event**. Skaters must register in EMS to participate in the Excel Series prior to competition in order to have their points recorded and seen in the standings. Each skater who registers with U.S. Figure Skating as a participant in the 2026 Series will receive an Excel Series Participant number upon successful payment and registration. This registration and number are required to enter the competition as a Series participant and accrue points. Excel Series events will be run as per Rule 3060 in the current U.S. Figure Skating Rulebook. Please refer to the Excel Series Handbook for specific Eligibility, Test Levels and Age Restrictions.

II. ELIGIBILITY

Singles: Excel and Well-Balanced Events:

- Skaters must meet at least the minimum singles test requirements for the event's level. A skater's singles test level may be higher than the minimum requirement.
 - o Skate Up: skaters may skate up one level higher than their minimum test requirement allows.
- Skaters may not register for an event level lower than allowed by their competitive floor. An athlete's competitive floor is set by one of the following scenarios:
 - o If an athlete has a paid EMS series application for the NQS series, the event level registered for in the most recent NQS will become the lowest level they may compete at in any U.S. Figure Skating sanctioned event.
 - o If an athlete has a paid EMS series application for the Excel Series, the event level registered for in the most recent Excel series will become the lowest level they may compete in any Excel event. For Well-Balanced and Specialty events the skater will be permitted to register at one level lower than the "floor" set by their excel series entry.
 - o If an athlete has never had a paid EMS series application in the NQS or Excel series, the athlete may select their level based on their goals and technical skills as long as the minimum test requirements are met.
- Skaters are not permitted to enter an Excel free skate and a Well-Balanced free skate event at the same competition (example: Juvenile Girls Free Skate and Juvenile Girls Excel Free Skate). However, they are permitted to enter an Excel and a Well-Balanced event of different types such as a short program (if stand-alone event option), specialty or showcase events (example: Intermediate Women Short Program and Intermediate Women Excel Free Skate).
- For more details about establishing event levels, refer to the information sheet [HERE](#) or email events@usfigureskating.org.

EVENTS OFFERED:

- **U.S. Figure Skating Program Requirements:** usfigureskating.org --> Skate --> Compete --> Program Requirements
- **Compete USA Program Requirements:** learntoskateusa.com/competeusa

On the program requirements page linked above, competitions that fall within the date range beside the program requirements must use those requirements.

SINGLES	JUDGING	1st Event Price	2nd Event Price
Excel Free Skate (Preliminary Plus – Senior)	IJS	<i>\$200</i>	<i>\$150</i>
Well Balanced Short Program (Intermediate – Senior)	IJS	<i>\$200</i>	<i>\$150</i>
Well Balanced Free Skate (Pre-Juvenile – Senior)	IJS	<i>\$200</i>	<i>\$150</i>
Adult Free Skate (Adult Pre-Bronze – Gold)	IJS	<i>\$200</i>	<i>\$150</i>
Excel Pre-Preliminary Free Skate	6.0	<i>\$150</i>	<i>\$150</i>
Well Balanced Pre-Preliminary – Preliminary Free Skate	6.0	<i>\$150</i>	<i>\$150</i>
COMPETE USA EVENTS	JUDGING	1st Event Price	2nd Event Price
Snowplow Sam-Basic 6 Program w/ Music	6.0	<i>\$80</i>	<i>\$80</i>
Aspire 1-4 Program w/ Music	6.0	<i>\$125</i>	<i>\$125</i>

OUR COMMUNITY:

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understand its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

NON-DISCRIMINATION:

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating's SkateSafe® Program receives, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating's Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit www.USFigureSkating.org/SkateSafe or email SkateSafe@USFigureSkating.org.

COMPLIANCE:

For full details about participant compliance requirements, refer to the U.S. Figure Skating SkateSafe® webpage: <https://www.usfigureskating.org/skatesafe#compliance>.

