

---

# PREVENTING AND COUNTERING SCHOOL-BASED HARASSMENT

A Resource Guide for K–12 Educators



NORTHWEST REGIONAL EDUCATIONAL LABORATORY  
Equity Center

REVISED EDITION

NORTHWEST REGIONAL EDUCATIONAL LABORATORY (NWREL)

Dr. Carol Thomas, Chief Executive Officer

101 S.W. Main Street, Suite 500

Portland, Oregon 97204-3297

Equity Center

Joyce Harris, Director

Telephone: (503) 275-9603

Fax: (503) 275-0452

Internet: [eqcenter@nwrel.org](mailto:eqcenter@nwrel.org)

Home Page: <http://www.nwrel.org/cnorse/>

Writing: Melissa Steineger

Editing: Barbara Warren-Sams, Joyce Harris

Design: Denise Crabtree

Desktop publishing: Michael Heavener

Technical editing: Eugenia Cooper Potter

Cover Photo: John Henley, The Stock Market

# PREVENTING AND COUNTERING SCHOOL-BASED HARASSMENT

A Resource Guide for K–12 Educators

REVISED EDITION

Melissa Steineger

July 2001



NORTHWEST REGIONAL EDUCATIONAL LABORATORY  
Equity Center  
Revised 2001

---

## About This Publication

This publication is based on work supported wholly or in part by grant number S004D60006 and S004D990005 from the U.S. Department of Education. The content of this document does not necessarily reflect the views of the department or any other agency of the United States government. Permission to reproduce this publication in whole or in part is granted with the acknowledgment of the Northwest Regional Educational Laboratory Equity Center as the source on all copies.

Comments or queries may be directed to Joyce Harris, Director, Equity Center, Northwest Regional Educational Laboratory (NWREL), 101 S.W. Main Street, Suite 500, Portland, Oregon 97204. Ms. Harris may be reached by phone at (503) 275-9603 or you may use our toll-free number, (800) 547-6339.

## About the Equity Center

The center is one of 10 regional equity assistance centers funded by the U.S. Department of Education to provide equity training and technical assistance within the larger context of school improvement. The center serves public school personnel, school board members, students, parents, and other community members in Region X—the Northwest (Idaho, Oregon, and Washington), Alaska, and the Pacific, including American Samoa, Guam, Hawaii, the Commonwealth of the Northern Mariana Islands, and the Republic of Palau.

## Discrimination Prohibited

No person in the United States shall, on the grounds of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance, or be so treated on the basis of sex under most education programs or activities receiving federal financial assistance.

## Preface

This revised edition of *Preventing and Countering School-Based Harassment* is the result of two conferences on racial harassment and numerous training-of-trainer administrator workshops conducted during the past eight years by the Equity Center (formerly the Center for National Origin, Race, and Sex Equity—CNORSE) where the intersection of the issues of racial and sexual harassment have been made clear by educators in the field. Although much national attention has been focused separately on the issues of racial harassment and sexual harassment, the reality is that when one form of harassment occurs, the opportunity exists for all types of harassment. Focusing only on one type of harassment can allow another type of harassment to go unchallenged.

This guide addresses the more comprehensive issue of school-based harassment by capturing similarities in cause of, type of, and remedy for all forms of harassment while also addressing the unique and legal aspects of racial and sexual harassment, as appropriate. The hope is that the material will help school staff, families, students, and communities to create a safe and bias-free learning environment.

Appreciation is extended to director Joyce Harris and her staff members, who provided guidance and review of this publication.

Special acknowledgment is extended to Patricia A. Yates, special projects coordinator, Seattle Office, Western Division, Office for Civil Rights, for reviewing the original guide and the additional section in the revised guide entitled, “Selected Incidents and Responses.”

# CONTENTS

Introduction .....	1
Overview .....	2
What Is School-Based Harassment?.....	6
Types of Harassment.....	6
Some Guidelines .....	8
Problems Created by School-Based Harassment.....	12
Some Common Misperceptions .....	14
Legal Implications .....	16
Strategies for Preventing and Responding to School-Based Harassment .....	17
Overview.....	17
Policy .....	18
Grievance or Complaint Procedures.....	21
Guidelines .....	23
Responding to Harassment .....	23
One District’s Approach .....	24
Examine Your Actions .....	25
Professional Development and Training .....	29
Curricular Concerns .....	29
Personal Considerations for Educators .....	32
What School Employees Need To Know .....	34
What Families and Communities Need To Know .....	35
What Students Need To Know .....	37
What Is Harassment? .....	37
What Are My Rights? .....	38
What Should I Do?.....	38
Am I a Harasser? .....	40
How Can I Help Prevent or Stop Harassment in My School? .....	41
Selected Incidents and Responses ....	43
Legal Foundations .....	61
Selected Resources and References ..	64

## INTRODUCTION

*An important thing to remember in order to stop all forms of harassment is to treat family, friends, and strangers with respect.*

Every day in virtually every school, students and staff suffer the pain and indignity of being a target for harassment, ranging from written or verbal abuse to physical violence, which in some cases causes serious injury or death. In *Hostile Hallways: The AAUW Survey on Sexual Harassment in America's Schools* (1993), a national poll of students in grades 8 through 11, the AAUW reported that 80 percent had experienced some form of sexual harassment *during their schooling experience*, with some of the incidents beginning as early as first grade. Another study (O'Neil, 1993) estimates that 20 to 25 percent of students are subjected to racial harassment *during the course of a school year*.

Often the harassment happens in front of others, such as peers and school staff, yet there's a tendency to think school-based harassment happens "at other schools, but not at mine." Or that "it's all part of growing up." There may be concern about the issue, yet staff and students are uncertain about what to do. This uncertainty is the result of several factors:

- Sexual and racial harassment are just now beginning to be reported
- Students of color are less likely to report because of lack of faith in the judicial system in the United States
- Most students and staff don't know enough about harassment, or the various types, so are less likely to report
- There is frequently no procedure, or a lack of knowledge about the procedure, for reporting harassment at many school sites

Whether it is based on sex, race, color, or national origin, harassment has many commonalities. In school environments where one form of harassment occurs, others often do, too. On the other hand, many solutions to one form of harassment work for all forms and help to establish a safe, equitable environment conducive to learning. By focusing on the broader issue of school-based harassment, this guide seeks to help educators prevent or curtail all forms of harassment, but where appropriate, specific indications or solutions are presented.

Although the word "victim" has come to be emotionally charged, this guide uses "victim" or "victims" to refer to an individual who has been or individuals who have been subjected to harassment. Its use is meant to underscore the seriousness of the issue and its consequences.

This guide highlights school-based harassment issues, describes some effective remedies and prevention strategies, presents analyses of schools' responses to actual incidents of harassment, provides brief summaries of relevant legislation and court cases, and describes additional resources. The three sections on what school employees, families and communities, and students need to know can be pulled out and used as is. All materials may be reproduced as long as Northwest Regional Educational Laboratory is acknowledged on all copies.

## OVERVIEW

Although considered to be less extreme behavior than harassment, bullying in schools is recognized as a serious problem, and if ignored, bullying could lead to harassment. In a survey of school children in 30 countries, the World Health Organization found that sixth-through eighth-grade males were more likely than females to perpetrate bullying and to be targets of bullying. Conducting the U.S. portion of the study, the National Institute of Child Health and Human Development surveyed 16,686 students in public and private schools from grades 6 through 10. In the government study released April 24, 2001, Institute Director Duane Alexander called bullying "a public health problem that merits attention." Bullied children are more likely to suffer from depression and low self-esteem, even as adults, and bullies are more likely to engage in criminal behavior as adults.

Although reports or complaints of harassment in your school may be rare or nonexistent, that does not mean your school is free of this behavior. Of students who reported having been harassed in one national survey, only 7 percent had told a school representative. The New York State Occupational Education Equity Center notes that "research paints a shocking picture of the widespread occurrence of student-to-student harassment, much more widespread than in the rest of society."

School-based harassment can occur at any school activity, in classrooms, hallways, cafeterias, and on buses. A disturbing 55 percent of harassment is reported to happen in the classroom—sometimes in front of or at the hands of the teacher; and children as young as first-graders have been harassed. Harassment is a real and serious problem that affects the academic performance and self-esteem of all students—even those who are not direct targets.

For the most part, surveys on school-based harassment have looked at racial and sexual harassment separately. The results of these surveys are disturbing. For example, a national study in 1990 found that 15 percent of 10th graders believe it can be justifiable to make negative remarks based on race. The Office for Civil Rights investigated a case in which a teacher told African American students to "show the class how black people walk" and a case at another school where a teacher placed a noose around the neck of an African American student, led him around the classroom, and made him do tricks.

### Where Harassment Happens

- School hallways: 66 percent
- Classrooms: 55 percent
- School grounds: 43 percent
- Gym, playing field, or school pool: 39 percent
- Cafeteria: 34 percent
- School bus: 26 percent
- Field trip: 24 percent
- School parking lot: 18 percent
- Locker room: 18 percent
- Restrooms: 10 percent

Source: *Hostile Hallways: The AAUW Survey on Sexual Harassment in America's Schools, 1993*



In 2001, the National Center for Student Aspirations released data from their nationwide survey of nearly 70,000 students in grades 6–12 that revealed:

- ◆ Only 37 percent of respondents say students show each other respect
- ◆ Fewer than half consider themselves positive role models for other students
- ◆ Eighty percent of girls and 57 percent of boys are bothered "when others are insulted or hurt verbally"

In a 1995 teen health risk survey conducted in a large urban Northwest school district, a high incidence of racial and sexual harassment was found. Nearly 60 percent of eighth graders and 43 percent of high schoolers had received racial comments or attacks at school or on the way to or from school. Of the eighth graders surveyed, Southeast Asian students were most likely to report harassment and African American students least likely. Of the high school students surveyed, Latinos were the most likely and Southeast Asians the least likely to report harassment. One student wrote, "The overall hatred and non-acceptance from all sides is scary." Another summed up the climate with, "The biggest growing problem is racism. Each day things get a little more segregated. . . ."

In the 1995 survey, sexual harassment, while common, was reported as occurring less frequently overall than racial harassment. Thirty-three percent of eighth graders and 37 percent of high schoolers indicated they had been targets of offensive sexual comments at school or on the way to or from school. Girls, however, reported a much higher incidence of sexual harassment than boys—twice as often for eighth-grade girls and three times as often for high school girls.