COACHES

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into two categories, Coach Compliance (includes choreographers) and Learn to Skate USA® Instructor Compliance. Details regarding compliance requirements can be found [in](#) Members Only, click the blue "COACH" button. All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

Coaches of foreign athletes: If you are a coach of a foreign athlete only, you are not subject to U.S. Figure Skating coach compliance and will only be asked to provide a letter of good standing for the federation your athlete represents.

With EMS, coaches must be included within a skater/team's registration or updated through their EMS Skater Portal via "[My Coaches](#)". All coaches declared at the time of registration will be included in the registration confirmation email. Note: There is no registration approval process within EMS as the data (membership and test level) is tied to the U.S. Figure Skating database. Non-compliant coaches will receive automated email reminders through the start of the competition.

EMS Coach Resources:

- [My Competitions](#)
- [My Skaters](#)
- [Coach Schedule](#)

III. REGISTRATION INFORMATION:

Online registrations will be accepted via [EMS](#). Payment must be made at the time of registration by credit card only. Each transaction includes a 3% non-refundable Processing Fee. Any participant that requests an Event change after the deadline will be charged a \$50 processing fee. Please verify with your coach that you are registered for the correct event before the registration deadline.

Registration Deadline: 04/7/2026 at 11:59 ET-- There will be no Late Registration

***The host club reserves the right to close registration early if event capacity is met**

1. Go to www.usfsaonline.org
2. Enter your U.S. Figure Skating or if Compete USA events are offered, your Learn to Skate USA® member number and password
 - a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Click EMS then "Competition Registration"
4. Choose "**Nassau County Figure Skating Championships**" from the list of nonqualifying competitions.
 - a. If you need assistance completing your registration, contact productsupport@usfigureskating.org.

FOREIGN SKATERS:

Non-U.S. skaters intending to register for this competition must set up a non-member account prior to registering for the competition ([click here for HOW TO](#)). This can be done by choosing the "Non-Member? Create Account" option on the [Members Only](#) login page.

TEST CREDIT:

Test Credit will be offered at our competition, review the [IJS Protocol for Test Credit](#) document to be sure your level is eligible. It is recommended to register through EMS with your competition registration, however you can also sign up at the registration desk during the competition **prior** to your event (cash only). Any athlete seeking IJS Test Credit is responsible for all steps outlined in the "For Athletes" section of the [IJS Protocol for Test Credit](#) document. This includes submitting your Test Credit Packet and coach statement to your club for official processing within the permissible timeline.

MUSIC SUBMISSION/UPLOAD:

EMS MUSIC UPLOAD: Competitors participating in events with music are required to upload their music to EMS no later than **May 1st at midnight**. After this date, skaters will be locked out of this feature and subject to a **\$50 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

Competitors must also have available a backup copy of their competition music on a cell phone and it must be immediately available rinkside whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

PLANNED PROGRAM CONTENT (PPC) SUBMISSION/UPLOAD – FOR IJS EVENTS ONLY:

EMS PLANNED PROGRAM CONTENT (PPC) – Competitors participating in IJS events are required to submit PPC in EMS no later than **May 1st at midnight**. After this date, skaters will be locked out of this feature in EMS and subject to a **\$50 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

EMS PPC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

REFUND POLICY

Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. Processing fees are non-refundable.

LIABILITY:

U.S. Figure Skating, Learn to Skate USA®, Cantiague Figure Skating club and Nassau County Parks accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

IV. COMPETITION DETAILS

FACILITIES:

Cantiague Park Ice Rink
480 W John Street, Hicksville NY 11801
<https://cfscskatingclub.org/>

There is only one rink, which measures 85 feet wide by 200 feet long.

LOCKER ROOMS AND CHANGING AREAS:

Locker rooms and changing areas will not be available in this competition. All athletes are expected to arrive at the arena ready (costumes, hair, make-up etc.). Athletes will be provided with an area to put skates on but changing will not be permitted in these spaces.

U.S. Figure Skating Travel Policy:

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors who are at least 8 years of age or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe® Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe® Handbook](#).