Nickelodeon, the Kaiser Family Foundation, and Children Now are sponsors of an ongoing campaign, Talking With Kids About Tough Issues. They administered a telephone survey of 823 8- to 15-year-olds, with oversamples of African Americans and Latinos, between December 7, 2000, and January 18, 2001. The survey revealed that bullying, discrimination, and sexual pressures are "big problems" for today's teens and young children and that parents often expect children to bring up the "tough issues." Table 1 displays some selected results of the survey.

Table 1

Behavior	Age Range	
	Ages 8–11	Ages 12–15
<b>Percentage Identifying Behavior as Big Problem for Specified Ages</b>		
Teasing and Bullying	55	68
Discrimination	41	63
Violence	46	62
<b>Percentage Saying Kids at My School...</b>		
Get teased or bullied	74	86
Are treated badly because they're different	43	67
Are threatened with violence	38	60

Source: Kaiser Family Foundation, "Talking With Kids About Tough Issues." Retrieved from the World Wide Web on March 15, 2001, at <http://fyi.cnn.com/community/transcripts/2001/03/08/cappello/>.

In 1996, *USA Weekend* magazine surveyed 222,653 sixth- to 12th-grade students on sexual harassment. The survey appeared in 465 newspapers across the country. Eighty-one percent of the girls who completed the survey indicated they had experienced some form of sexual harassment at school compared to 76 percent of the boys who responded.

A state-level study published in 1996 by Trigg and Wittenstrom surveyed 696 eighth- to 12th-graders from nine schools in New Jersey. The study found that the responses of girls and boys differed. For example, 52 percent of girls were very or somewhat upset by a harassing incident compared to 19 percent of boys surveyed, and 44 percent of girls worry about being sexually harassed at school compared to 11 percent of boys. They also note that girls felt the negative impact of harassment more than boys. Differences for boys include that they are most disturbed by behaviors that threaten their masculinity or by being sexually harassed by other boys. Boys experienced being called gay at a higher rate than girls, and they were twice as likely to be harassed by members of their own sex as girls were.

These two studies are summarized in *Incidence and Implications of Sexual Harassment and Sexual Violence in K-12 Schools* (1999) by Nan Stein.

In a four-year survey of 225 superintendents, researchers Charol Shakeshaft and Audrey Cohan of Hofstra University found that 96 percent of the adult abusers were men teachers and that 76 percent of the victims were girl students. Some of the abusers were categorized as pedophiles, some as adults using bad judgment. Pedophiles primarily target elementary and middle school children. They may target particularly vulnerable children and put them through a series of tests to see whether they can be trusted to keep a secret, thus eliminating potential targets who would talk about the abuse. Pedophiles may court their victims by slowly introducing touching or pornography in ways that entrap the victims and make them feel responsible.

Several surveyed superintendents discovered that complaints had previously been made against the same staff member without having been formally reported to the superintendent. In many cases, the accused harasser was considered an outstanding teacher. Often teachers rallied around the accused teacher—in one case right up to the time the fourth-grade teacher confessed to abusing girls from his class for at least eight years.

The embarrassment and confusion that victims feel about being harassed is highlighted by the reporting statistics. In the AAUW survey mentioned in the introduction, 23 percent of students who were harassed said they told no one about the harassment; 7 percent told a teacher; 23 percent, a family member; and 63 percent, a friend.

Two groups in our society are particularly vulnerable to harassment:

**FEMALES OF COLOR.** A lingering racial stereotype portrays certain women of color as more available to sexual advances. The stereotype derives from persistent negative portrayals of women of color in literature and film.

**NONTRADITIONAL WORKERS.** Access to all occupations by those interested and qualified is a fairly new phenomenon in our society. Some occupations are still perceived by some people as more appropriate for one sex. Women and men who enter occupations previously dominated by the other sex may encounter resistance in the form of harassment on and off the job. Women of color may encounter resistance based on race and sex.

In the 1997 pamphlet *Sexual Harassment: It's Not Academic*, OCR advises that harassing behavior is often allowed to continue simply because students and employees are not informed about what harassment is or how to stop it. Yet, addressing school-based harassment is crucial to providing a secure learning environment for the nation's children. Further, OCR advises, when harassment is unreported or ignored when it is reported, the harassment is most likely to continue and worsen, not fade away. Ignoring school-based harassment can send the message that such behavior is acceptable or tolerated by the school. Also, in light of recent litigation, not addressing harassment can increase a school's legal liability, and administrators may be liable if they maintain a practice of indifference or disregard in concealing complaints of harassment or abuse and in discouraging student complaints about such conduct.

A crucial factor in preventing or stopping school-based harassment is for students, families, and staff to be able to recognize harassment, to understand what they can do to prevent it from occurring, and to know how to stop it if it does occur.

## WHAT IS SCHOOL-BASED HARASSMENT?

**Illegal Behavior**  
For behavior to be considered illegal, it must be unwanted, repeated, and cause harm.

School-based harassment is unwanted behavior of a nonverbal, verbal, written, graphic, sexual, or physical nature that is directed at an individual or group on the basis of race, sex, or national origin. But harassment is not about sex, race, color, or ethnicity. It is about intimidation, control, misuse of power, and the attempt to deny the victim equality. It can be blatant or subtle, a single incident or a pattern. It can happen between students, between adults, or between an adult and a student. It can happen at any age.

**Eye of the Beholder**  
The intent of the person doing the harassment makes no difference whatsoever. The person on the receiving end is the one who decides whether the behavior is offensive.

For behavior to be considered illegal, it must be unwanted, repeated, and cause harm. Just because a student or employee does not speak out or make a complaint immediately does not mean the conduct is welcome. A victim might feel that objecting would only result in increased harassment, might be embarrassed, confused, or fearful to complain or resist. Also, a target of sexual harassment may willingly participate in conduct on one occasion and decide on a subsequent occasion that the same conduct has become unwelcome.

The key perspective in a dispute over unacceptable behavior is that of the recipient of the behavior. This is what is called “the eye of the beholder.” For harassers who claim that they were only kidding or just having fun, an appropriate response is that if it hurts it isn’t funny.

In any event, the victim no longer need suffer an emotional crisis. Now the standard is whether the harassing conduct interferes with the person’s work or education. School authorities may consider the emotional reactions of the person claiming harassment, but should not require the victim to prove extreme distress. It is sufficient for the environment to detract from performance and discourage victims from remaining at the institution or taking advantage of programs or activities.

### Types of Harassment

Harassment can be blatant or subtle. General guidelines for determining whether actions constitute harassment include the severity, pervasiveness, and persistence of the behavior. While some types of harassment are determined by the repetitiveness of the behavior, certain egregious behaviors need occur only one time to be considered unacceptable and illegal. Harassment often falls into one of the following categories:

**BLATANT HARASSMENT.** Includes such things as sexually, racially, or ethnically motivated assaults, abusive graffiti, and verbal taunts and jeers meant to denigrate. Such incidents can escalate to serious abuse, violence, or death.

**INSTITUTIONALIZED RACISM.** Generally encompasses the collective effect of practices and behaviors that prevent a targeted group from fully realizing the benefits of their own efforts or from sharing in publicly supported opportunities and activities.

## Acceptable Contact

Not all physical conduct is sexual in nature. Generally acceptable behaviors might include a high school coach hugging a student who made a goal or a kindergarten teacher consoling with a hug a youngster who skins a knee.

Murray and Clark (1990), writing in the *American School Board Journal*, identified eight patterns of racism that constitute institutionalized racism in schools:

1. Hostile, insensitive acts
2. Harsher sanctions against particular ethnic groups
3. Bias in attention: public praise, help, encouragement
4. Bias in selection of curriculum
5. Unequal instruction: allowed misbehavior, unchallenging work
6. Bias in attitudes: favoritism, "You're not like other . . ."
7. Failure to hire people of color
8. Denial of racist actions

Stereotypes of racial groups in textbooks or in school plays create an atmosphere that fosters harassment and encourages more hurtful forms of behavior. Different treatment by adults such as harsher consequences for misbehavior or lower expectations in class are forms of institutionalized racism.

**QUID PRO QUO.** Submission to unwanted sexual behavior is made a condition of employment or of an educational decision such as a grade. Quid pro quo is relatively easy to recognize, but even a single incident constitutes sexual harassment. In the case of an adult and student, quid pro quo can happen even if the student appears to be a willing recipient of the behavior.

**HOSTILE ENVIRONMENT.** The behavior has the purpose or effect of creating an intimidating, hostile, or offensive working or learning environment. Like institutionalized racism, a hostile environment is subtle. Generally it must involve multiple, varied, and frequent occurrences. Schools may be held responsible for a hostile environment because schools are expected to control the educational environment. Generally, four elements must be present to make a district liable for a hostile environment:

1. Harassment must be based on a person's sex, race, or color.
2. The victim did not invite the behavior, and the behavior is unwelcome to the victim.
3. The behavior is sufficiently severe or pervasive as to alter conditions of the school climate (a single incident does not equal a hostile environment; however, schools are obligated to advise the perpetrator that the behavior is inappropriate and unacceptable).
4. The school district must have known of or *should have known* of the harassment and failed to take prompt, effective remedial action. Normally, the victim must have made a complaint to a responsible school official. However, schools can receive notice of harassment in a variety of ways, including:
  - The student files a grievance
  - The student complains to a teacher who notifies the administration

- The student, a parent, or another individual contacts the principal, campus security, or an affirmative action officer
- A responsible employee witnesses and reports the harassment
- The school receives notice indirectly—from a member of the school staff or educational community, or the media
- From a flyer posted in the school or distributed at school events

OCR uses the standard of “know or should have known” in investigating complaints. This means that if harassment occurs and the school administration *has actual notice of the harassment or if they should have known*, they are required to take appropriate responsive action.

Districts can be liable in private actions for monetary damages if: (1) the harassment is based on a person’s sex, race, or color; (2) the behavior is unwelcome; (3) the behavior is sufficiently severe, pervasive, and persistent so as to interfere with an individual’s ability to participate or benefit from school programs or activities; and (4) the official with authority to address the harassment knew of it and was deliberately indifferent.

## Synonyms for Harassment

Besiege: make anxious, encircle, beset

Harm: hurt, damage, curse, destroy, crucify, torture, threaten

Torment: annoy, nettle, provoke, disturb, exasperate

Trouble: distress, inconvenience, concern, worry, puzzle

Fatigue: weary, exhaust, wear out, wear down

Intimidate: cow, browbeat, bludgeon, bully, heckle, terrorize, demoralize

Vex: aggravate, plague, irk

Persecute: oppress, victimize, hound, hunt

## Some Guidelines

Because of the complexity of the definition of harassment and the differences in individual responses to various behaviors, it is virtually impossible to prepare a complete list of all unacceptable behaviors. However, unacceptable behaviors may be thought of in three categories:

- Clearly unacceptable: physical assault; touching someone’s genitals; repeated, defamatory insults; blocking someone’s way; stalking; and insults
- Offensive to some people and not to others: jokes, language, and teasing
- Offensive depending on how they are done: touching, compliments, and asking someone for a date

Members of the harasser's group tend to see many of these behaviors as relatively innocent or benign. Members of the affected group, however, may experience these behaviors as part of an environment that is derogatory and hurtful.

### Is it Hostile?

To determine whether a hostile environment exists, consider whether the victim viewed the environment as hostile, whether it was reasonable for the victim to view the environment as hostile, and consider all the relevant circumstances including:

- The nature of the conduct
- How often the conduct occurred
- How long the conduct continued
- The age of the victim
- Whether the conduct adversely affected the student's education or educational environment
- The degree to which the conduct affected one or more students' education
- The identity of the alleged harasser
- The relationship between the alleged harasser and the target or targets of the alleged harassment
- Whether the alleged harasser was in a position of power over the person subjected to harassment
- The number of alleged harassers
- The age of the alleged harasser
- Where the harassment occurred
- Other incidents of harassment at the school involving the same or other students

To determine whether it is reasonable for the victim to view the environment as hostile, use the "reasonable person standard": If a reasonable person of the same race or color would view the behavior as harassment or if a reasonable person of the same sex would view the behavior as harassment.

### Harassment Can Be Many Things

Harassment is unwanted behavior of a nonverbal, verbal, written, graphic, sexual, or physical nature that is directed at an individual or group on the basis of race, sex, or national origin. OCR guidance for investigating incidents of racial and sexual harassment includes analysis of the severity, pervasiveness, and persistence of the behavior. Specifically, harassment can be:



- Name calling
- Slurs that are racial, sexual, or ethnic in nature or based on sex stereotypes
- Jokes that are racial, sexual, or ethnic in nature or based on sex stereotypes
- Graffiti which is racial, sexual, ethnic in nature, or based on sex stereotypes
- Rape or sexual assault—actual, attempted, or threatened
- Turning discussions to sexual topics, sexual innuendoes or stories; asking about sexual fantasies, preferences, or history
- Vandalism
- Unwanted looks or gestures (for example, deliberate touching, leaning over, cornering, or pinching)
- Repeated unwanted letters or telephone calls
- Materials of a racist or sexual nature
- Displaying or distributing drawings that are sexually explicit, racially or ethnically demeaning, or predicated on sex stereotypes
- Pressure for sex favors
- Telling lies or spreading rumors about an individual's personal life
- Comments about a person's anatomy or looks; persistent personal questions about social or sexual life
- Giving unwanted personal gifts; hanging around a person
- Making sexist or racist gestures with hands or through body movements
- Spreading rumors about or rating other students as to sexual activity or performance
- Inappropriate staring at someone in a sexually suggestive manner
- Staring at someone in an intimidating or demeaning manner because of their race or color



## Harassers Can Be Anyone

School-based harassment can happen between adults, between students, or between an adult and a student. It can occur between people of different races and both sexes or between people of the same race or sex. Harassers can be young. Some studies supporting the young age of harassers include:

- A study by the Anti-Defamation League and the University of California at Berkeley found that “by the age of 12, children have already developed a complete set of stereotypes about every ethnic, racial, and religious group in society.” Younger children are aware of how others are like or not like them.
- In 1993, OCR found that in Eden Prairie School District in Minnesota, a second grader and seven other students had been sexually harassed. “The fact that neither the boys nor the girls were sufficiently mature to realize all of the meanings and nuances of the language that was used does not obviate a finding that sexual harassment occurred,” OCR found. “In this case there is no question that even the youngest girls understood that the language and conduct being used were expressions of hostility toward them on the basis of their sex.”
- Research by the National Center for Prevention and Treatment of Child Abuse and Neglect found that 25 percent of 1,600 sex offenders said they began abusing other children before the age of 12, and 200 sex-offender treatment centers in the United States treat children younger than 10.

## Not a Rite of Youth

Despite the research indicating the pervasiveness and debilitating effects of school-based harassment, some teachers, administrators, community members, and students still believe the examples are just childhood teasing or bullying, a normal part of growing up, or the boys-will-be-boys syndrome.

With increased public awareness of harassment, parents are invoking Title IX of the Education Amendments of 1972 and Title VI of the Civil Rights Act of 1964, and courts are increasingly drawing a line against such behavior.

### *Indications of Unexpressed Harassment*

*Increased absences*

*Decreased productivity*

*Complaints about  
personality problems*

*Changes in personality  
or behavior*

*Depression*

*Anxiety*

Still, in too many instances, schools are not reacting appropriately. *Secrets in Public: Sexual Harassment in Our Schools*, a 1993 survey for the Wellesley College’s Center for Research on Women and the NOW Legal Defense and Education Fund, found that nearly 40 percent of 4,200 girls surveyed said they were sexually harassed daily at school. Even when they told a teacher or administrator about the harassment, nothing happened in 45 percent of incidents reported.

While the boundaries may be blurry between bullying and school-based harassment attributed to sex, race, or color, bullying and harassment are not the same. Harassment involves the use of sex, race, color, or national origin to differentiate power. Younger children may not understand the words and behavior in the same way as older students,

but they do understand the power or impact that their words and behavior have on their targets.

And along with the harm to the victims of school-based harassment, bystanders are also affected. If adults allow such behavior to go unchecked and unpunished, youngsters may believe such behavior is permissible.

In the case of sexual harassment, there may be confusion about whether a behavior is flirting or harassment. To determine which it is, ask whether the behavior:

FLIRTING	HARASSMENT
Feels good	Feels bad
Is a compliment	Is degrading
Is wanted	Is unwanted
Makes one feel happy	Makes one feel sad or angry
Increases self-esteem	Hurts self-esteem

## Problems Created by School-Based Harassment

The impact of harassment on a student's educational progress and attainment of future goals can be significant and should not be underestimated. In the 1997 pamphlet, OCR advises that as a result of harassment, a student may:

- Have trouble learning
- Drop a class or drop out of school altogether
- Lose trust in school officials
- Become isolated
- Fear for personal safety
- Lose self-esteem

The American Psychological Society, in *Violence and Youth: Psychology's Response* (1993), writes that prejudice and discrimination damage the self-confidence and self-esteem of those discriminated against and lay a foundation for anger, discontent, and violence. When dissension occurs between students, harassment should be considered as a possible cause.

In the AAUW survey on sexual harassment, 23 percent of the victims of sexual harassment reported that they did not want to go to school as a result; 24 percent said the harassment had caused them to stay home or cut a class; 12 percent had thought about changing schools; and 3 percent actually changed schools.

Being harassed can make students restrict their activities to avoid further harassment, going so far as to give up sports and other extracurricular activities, changing their routes to school, or even avoiding friends.

### How It Feels

*Targets of harassment may feel confused, guilty, helpless, angry, frightened, hopeless, scared, and alone. They may think: I can't believe this is happening to me. Why me? What did I do? I hate you for doing this. If I say anything, everyone will think I'm crazy.*

Racial tension, including harassment, often leads to the isolation of racial and cultural groups within schools. In *Cooperative Learning, Multicultural Functioning, and Student Achievement* (1990), Parrenas and Parrenas note that “the problem of poor race relations among students is progressive: Each school year, students choose fewer friends outside their own ethnic or cultural group. . . . By the end of elementary school they begin to segregate themselves along race lines. Racial divisions and tensions increase through middle school, culminating by high school in students isolated from those in other racial groups. Whether or not there is the appearance of racial gangs, there is racial tension.” For a multicultural society like ours, this isolation of racial and cultural groups has far-reaching negative effects, and is acted out in the workplace.

For some students, harassment has serious consequences for their self-esteem. Forty-eight percent of all students in the AAUW survey said they were very upset or somewhat upset as a result of harassment, but 70 percent of girls compared with 24 percent of boys felt this way.

### Potential Effects of Harassment

- Depression, anxiety, shock, denial
- Anger, fear, frustration, irritability
- Insecurity, embarrassment, feelings of betrayal
- Confusion, feelings of being powerless
- Shame, self-consciousness, low self-esteem
- Guilt, self-blame, isolation
- Headaches
- Lethargy
- Gastrointestinal distress
- Dermatological reactions
- Weight fluctuations
- Sleep disturbances, nightmares
- Phobias, panic reactions, suicide
- Sexual problems
- Drop in academic or work performance
- Absenteeism
- Withdrawal from work or school
- Change in career goals
- Loss of employment or promotion

## Some Common Misperceptions

We were all most likely raised and socialized in a biased environment and may unwittingly hold biased attitudes and display biased behaviors. Behaviors that constitute harassment are often habitual and have gone unchallenged. Both harassers and victims often don't recognize that such behaviors are no longer tolerable and that targets of such behavior have avenues of recourse. Allowing biased attitudes and behaviors to go unchallenged can allow a climate conducive to harassment to develop. Some common misperceptions are:

Individuals sometimes invite harassment by the way they act or dress.

Nobody invites abuse or harassment. The key point is that individuals must be fully accountable for their own behavior. One person's attire or actions may not be used to excuse another person's abusive behavior.

Talking about harassment and the right to sue encourages people to file false complaints and lawsuits.

Even when complaints are true, victims are sometimes reluctant to proceed with a complaint because doing so might expose them to further injury and humiliation. Still, administrators should not take any official action until investigation of a complaint is complete. The accused person is entitled to all rights of due process. Students and all employees must be trained to understand that intentional false accusations will not be tolerated and those who file such complaints will receive appropriate disciplinary action.

Harassment is usually a case of one person's word against another's.

It is possible that a complaint will be filed with no corroborating evidence, such as witnesses. In that case, the investigator should listen carefully to the full account of both the complainant and the accused. If both parties are credible, the investigator may not be able to take any action other than to remind both—not as disciplinary warnings—of the laws and policies prohibiting harassment. It is possible, however, for the investigator to make a decision about who is telling the truth and even impose discipline based on discrepancies in the stories and past records of the individuals involved. The investigator should record clear reasons for any action taken.

If I see student-to-student harassment, but no one complains, I don't have to do anything about it.