OFFICIAL WEBSITE & UPDATES:

It is the responsibility of each competitor, parent and coach to check the [Cantiague Figure Skating Club website](#) frequently for any schedule changes and/or additional information pertaining to the competition. Skating orders and Results for this competition will be posted online only (no paper posted results). The link to the online U.S. Figure Skating Leaderboard will be posted on our [website Competition page](#).

ADDITIONAL INFORMATION:

There will be no critiques at this competition.

SCHEDULE

The schedule is prepared by the competition referee and is based on the number of skaters, the events entered and the availability of competition officials. Competitors may be scheduled on any day or time during the announced dates of the competition. No IJS events will be held on Sunday. No time requests can be honored for this competition. The competition and practice ice schedule will be available after the close of entries, approximately two weeks prior to the event. All participants will be notified via email once available.

The following schedule is **tentative** and subject to change due to the number of competitors: All IJS and 6.0 events will be on Friday and/or Saturday. All Basic freeskate and Aspire levels will be on Sunday.

PRACTICE ICE:

You must purchase Practice ice through the [EMS Competition Portal](#). After the schedule is posted, there will be an **open sales** period (approximately 2 weeks before competition) when all practice ice will be posted and can be purchased until there are no spaces left or one day prior to the competition start date. **NO PRE-SALES** will be offered. Telephone or e-mail requests will not be accepted. Walk-ons may be accepted **only** if there is room on the session. Music will not be played at practice sessions. Practice Ice will be offered **before** Competition starts each day of events. There will be no practice ice during the day as we only have one ice surface. Only one practice ice per event is permitted. The cost per session is **\$20 per 15 minute session**.

ONSITE CHECK-IN:

Onsite Check-in will be open one hour before the first event of the day and run through the last event of the day. The registration table will be located inside the building entrance. Please register/check in promptly upon arrival. Skaters **MUST** check in at least 30 minutes prior to their event. While every effort is made to adhere to the posted schedule, events may run early or late.

AWARDS:

Award Ceremonies will be held throughout the day approximately 30-60 minutes after results are posted for each event. Please check at the Registration desk for times and locations.

For Basic and Aspire levels, trophies will be awarded to 1st, 2nd, and 3rd place winners, and medals to 4th and 5th Place competitors.

For all 6.0 (Pre-Preliminary and higher), all Excel and all IJS events, medals will be awarded to the 1st, 2nd and 3rd place winners.

VOLUNTEER INFO:

Skating clubs are run by volunteers and at Cantiague FSC we encourage and value volunteerism by all in our community, including our young skaters. If possible, take the time to volunteer with us. Please contact us at cantiaguefigureskatingclub@gmail.com to let us know if you are interested in helping at our competition.

CONTACT INFORMATION:

All Competition information will be maintained on our website: <https://cfscskatingclub.org/>

If you have questions, please send an Email (please include your phone number if we need to contact you) to cantiaguefigureskatingclub@gmail.com.

PHOTO/VIDEO:

If you use your own camera, it must be **hand-held** and battery powered (**No tripods or flash photography permitted**). Photography or recording for any commercial purpose is strictly prohibited. **Note, per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited.** By entering this Competition, permission is hereby expressly granted to Cantiague FSC to use any photographs or likeness of our skaters in advertising, promotional materials, etc.

The competition will be videotaped by Vision Photo & Video. Every Competitor will receive a **FREE DVD** for each event entered. The videotape will not contain music. Live and on-demand streaming, and sales and distribution of U.S. Figure Skating sanctioned and approved events, programs, and activities that include the playback of music is strictly prohibited. This prohibition does not apply to the distribution of footage that does not include music. Questions about this can be directed to music@usfigureskating.org.

Glykis Photo will be offering action photography at our event. You must Pre-Order your package on their site GlykisPhoto.com. Please note that Glykis Photo will only photograph skaters who have pre-ordered a photo package.