Silence implies consent. One of the standards used to determine an institution's liability is whether the institution knew or should have known that illegal behavior was occurring. Staff have legal and ethical obligations to protect students being subjected to illegal behavior. A staff member's appropriate intervention should be supported by the administration. The victim may feel too intimidated to complain, or may not realize that she or he does not have to endure such treatment.

*Patterns To Watch for in Yourself*

*Discriminatory actions*

*Harsher sanctions for members of certain racial or ethnic groups or for one sex*

*Bias in positive attention (praise, help, encouragement)*

*Bias in selection of curriculum*

*Denial of racist, sexist, or ethnocentric actions*

This is just a normal part of growing up—after all, kids will be kids.

Intentionally causing someone else harm is neither normal nor natural. Excusing harassment by saying “kids will be kids” relieves perpetrators of accountability, and it does not account for adults who engage in unacceptable behavior.

Someone who complains about a little teasing just can’t take a joke.

Some behaviors may offend some people and not others. For language, jokes, and teasing to meet the definition of harassment by causing harm, most often they would have to be repeated, that is, become a pattern of behavior, unless the comments were particularly egregious. The reasonable person standard may be used to evaluate such a claim. What may be intended as a joke or harmless teasing may not be received as such. The perspective that counts is that of the beholder.

Cracking down on jokes and teasing will lead to a boring and humorless learning environment and workplace.

Anti-harassment policies are aimed at repeated, unwelcome conduct, not at friendly relations among coworkers or students. Social interaction that is mutually enjoyable is fine, as long as it doesn’t interfere with work or learning and doesn’t offend others. The aim of an anti-harassment policy is to eliminate offensive and illegal interactions, not all interactions.

If a student tells a responsible adult that he or she is being harassed, but implores that nothing be done about it, that person does not have to report the complaint.

The adult is in the delicate position of taking a course of action that will not lose the trust of the student, yet will stop the behavior causing harm to the student and protect the adult and school against liability. The adult should:

- Listen to the student’s entire story
- Tell the student that if such behavior is occurring it is illegal and the school is required to intervene
- Inform the student of recourse options
- Seek the student’s permission to consult with his or her parents or guardians and then do so
- Make a detailed record of the complaint
- Report the complaint to an administrator
- Tell the student that no action will be taken without her or his knowledge
- Arrange weekly check-ins to see how the student is doing
- Keep a record of each check-in

The administrator should immediately gather information, and then take action as appropriate. The administrator should consider issuing a general reminder to all staff and students that harassment is a violation of policy and law and will be dealt with severely.

## Legal Implications

School-based harassment is a violation of Title VI and Title VII of the Civil Rights Act of 1964 and of Title IX of the Education Amendments of 1972 (see page 61, Legal Foundations). Schools are responsible for illegal actions they know about or should have known about and are obligated to prevent harassment in the school by anyone. This means districts must react to harassment of students and employees at the hands of employees, non-employees, and students.

Federal law requires schools to have a policy against race and sex discrimination and to notify employees, students, and parents of the policy. Compliance includes monitoring and implementing proactive efforts to foster prevention. Under Title IX, schools also are required to adopt and publish grievance procedures for resolving discrimination complaints, including harassment. In addition, schools are required to have at least one employee responsible for coordinating efforts to comply with Title IX.

If a school finds there has been harassment, the obligation is to stop it and ensure it doesn't happen again, according to the U.S. Department of Education. This means ending any quid pro quo, eliminating a hostile environment, preventing harassment from occurring again and, when appropriate, correcting the effects on the student who has been harassed.

Ameliorating the effects of harassment takes judgment and common sense, the Office for Civil Rights advises. For an older student, appropriate action may mean suspension. For very young children, appropriate steps may mean a discussion of respect for others.

# STRATEGIES FOR PREVENTING AND RESPONDING TO SCHOOL-BASED HARASSMENT

*What risks are you going to take to make change in your school climate?*  
—Charles Moose, Portland Police Chief

## Overview

Adopting strong preventive measures is often the best way to confront the problem of school-based harassment. At a minimum, such measures should include:

- Strong, well-publicized policies and procedures
- Training for all district employees
- Informing students, parents, and community members about what constitutes harassment, the district's intolerance for harassment of any kind, consequences for harassment, and the recourse available for victims of harassment
- Classroom and curricular strategies for establishing and reinforcing equitable attitudes and actions

*Preventing harassment requires knowing what constitutes harassment, what to do about it, and what the root causes are.*

Other considerations include:

- Creating a coalition of teachers and students to guide and implement the approach.
- Forming relationships with community service providers. Inviting local community groups to make presentations and conduct workshops for teachers and students. Creating a directory of local and other consultants to be made available throughout the district.
- Developing strong links with the community. Family and community support is critical to the success of any effort to reduce harassment. A handbook for parents may help reduce parent concern and build support.
- Using multicultural education as a tool for harassment-free learning or working environments.

In addition, each of us needs to periodically review our own attitudes and biases. To overcome unrecognized prejudices within yourself, keep the following checklist in mind:

- Improve your communication skills. Listen. Test for understanding—yours and others. Adjust to the communication styles of others.
- Respect differences.
- Remember that when misunderstandings arise, a difference in communication styles may be the problem.
- Use language that fosters trust and alliance.



- Avoid inappropriate jokes, words, or swearing.
- Be honest about lack of specific knowledge about another culture.

Are there times when your behavior might be viewed as harassing?

- Pay attention to how others respond to what you do and say.
- Don't assume that your peers or co-workers enjoy comments about their appearance, hearing sexually or racially oriented jokes or comments, being touched, stared at, or propositioned.
- Think about the impact of what you do and say on another person's attitudes toward work, job performance, and self-esteem.
- Talk to your close friends or family members about experiences they might have had with sexual or racial harassment. As people describe the vulnerability, powerlessness, or anger they experienced as recipients of harassment, relate those feelings to experiences you have had.
- If you are a leader or supervisor, do not assume that individuals who work for you will tell you if they are offended or harassed by what you say or do. Remember that one of your employees may be "smiling on the outside, but cringing on the inside" simply because you are the boss.

Remember that harassment is against the law. Recent court decisions have resulted in both organizations and individuals paying large fines.

## Policy

Students, parents, and employees should be familiar with a district's anti-harassment policy and procedures, and schools should post copies of them in prominent places. Annual inservice trainings, assemblies, and community meetings should be held with students, employees, and the community to review the policies and procedures as well as the district's commitment to preventing and eliminating all forms of harassment. Also, the district should have a procedure in place for ensuring that all new employees are thoroughly grounded in the district's anti-harassment policies.

A strong, well-publicized policy that victims feel comfortable using is crucial for preventing school-based harassment. In addition, designating a high-level administrator to oversee and ensure compliance with laws related to harassment emphasizes the seriousness with which the district views harassment. Some elements of a strong anti-harassment policy are:

- Guidelines to help explain what constitutes harassment
- Examples of behaviors that could constitute harassment
- Consequences for harassing behavior
- Names of people—including at least one man and one woman in each building—to whom victims can go when they feel they've been harassed



- Approximate length of time it should take to investigate a complaint
- Consequences of a staff member not responding to a complaint
- How parents will be involved
- What help is available to victims and perpetrators

## Policy Responses

■ In response to parents' concern over the handling of two high-profile racial harassment incidents at a local high school and their charges of disparate treatment of students of color, a district in Washington state formed a diversity taskforce and developed a 70-page diversity plan for the district. The plan, developed with substantial community input, includes these key features: an ombuds program to investigate complaints of discrimination and harassment; a discipline recording system; annual training for all staff regarding the district's zero tolerance policy for racial harassment and discrimination; analysis of underrepresentation of students of color in honors and gifted programs; and an evaluation process to ensure diversity in class curriculum.

■ Under a 1993 settlement with OCR, a district in California had to develop a formal policy for handling complaints of racial harassment and disciplining offenders; assign an administrator to monitor racial issues; institute staff training; and appoint a community task force to study race relations in the district. This is in response to charges that a racially hostile environment existed in the schools.

■ Although the Eden Prairie School District in Minnesota had policies and procedures prohibiting sexual harassment, school staff neither understood nor applied them. When the incidents occurred—boys calling girls sexually derogatory names and physically intimidating them, among other things—district personnel tried to call such behavior “inappropriate acts,” not sexual harassment. The Office for Civil Rights ruled the behavior was in fact harassment.

### How To Publicize a Harassment Policy

The Office for Civil Rights recommends these steps to publicize an anti-harassment policy and grievance procedures:

1. Publish the policy and grievance procedures as separate documents and make copies available at various locations in school.
2. Include the policy and a summary of the procedures in the school's major publications.
3. Identify individuals who can explain how the procedures work.
4. Designate an employee with in-depth legal knowledge of harassment issues and the school's grievance procedures as your complaint investigator.

### Suggestions for Implementing a Harassment Policy

- Inform students about harassment, types of harassing behaviors, the district's prohibitions and sanctions, and how to respond if they are subjected to harassment.
- Tell parents that the district has policies against racial and sexual harassment and what they should do if their child is a target of harassment.
- Inform the community that the district does not tolerate harassment.
- Train teachers to recognize, prevent, and counteract harassment. Have awareness sessions at each school. Focus on an overview of the problem of harassment among peers; what the survey research data say about peer harassment; curricula and supplementary resources for teaching students appropriate behaviors; policies and sanctions; and demonstrations of lessons for students.
- Additional training may be needed for certain employees—such as counselors, nurses, and social workers—who may be more likely to hear of harassment. Vice principals are most likely to have to implement sanctions and also need additional training in implementing policy. Supervisors need supplemental training on how to discuss sensitive issues with employees and how to confront suspected harassers.
- Follow up all training with periodic retraining, observations, and feedback.

## Grievance or Complaint Procedures

In addition to an anti-harassment policy, school districts should have specific grievance procedures to deal with harassment. (Title IX regulations require schools to have grievance procedures applying to all forms of sex discrimination.) Grievance procedures are often an effective way of preventing and dealing with this problem.

Elements of effective grievance procedures include:

1. Notice given of the procedure, including where complaints can be filed, to students, parents, and employees.
2. Impartial investigator assigned to the complainant.
3. Parties involved given the opportunity to present witnesses and other evidence.
4. Time frames set for the major stages of the complaint process.
5. Notice given to the parties of the outcome of the complaint.
6. Assurance given that the school will take steps to prevent recurrence of any harassment, and that it will correct its effects on the complainant and others where appropriate.
7. Prohibition of retaliation for filing a complaint or participating in an investigation or inquiry (a legal requirement under federal law).

In addition, many schools find grievance procedures are even more effective if they:

- Provide an opportunity to appeal the findings and/or remedy
- Include a formal and informal means for resolving complaints
- Keep students informed of the status of their complaints
- Include an assurance that false reports will not be tolerated and identify sanctions for violations

### Questions To Ask Someone Reporting Harassment

1. Who did it?
2. When did it happen?
3. Where did it happen?
4. What did the person do specifically?
5. What was your response?
6. What was the response of the harasser?
7. Were there any witnesses?
8. Has anything like this happened before?
9. What actions would be required to resolve the situation to your satisfaction?

## Questions To Consider

OCR suggests these questions when developing or evaluating an anti-harassment grievance procedure:

- Is the procedure flexible enough to accommodate the wide range of types of harassment?
- Can a student be accompanied by a friend or adviser throughout the complaint process?
- Does the grievance procedure provide an opportunity for informal consultation and, where appropriate, informal resolution before moving into formal procedure?
- After initial contact in the procedure, does the complainant have control over whether future institutional action will be taken and an opportunity to participate in decisionmaking regarding the method for resolving the matter?
- Is the grievance procedure process credible to the constituency it is designed to serve?
- Are persons of authority, credibility, and sensitivity involved in the grievance process?
- Does the grievance procedure provide for independent and impartial investigation that produces persuasive findings based on thorough fact finding, careful review, and opportunity for appeal?
- Is every effort made to protect the confidentiality of the parties?
- Are the rights and reputations of both complainant and recipient protected?
- Is the opportunity for reprisal and retaliation minimized?
- Are there time frames in the procedure to investigate and resolve a complaint?
- Is a thorough investigation and timely remedy possible within the established timetable?
- Does the grievance procedure include appropriate remedy for the complainant and institutional corrective action where there is a finding of harassment?
- Does the procedure include provisions for quality control, tracking, record-keeping, and data retrieval?

## Guidelines

In addition to a strong policy and effective grievance procedures, districts should establish clear guidelines for students and employees about appropriate and inappropriate behavior. Staff and faculty must clearly understand behavioral and physical contact boundaries in their relations with students. To establish clear guidelines for appropriate behavior, schools should:

- Develop, adopt, and deliver a curriculum defining appropriate and inappropriate behaviors (see page 64, Selected Resources and References)
- Communicate procedures for reporting inappropriate behavior
- Train all employees in effectively confronting and reporting harassment

## Responding to Harassment

The days of innocent bystanding are gone. How a district responds to harassment demonstrates the district's commitment to preventing and eradicating harassment. Schools should take all complaints about harassment seriously and investigate complaints promptly, thoroughly, and consistently. Telling a victim to ignore the harassment is not appropriate. The courts have not narrowly defined how severe or pervasive harassment must be to be actionable. If a victim's emotional well-being, sense of safety, or self-esteem were adversely affected, then he or she may have legal recourse. Consider the alleged behavior or circumstances from the victim's perspective.

When harassment is identified, school officials should move quickly and decisively to stop the harassment, punish the offenders, and provide any needed redress to the victim or victims. If a student or parent reports harassment, school officials should explain the district's grievance procedures and offer the student or parent the opportunity to use them.

Even before an investigation is complete, interim steps may need to be taken. If applicable, report the harassment to law enforcement, separate the students, or allow the person claiming harassment to transfer to another class. Prevent public disclosure of the names of all involved except as necessary to find out what happened. Pay attention to any due process or other rights of the accused, but ensure these don't interfere with protections provided to the complainant by the law. All details of the incidents and the actions taken by the school should be thoroughly documented.

It is essential to ensure that no harm comes to a student for reporting incidents; take steps to prevent retaliation by anyone. Tell the complainant that the law prohibits retaliation, and reassure the student that the school will take strong responsive actions if it occurs.

A student may request confidentiality or ask that the matter not be pursued. Nonetheless, the school must consider whether the alleged harassment may affect other students, and if so, may need to take

### *Barriers to Reporting Harassment*

*Uncertainty about what it is*

*Fear of retaliation*

*Guilt for somehow provoking it*

*Fear of being named for provoking it*

*Reluctance to hurt a peer or respected authority figure*

*Fear of being disbelieved or ridiculed*

*Avoidance of conflict*

*Fear of taking action for which one is unprepared*

action to prevent those students from being harassed. At a minimum, the school should track the incident so repeat offenders can be identified and action taken against them if necessary. When receiving a report of harassment, all school employees should keep in mind:

- Don't blame the student or question the student's motives. Harassment can be hard to report. It is wrong and illegal, and federal law requires your school to have policies against it.
- Take thorough notes about the student's experience. Advise the student about your school's Title IX coordinator or any other employee designated to receive complaints about harassment.
- Explain the grievance procedure to the student, then follow the established procedures. Review your school's policy or ask a supervisor if necessary.
- Inform the student of outside agencies that can assist if the complaint is not resolved satisfactorily.
- Provide specific information about how the student can obtain continued guidance and support.

## One District's Approach

The March 1995 *IDRA Newsletter* of the Intercultural Development and Research Association in San Antonio, Texas, highlights the following approach used by a Texas school district to implement an anti-harassment program:

1. Convened a meeting with a core group of individuals, selected campus principals, representatives from the district's discipline committee, selected counselors, and nurses. This committee reviewed all documents containing any reference to harassment to:
  - Ensure they provided a clearly stated policy and procedures regarding harassment
  - Note any significant discrepancies or omissions
2. Provided an overview of peer-to-peer harassment to principals at each of the elementary and secondary schools to:
  - Raise awareness about the prevalence of harassment among students and the legal issues
  - Review the proposed changes and modifications to the policies, procedures, and sanctions resulting from the first committee meeting
  - Discuss the training and implementation plan for staff and students
  - Provide input regarding letters of notification to parents about the upcoming awareness training for students
3. Provided a community awareness meeting for community representatives to learn about the district's plan to prevent harassment in the schools.

4. Created an introductory presentation for secondary students on:
  - What harassment is
  - What behaviors constitute harassment
  - What the prohibitions against harassment are
  - What to do if they are being harassed
5. Provided four days of training to selected representatives from each of the district's schools using a training-of-trainers approach. Training focused on:
  - An overview of the problem
  - What the survey data say about student-to-student harassment
  - Curricula and supplementary resources for teaching appropriate behaviors
  - Policies and lesson demonstrations
6. Included a training and planning meeting of counselors, nurses, and social workers from throughout the district in anticipation of possible disclosures and complaints of harassment. The purpose was to:
  - Provide an overview
  - Plan efforts to support students who had been targets
  - Provide counseling or other related support to students doing the harassing
7. Included follow-up activities by an outside equity coordinator:
  - Observations and feedback of the training awareness sessions
  - Input on the training implementation

## Examine Your Actions

The following suggestions—intended to spur reflection, not to be exhaustive—may help individuals who hold special positions in the education community to examine their own actions. You may also wish to use these suggestions to assess the extent of harassment in your classroom, school, district, or community. Try using a questionnaire, informal discussions, interviews, or even a survey based on these items. You will determine the extent of the problem and also provide subjects with a sense of your interest in and concern about their circumstances.

School Board Members and District Administrators

Do I undertake these actions on an ongoing basis?

- ✓ Support efforts to make schools welcoming places for all students, parents, and community members
- ✓ Show respect and consideration to everyone regardless of race, color, national origin, sex, age, marital status, parental status, or physical condition
- ✓ Support and receive training on harassment issues
- ✓ Invite community and parents to participate in harassment training activities

- ✓ Publicize commitment to preventing harassment and expectations about behavior for staff and students
- ✓ Hold community forums on the topic
- ✓ Publish information in newsletters, pamphlets, notices, newspapers, letters (to the community, students, staff, parents)
- ✓ Speak to staff, students, parents, and other organizations
- ✓ Post policies and procedures in buildings
- ✓ Make sure students receive information about harassment
- ✓ Keep current with new harassment information
- ✓ Supervise and evaluate administrators
- ✓ Visit schools to see what's happening there

#### School Administrators

Do I undertake these actions on an ongoing basis?

- ✓ Survey students and staff or conduct focus group discussions to determine the climate and extent of harassment in the school
- ✓ Document and track reported incidents of harassment
- ✓ Recognize and confront my own biases and ask other staff members to do the same
- ✓ Provide training for all school employees—including classified staff—about behaviors that constitute harassment, procedures to follow in instances of student harassment, and prevention strategies
- ✓ Implement a monitoring system on buses
- ✓ Show respect and consideration to everyone regardless of race, color, national origin, sex, age, marital status, parental status, or physical condition
- ✓ Interact in a positive way with people who are different from me
- ✓ Confront any biased or discriminatory behavior that I encounter, deal with it directly, and contact the appropriate person or agency
- ✓ Hire staff representing the ethnic composition of the community
- ✓ Train staff and students in the damaging effects of racial or sexual harassment, including verbal harassment
- ✓ Establish a policy against racial and sexual harassment, and make staff and students aware that such behavior will not be tolerated
- ✓ Evaluate staff on a regular basis to monitor awareness of harassment policy and procedures
- ✓ Set an example through modeling
- ✓ Arrange training for staff throughout the school year



- ✓ Include harassment policy and procedures as part of new staff orientation
- ✓ Inform and verbally express standards for my building; review district policy in handbook and procedures
- ✓ Set clear expectations of behavior for staff and students
- ✓ Deal with situations before a crisis occurs
- ✓ Keep staff informed on occurrences
- ✓ Designate a support person teachers can talk to
- ✓ Communicate harassment issues or concerns with designated harassment complaint manager
- ✓ Speak up every time I witness harassment
- ✓ Take the initiative to get training and educate myself
- ✓ Ensure that harassment is included in the curriculum
- ✓ Provide an atmosphere where students can share harassment information
- ✓ Encourage families to advocate for their children

Further, has the entire staff been trained to understand the following concepts?

- ✓ What constitutes racial and sexual harassment
- ✓ What to do if they feel they are a target of harassment
- ✓ What their rights are as alleged victims and as accused perpetrators
- ✓ How to intervene if they witness peer-to-peer student harassment
- ✓ What to do if a student complains about being harassed, but doesn't want to file a complaint
- ✓ What to do if a student wants to file a complaint
- ✓ The connection between equity concepts in general and the reduction or prevention of harassment

## Teachers

Do I undertake these actions on an ongoing basis?

- ✓ Communicate harassment issues or concerns to the designated harassment complaint manager
- ✓ Speak up when I witness harassment
- ✓ Take initiative to get training and otherwise educate myself
- ✓ Have a clear understanding of policy and procedures
- ✓ Create and provide an atmosphere where students can share harassment information

- ✓ Have visuals (posters, etc.) in the classroom that promote all races, both sexes, and diverse ethnicities
- ✓ Use multicultural curriculum
- ✓ Show respect and consideration to everyone regardless of race, color, national origin, sex, age, marital status, parental status, or physical condition
- ✓ Interact in a positive way with people who are different from me
- ✓ Confront any biased or discriminatory behavior that I encounter; refuse to condone behavior that I find offensive by dealing with it directly and contacting the appropriate person or agency
- ✓ Teach students about stereotypes and prejudice and how to recognize the bias that may exist in the materials they use in school
- ✓ Make sure that all visuals in the classroom reflect human diversity

## Counselors

Do I undertake these actions on an ongoing basis?

- ✓ Train students to be trainers and advocates
- ✓ Keep up with policy and procedures
- ✓ Conduct cultural awareness training in classrooms
- ✓ Communicate harassment issues or concerns to the designated harassment complaint manager
- ✓ Organize support groups
- ✓ Provide role-playing scenarios for discussion
- ✓ Ensure a safe, comfortable atmosphere for student disclosure to occur and provide ongoing support
- ✓ Act as parent liaison to administrators and students
- ✓ Act as a student advocate
- ✓ Act as a resource to staff members
- ✓ Advocate for staff and parents
- ✓ Serve as a link to appropriate resources for students and staff who have complaints
- ✓ Show respect and consideration to everyone regardless of race, color, national origin, sex, age, marital status, parental status, or physical condition
- ✓ Interact in a positive way with people who are different from me
- ✓ Confront any biased or discriminatory behavior that I encounter; refuse to condone behavior that I find offensive by dealing with it directly and contacting the appropriate person or agency

## Professional Development and Training

Efforts to combat harassment must go beyond enacting policies. To have the maximum effect, efforts must focus on creating a climate free from bias and illegal discrimination. This is done most effectively through professional development and training for employees, students, parents, and community members.

All district employees should be trained in the district's policies and procedures as well as how to recognize harassment in all its forms. In addition to providing information and strategies, training sessions give employees a chance to talk with each other about the issues involved in harassment. This can be an important step in recognizing and addressing the problem.

Faculty and staff must understand behavioral boundaries in their relations with students and how to effectively confront, deal with, and report student-to-student harassment. Students and parents must understand what constitutes harassment, be aware of reporting procedures, and understand the steps that the school will take to eliminate harassment.

Suggestions for developing a training program include:

- Train students, faculty, and staff to recognize and respond appropriately to harassment
- Choose trainers carefully, focusing on trainers who bring a cooperative, problem-solving approach to training
- Obtain or develop readable awareness materials that define and discuss harassment, prevention, and intervention (see Selected Resources and References, page 64)
- Develop methods to educate new administrators, teachers, guidance counselors, staff members, and students about the school's harassment policy and grievance procedures

Some communities offer local speakers about harassment through groups such as the local speakers bureau, colleges and universities; Cooperative Extension; the Urban League; the NAACP; women's groups such as Business and Professional Women or the American Association of University Women; Girls Inc.; Girl Scouts; or the state Division of Human Rights.

## Curricular Concerns

An empowering educational setting challenges and rejects harassment and affirms pluralism. A school striving for equity allows such empowerment to permeate the curriculum, instructional strategies, and the interactions among teachers, students, and parents. Such an approach promotes mutual respect, excellence, and achievement for all by confronting historical and current inequities. It fosters responsibility, productivity, and active participation in a diverse and evolving society.

Often, however, such important topics are rarely discussed. They are evaded curricula. Yet, avoiding the issue reinforces the message that

harassment is private and individual, not societal and widespread. Evasion covers up the extent of the abuse and reinforces the shame that victims can feel. Schools and teachers can help by providing harassment awareness and prevention training and in the ways they teach every day in the classroom.

Effective harassment-specific content should include the following:

- The scope and range of harassment
- The culture of schools in terms of the part they play in promoting or ignoring harassment
- The roots of harassment
- The legal issues involved
- The links and similarities between victims and perpetrators of violence
- Procedures outlining the appropriate response for teachers, students, and administrators

Since students learn in different ways, teachers can stimulate their interest and promote discussion by using a variety of teaching techniques including role playing, group exercises, small-group discussions, audiovisuals, community provider presentations, subject panels, and handouts.

On a day-to-day level, teachers can help by being conscious of the inclusivity of the content they teach—the selection of materials, the presentation of guest speakers, field trips, and examples used to demonstrate points. Teachers can foster inclusivity with existing curricula by:

- Using examples and content that reflects sexual, racial, and cultural diversity
- Helping students understand, investigate, and determine the implicit cultural assumptions and biases within a discipline
- Modifying teaching in ways that will facilitate the academic achievement of students from both sexes and all races and ethnic groups

### Goals for Bias-Free Curricula

In reviewing your curricula for equity, it may help to keep the following goals in mind.

1. Enable students and staff to recognize and make appropriate responses about discrimination.
2. Provide students with multicultural experiences to enable them to interact and contribute more effectively in a pluralistic society and interdependent world.
3. Include ideas, perspective, and experiences of women and men of diverse ability, social, cultural, racial, and ethnic groups in all content areas.

4. Create a climate that enhances learning by recognizing the history and culture of all people.
5. Empower students and their families to become active participants in the process of learning.
6. Increase students' knowledge of diverse cultural attitudes, traditions, and values.
7. Assist students in developing a positive self-image.
8. Improve intergroup and interpersonal relations, communication, and understanding.
9. Provide an atmosphere that fosters respect for all languages and dialects.
10. Develop students' abilities to recognize and critically analyze complex social problems and issues such as harassment in contemporary society.

The following considerations are a more specific way of looking at curricula for inclusivity.

1. Does the curriculum provide for a balanced study of world cultures? Are students taught about contributions deriving from non-European sources? Are they taught to appreciate non-European cultures? Are they taught to appreciate the contributions of men and women?
2. Do art, drama, literature, and music curricula include the contributions of women and non-Europeans?
3. Do curricula in current events, economics, government, history, social studies, and science include components pertinent to the past and present experiences of people of color and women? Are minority issues and perspectives included?
4. Do textbooks and course materials avoid sexual, racial, and cultural stereotypes?
5. Where the use of instruction materials containing stereotypes is unavoidable, are these images identified as stereotypes and then countered with more accurate information?
6. Do classroom display materials and instruction materials include representations of diverse international and domestic cultures and events in positive terms?
7. Does the curriculum include classroom components, such as cooperative learning activities or oral history projects, designed to reduce racial, ethnic, sexual, and cultural segregation?

## Identifying Curricular Bias

In addition, educators may wish to examine curricula for bias using the following six checkpoints:

1. Invisibility: underrepresentation of certain groups, which can imply that these groups are of less value, importance, and significance.
2. Stereotyping: assigning only traditional or rigid roles or attributes to a group, thus limiting the abilities and potential of that group; denying students a knowledge of the diversity and complexity of, and variations among, any group of individuals.
3. Imbalance/selectivity: presenting only one interpretation of an issue, situation, or group; distorting reality and ignoring complex and differing viewpoints through selective presentation of materials.
4. Unreality: presenting an unrealistic portrayal of this country's history and contemporary life experience.
5. Fragmentation/isolation: separating issues relating to people of color and women (or other protected groups) from the main body of text.
6. Linguistic bias: excluding the roles and importance of women and girls by constant use of the generic "he" and sex-biased words. Linguistic bias includes issues of ethnicity, culture, and language proficiency as well.

The resource section in this guide provides information on specific curricula for preventing and eliminating harassment.

## Personal Considerations for Educators

Racism and sexism are subtly entwined in virtually every aspect of our lives. Few of us can escape the effects. Yet, there are ways to ensure that our actions fit our beliefs. Educators, students, parents, and community members can take steps to create an equitable atmosphere in which everyone is able to live and work in a harassment-free environment. We can start by examining our own attitudes periodically. It may be helpful to periodically rate ourselves on the following list of questions.

1. Have I recently examined my own attitudes and behaviors in terms of how they contribute to or combat racist and sexist attitudes around me?
2. Have I sought to enhance my own awareness and understanding of racism and sexism by seeking out information, talking with others, reading, and listening?
3. Have I reevaluated my use of terms or phrases that may be perceived by others as degrading or hurtful?
4. Have I openly disagreed with a racist or sexist comment, joke, or action among those around me?
5. Would I have the courage to take a positive stand, even at some possible risk, when the chance occurs? Have I ever done so?

6. Have I become increasingly aware of racist and sexist television programs, advertising, news broadcasts, etc.? Have I complained to those in charge?
7. Have I acknowledged that white Americans are affected by subtle and pervasive racist messages from their schools, homes, media, government, etc., and are affected even when they do not desire to be intentionally racist?
8. Have I suggested and taken steps to implement discussions or workshops aimed at understanding racism and sexism with friends, relatives, colleagues, social clubs, or church groups?
9. Have I investigated political candidates at all levels in terms of their stance and activity against racist and sexist government practices before deciding how to vote?
10. Have I considered the curricula used in my school in terms of their treatment of racism and sexism, subtle and overt?
11. Have I contributed time or money to an agency, fund, or program that actively confronts the problems of racism and sexism?
12. Have my buying habits supported nonracist and nonsexist shops, products, and companies?
13. Have I become seriously dissatisfied with my own level of activity in combating racism and sexism?
14. Is my school a focus of my educational efforts in responding to racism and sexism?

### Is My Behavior Okay?

- Would I want my comments or behavior to appear in the newspaper or on TV?
- Is this something I would say or do if my mother, father, or guardian, girlfriend or boyfriend were present?
- Is this something I would want someone else to say or do to my mother, father, or guardian, girlfriend or boyfriend?
- Is this something I would say or do if the other person's significant other were present?
- Is this something I would say or do in front of a person of another race or gender?
- Would I object if someone made racist or sexist comments in my presence?

## WHAT SCHOOL EMPLOYEES NEED TO KNOW

Harassment can occur between adults in the school workplace. Some estimates say sexual harassment affects 85 percent of U.S. working women at some point in their lives. Racial harassment, either blatant or institutional, is also often a fact of the American workplace.

In 1996 the courts settled a long-pending class-action suit against Texaco for its treatment of minority employees, epitomized in a tape of Texaco executives using racial slurs and discussing how to destroy evidence sought by the plaintiffs in the case. Plaintiffs have also been successful in suits filed against Denny's restaurants that told employees to keep African American patrons to a minimum by requiring them to pay in advance for their meals (despite the table-service orientation of Denny's), by seating them in the rear of the restaurant, and by stalling on their service or locking them out altogether.

The definition of harassment as it applies between adults is the same as for student-to-student harassment. If you believe you are a victim of harassment, you may decide to confront the offender or his or her supervisor immediately or you may take some time to decide how to proceed. In either event, you should document the harassment close to the time it occurs. You can do this by:

- Discussing the incident, talking with a friend or family member who could later verify that you gave a certain account of the incident at a certain time.
- Writing an account of the incident. This can take the form of a letter you send to the offender, but keep a copy that you send by certified or registered mail to yourself. If the envelope remains sealed, it can help establish later that you recorded such an account of the incident at a certain time.

If you decide to take steps to remedy the harassment, you can:

- Confront the harasser. Demand that he or she discuss the episode with you and make it clear you will not tolerate any further similar behavior. Tell the person specifically what he or she did that offended you.
- File a verbal or written complaint with your employer.
- Ask your employer to relocate you away from the harasser.
- Seek legal advice.



## WHAT FAMILIES AND COMMUNITIES NEED TO KNOW

Harassment is not rare. The national AAUW survey found that 80 percent of students in grades 8 through 11 had experienced some form of sexual harassment. Another survey (O'Neil, 1993) found 20 to 25 percent of students had been the victims of racial harassment. Harassment is not rare, but it is wrong. Fortunately, there are ways to prevent harassment and ways to make it stop if it is happening to you or someone you know.

If you are concerned about harassment, inform yourself. You may want to read other parts of this guide. But don't stop there. Use this information to get started on the way to finding out what you can do about harassment.

Children's awareness begins at home and in the community. Family expectations, societal expectations, and portrayals in the media—especially television—affect how children view the world, which in turn influences how they view themselves.

Parents or guardians and community members can help a child develop bias-free attitudes and behavior by helping to promote a bias-free environment at home and in the community. Learning about harassment oneself—by reading this book, talking with others in the community, and seeking other sources of information—is the best way to start.

The following are some other ways you can promote an anti-harassment environment in your home and in your community.

- Provide education at home about harassment.
- Model appropriate behavior.
- Be aware of district policies, rights, and responsibilities.
- Report incidents to school administrators.
- Ask teachers how they plan to address harassment in their classrooms.
- Include district/state harassment policy in parent newsletters.
- Be sensitive to harassment situations; stop neighborhood gossip and rumors.
- Be an advocate for children.
- Participate in training with staff and students.
- Have a zero tolerance policy for harassment.
- Teach children to respect people regardless of differences.

- Use nonbiased language at school, at home, and in the community.
- Make a conscious commitment to compensate for your own biases. Keep in mind that you were raised and socialized in a biased environment and may unwittingly demonstrate biased attitudes.
- Confront prejudice and discriminatory behavior that you encounter. Do not condone behavior that you find offensive. Deal with it directly and, if necessary, contact the appropriate person or agency.

## WHAT STUDENTS NEED TO KNOW

The national AAUW survey found that 80 percent of students in grades 8 through 11 had experienced some form of sexual harassment. Another survey (O'Neil, 1993) found 20 to 25 percent of students had been the victims of racial harassment. A 1995 teen health risk survey conducted in a large urban Northwest school district found that, while common, sexual harassment was reported as occurring less frequently overall than racial harassment. One student described the school climate in these words: "The biggest problem is racism. Each day things get a little more segregated. . . ."

Harassment is not rare, but it is wrong. Fortunately, there are ways to prevent harassment and ways to make it stop if it is happening to you or someone you know. If you are concerned about harassment, inform yourself. Read this section. You may also want to read other parts of this guide. But don't stop there. Use this information to get started on finding out what you can do about harassment.

### What Is Harassment?

Harassment is unwanted behavior, speech, writing, or pictures directed at an individual or group because of their race, color, sex, or national origin. But harassment is not about sex, race, or color. It is about intimidation, control, misuse of power, and the attempt to deny equality. It can be blatant or subtle, one incident or a pattern. It can happen between students, between adults, or between an adult and a student. It can happen at any age.

It does not matter if the person who is doing the harassment says he or she was only kidding or just having fun. If his or her behavior hurts someone, it is wrong.

Unacceptable behaviors fall into three categories:

1. Clearly wrong any time it happens: grabbing someone's genitals, forced kissing, nasty insults, blocking someone's way, stalking.
2. Offensive to some people and not to others: jokes, language, teasing.
3. Offensive, depending on who is doing it or how it is done: touching, compliments, asking someone out for a date.

In the case of sexual harassment, it is important to recognize the difference between flirting and harassing behavior. Flirting is wanted and feels good. Harassment is unwanted and feels bad.

All harassment can make you feel guilty, trapped, helpless, frustrated, confused, resentful, angry, hopeless, and alone. Your own feelings and thoughts are a pretty good indication about what is happening to you. You might think: *I can't believe this is happening to me. Why me? What did I do? I hate you for doing this. If I say anything, everyone will think I'm crazy.*

### Some Common Misconceptions

- *The person being harassed asked for it.* Nobody asks to be abused. Every person is accountable for his or her own behavior and cannot blame behavior on anyone else.
- *If it's not physical, it's okay.* This is not true. One person can severely torment another with comments or looks or in writing.
- *"They're just being kids" or "Boys will be boys."* Most young people do not harass others. Most boys and men do not harass girls and women. Harassment of any kind should never be expected or accepted.
- *Those being harassed complain just to cause trouble.* Most victims don't complain. The vast majority of those who do just want the behavior to stop.

### What Are My Rights?

You have the right under federal law (and often state law) to go to school without being harassed. If harassment occurs, you have the right to take action to stop it. You have the right to be protected against retaliation.

Your school has the legal obligation to have a policy to prevent harassment and to deal with harassment if it happens. This policy should be written in your student handbook and posted in prominent places. It will describe your rights.

### What Should I Do?

Remember that harassment is not that rare—you are not alone. Here are some things you can do if you think you are being harassed:

- Don't blame yourself—harassment is wrong.
- Keep a journal (not as part of your diary). When you write in your journal, note the date and time of the incidents; anything you do or say that indicates to the person who is harassing you that you want that person to stop; any friends you tell and what you say to them; any reports—in writing or aloud—that you make to authorities and their responses or failure to respond.
- Tell a close friend—not to spread gossip, but to have moral support.
- Tell your parents.
- Talk to the perpetrator if you feel safe doing so. Tell him or her about the actions that bother you, what they are doing, how it makes you feel, and that you want it to stop. You can also do this in writing, but stick to the facts. Keep copies of everything.
- Tell an adult at school. If that person does not do something to help you, tell someone else. Keep a record of all such conversations in your journal.
- Request that your complaint be kept as confidential as possible.

- Learn about your school's harassment policy. The first school employee you talk to is required to make sure you know about the policy. You may decide to handle the complaint either informally or formally, even after the school representative becomes involved.
- Ask what process will be followed to resolve your complaint. Follow the directions in your school's grievance procedure.
- If you feel your complaint is not taken seriously or if you think not enough was done, go to a person in higher authority such as a school board member or the superintendent. Keep documenting the harassing behavior and any steps you take.
- If you are scared, angry, or confused, ask for counseling and support.

We recommend you try to resolve the situation at your school, if at all possible, before involving the Office for Civil Rights or filing a lawsuit. However, if you are dissatisfied with the school's efforts, you can at any time contact the Office for Civil Rights in your area, your State Department of Education, your State Department of Human Rights, an attorney, or a police officer to file a complaint. If all else fails, you can file a lawsuit under the terms of Title IX of the Education Amendments of 1972 or Title VI of the Civil Rights Act of 1964. See the Legal Foundations section beginning on page 61 for more information.

After you decide what to do, you can check your decision by asking yourself these questions:

- Am I acting helpless? Am I doing what I can on my own to stop it?
- Is it a safe thing to do?
- Am I trying to solve the problem or am I trying to get even?
- Is it really a solution or am I hoping that the problem will go away by itself?
- Am I acting like it is my fault?
- Am I only hurting myself?
- Am I acting as if I have no rights?
- Are there other things that I can do that make more sense?

If you feel unsure about your decision, talk it over with a trusted adult or friend.

## When You Must Tell

There are certain times when harassment is going on that you should immediately talk to a trusted adult or someone else. Talk to someone if:

- The harasser tries to make you promise to keep the harassment a secret
- If the harasser is an adult
- If the harassment happens only when you are alone with that person
- If you are being physically threatened or hurt

## If Someone Else Is Being Harassed

If you are a friend of someone being harassed, you can sometimes do more than anyone else. Be a good listener, but don't act on your own without the person's permission—that might make your friend feel even more helpless. Help your friend decide what to do and then be supportive. Offer to go along with your friend to talk to a teacher or counselor.

Also, you should write down:

- What happened
- Where and when it occurred
- Who saw it
- How it made your friend feel
- How your friend tried to stop it

If you are a bystander when someone is being harassed, you can help by:

- Telling the harasser you don't think it's funny.
- Telling the harasser to stop.
- Walking away and informing an adult of the situation.
- Not saying or doing anything that will encourage the harasser. Don't giggle, stare, tell jokes, or gossip about what happened. These things will make the situation worse because they make people feel you approve of the behavior.

## Am I a Harasser?

- Would I like to have my behavior reported on the front page of the school newspaper?
- Would I like to have a member of my family treated this way?
- Would my parents or guardians be proud of my behavior?
- Would I act this way if another person were present?

Three kinds of people engage in hurtful behavior: those who take pleasure in hurting others, those who do it to go along with their friends, and those who really do not know that their behavior is wrong. Train yourself to treat people well.

## How Can I Help Prevent or Stop Harassment in My School?

Harassment happens in almost every school, but there are things everyone can do to help stop it and to prevent it from happening. Some things you can do are:

- Report harassment of yourself or others
- Support other students and participate in support groups
- Know your rights
- Understand formal and informal complaint procedures for dealing with harassment
- Receive training and volunteer to help train other students
- Be involved in setting policy and procedure
- Participate in assemblies
- Receive assertiveness skills training
- Work to have your school identify a student group where students can go when they have concerns
- Model appropriate behavior yourself
- Have a “No Tolerance” mindset toward harassment
- Learn a mediation approach to solve problems (mediation involves a third person who can help you resolve a conflict)
- Inform your parents or guardians of policies and procedures and any current incidents at your school

## Personal Considerations for Students

The following are some more ways you can promote a bias-free environment in your school, which helps prevent harassment from occurring:

1. Show respect and consideration to everyone regardless of race, color, national origin, sex, age, marital status, parental status, physical condition, or any other perceived differences.
2. Appreciate individual and cultural differences in people. Show sensitivity to different learning styles and nonverbal behaviors.
3. Interact in a positive way with people who are different from you.
4. Use nonbiased language at school, at home, and in the community.
5. Know how to recognize negative bias and how it limits and demeans people.
6. Make a conscious commitment to compensate for your own biases. Keep in mind that all of us were raised and socialized in a biased environment and may unwittingly demonstrate biased attitudes.

7. Confront any biased or discriminatory behavior that you encounter. Ignore behavior that you find offensive or deal with it directly by contacting the appropriate person or agency.
8. Take advantage of opportunities to learn about bias and prejudice.
9. Participate in extracurricular learning activities specifically dealing with the problems of bias and prejudice, and celebrations commemorating the contributions of people of color and women to U.S. society.



## SELECTED INCIDENTS AND RESPONSES

School staff often have questions about how to respond to specific incidents of harassment. What the Office for Civil Rights states in the preamble to *Revised Sexual Harassment Guidelines: Harassment of Students by School Employees, Other Students, or Third Parties* (January 2001) applies to all forms of school-based harassment:

If harassment has occurred, doing nothing is always the wrong response. However, depending on the circumstances, there may be more than one right way to respond. The important thing for school employees or officials to pay attention to is the school environment and not to hesitate to respond to sexual harassment in the same, commonsense manner as they would to other types of serious misconduct.

It is also important that schools not overreact.... School personnel should consider age and maturity of students in responding to allegations of sexual harassment.

Following a session on identifying and responding to harassment conducted at the Equity Center's annual equity conference, the Equity Center collected participants' written incident descriptions and used them to form the basis of this section of the resource guide. The specific incidents selected for inclusion provide a range of situations and diverse school responses.

Staff edited incident descriptions and school responses for clarity and to minimize any possible identification of schools, students, or staff. With the exception of Incident 10, all examples discuss possible peer-to-peer harassment based on race, sex, or national origin. In some cases, school contributors did not provide the race or ethnic identity of all individuals.

Incidents fall into two categories: race or national origin, and gender. Subcategories include verbal behavior, and physical and nonverbal behavior. Nonverbal refers to behavior expressed in written or graphic forms. Some incidents may contain elements of more than one category.

The Equity Center analyses highlight some of the relevant issues that arise in each case and any components that were missing from the reported school's response. Staff used two primary Office for Civil Rights documents as the basis for the analyses:

- U.S. Department of Education, Office for Civil Rights. (1994). *Racial incidents and harassment against students at educational institutions; Investigative guidance.*
- U.S. Department of Education, Office for Civil Rights (1997; Rev. 2001). *Sexual harassment guidance: Harassment of students by school employees, other students, or third parties.*

The analyses focus on the salient issue or issues specific to each incident. All components essential to an effective response are not repeated in each analysis. Any response to incidents of possible harassment or any formal evaluation of a school's response should consider each individual situation and all available information.

## RACE OR NATIONAL ORIGIN—VERBAL BEHAVIOR

### Incident 1

Latino students, who were new to a school, experienced name-calling by European American male students. One fight occurred. The problem became a community issue. European Americans said they were afraid that Latino gangs existed in the community. A New Year's Eve fight occurred among adults, and the sheriff intervened.

### School's Response

The principal did not deal with the conflict initially. Before the brawl, a teacher reported the name-calling and fights to the superintendent, who deferred to the principal's decision. The name-calling continued. After the sheriff became involved, the state department of education was notified of the situation.

### Equity Center Analysis

The school and district neglected to respond to ongoing behavior and discipline students according to any existing school or district policies and procedures.

If a formal complaint were filed, the lack of response could expose the district to legal liability under federal civil rights laws. In investigating racial harassment complaints, the Office for Civil Rights establishes a violation of Title VI of the Civil Rights Act of 1964 when it finds the following three conditions:

1. A racially hostile environment exists
2. The school knows of the racially hostile environment or should have known because of its pervasiveness, persistence, or severity
3. The school fails to respond adequately to eliminate the hostile environment

To resolve this situation and prevent recurrence, the district would have to:

- Distribute and enforce clearly stated harassment policy and grievance procedures
- Provide on a routine basis anti-discrimination and harassment training for all district- and school-level administrative staff

### Incident 2

A biracial middle school student was called a racial slur. The student reported the incident to a staff member who confronted the name-caller. She admitted using the racial slur. The staff member asked the student who complained what he thought would address the situation. The student asked for an apology.

#### School's Response

The student who used the epithet apologized and the apology was accepted. Both students seemed satisfied so the staff member did not report the incident to the school principal.

This incident was one of a several other racially motivated incidents that had occurred. School staff addressed each incident individually.

#### Equity Center Analysis

School administrators should inform all staff of the need to report all instances of racially motivated behavior or harassment to the appropriate or designated school official. This incident may be a pattern of behavior that could create or sustain a racially *hostile environment*. Various factors, including the severity, persistence, and pervasiveness of these events, would determine whether such an environment exists.

Staff knowledge of a hostile environment that restricts a student from benefiting from the school's educational programs and services imposes a legal responsibility on school officials to take appropriate action.

### Incident 3

In the first week of school, a student threatened an African American student with a knife. Throughout the year, students repeatedly called him racial slurs and made threats. At one school event students threw food at this student.

#### School's Response

The administration warned and suspended the responsible students and informed their parents. A teacher notified the local police who became involved. As a result the incidents became less frequent.

#### Equity Center Analysis

School officials must take timely, effective, and reasonable steps to eliminate harassment based on race if they know about or if it is reasonable to conclude that they *should* have known about the alleged harassment. In some cases where officials do not receive direct notice, the pervasiveness, persistence, or severity of the behavior may in itself imply knowledge of the harassment and thus confer the responsibility to take appropriate action. Even behavior that is not explicitly racial can impose this responsibility if schools have adequate information to conclude that the incident may be racially motivated.

In this particular case, given the likelihood of racial motivation and the severity of the first incident ("threatening with a knife"), school officials

should take immediate action to:

- Stop the behavior
- Address any related effects on the victim and the larger school community
- Discipline and educate the perpetrator
- Prevent future occurrences

Simply reducing the frequency of the alleged harassment in response to a growing problem is not sufficient to ensure a safe, nondiscriminatory educational environment. Further, the school should develop and enforce harassment policy and grievance procedures, clearly indicating staff responsibilities and sanctions for violation.

#### Incident 4

A Latino male student, who was a popular athlete in school, was talking to a group of students when a European American male called him a racial epithet. The Latino student responded by hitting the name-caller in the face.

In an investigation the European American student claimed he was trying to “fit in” and wanted to be liked by the popular Latino student. He said he had frequently heard friends of the Latino student call him this name. The Latino student had laughed or joked in response to his friends. Further investigation confirmed this.

#### School’s Response

The school administration instructed staff to conduct awareness sessions with their homeroom students that focused on racial and other kinds of harassment. The session emphasized that negative comments would not be tolerated and “I was only joking” or “she or he is my friend” did not justify discriminatory remarks. The sessions also included discussion about individuality.

Officials suspended both students involved in the incident. In addition, they had to develop ways to work together to avoid this type of incident in the future.

#### Equity Center Analysis

The school responded effectively by taking measures to stop the behavior, investigate the incident thoroughly, and address both the impact of the behavior on the students involved as well as implications for the school environment as a whole.

Mandating awareness sessions can help to increase students’ understanding of the denigrating effects of ethnic name-calling and the potential for physical aggression and violence it carries. Further prevention efforts might involve schoolwide educational or training activities in peer mediation, conflict resolution, and cross-cultural awareness.

### Incident 5

A mother of two African American elementary-age boys accused the school principal and district of failing to adequately respond to racial comments that students directed at her sons. She filed a formal complaint, triggering an investigation that found the principal had failed to adequately address these incidents and needed to conduct a formal investigation much sooner.

#### School's Response

The district welcomed the findings, embraced the suggestions, sent a large portion of staff to an equity issues training, and required districtwide training of administrators.

The incident opened dialogue and forced a review of policy. Significant change resulted from informing all district staff of appropriate response procedures.

#### Equity Center Analysis

A complaint can induce a district to review inadequate harassment policy and procedures. To ensure a harassment-free school climate often requires enforcing effective anti-harassment policy and implementing strategies to increase knowledge of diversity issues and harassment-related remedies. Such strategies include:

- Introducing conflict resolution and mediation
- Using culturally responsive curriculum and instructional practices
- Clarifying acceptable behaviors and attitudes

This particular complaint, coupled with the district's cooperative response to findings and suggestions, spurred dialogue and offered an opportunity to build a safe, effective learning environment.

### Incident 6

A student repeatedly called an Asian American student an ethnic slur in class.

#### School's Response

The teacher reported the incident to the administration. The administration investigated, disciplined the student involved, and informed parents. The action taken sent the message that racial remarks would not be tolerated.

#### Equity Center Analysis

Although the teacher's in-class response to these incidents is unclear, appropriately reporting the unacceptable behavior to the principal suspended the behavior and most likely averted potential harmful effects on student learning.

While the steps taken to address this situation seemed to stop the behavior, the administration should consider any negative effect on the Asian American student as well as methods for preventing similar incidents in the future.

### Incident 7

An elementary student became upset when several students called her racial slurs.

#### School's Response

The student called these names was sent to the office to “cool down.”

#### Equity Center Analysis

Under OCR guidelines, harassment targeted at an elementary school student may be considered more severe than the same act against an adult or older, more mature student. Tolerated or condoned by adult authority figures, verbal harassment will have a greater effect on a young child than on an adult.

Likewise, confrontation by a group of students is likely to have more adverse consequences than an interaction with only one other person.

The school's response not only fails to address the severity of the situation, but also serves to foster a discriminatory climate. The school, in effect, reinforced the behavior of the students using racial slurs by failing to apply disciplinary procedures and by responding inappropriately to the victim's reaction.

Schools should tailor all responses to students' age-specific needs and devise them to eliminate inappropriate behavior. To avoid inadequate response to similar events in the future, the school should spell out discipline for the use of racial epithets in their anti-harassment policy and provide anti-harassment training for all school staff.

### Incident 8

An African American elementary school student complained that he was often called racial slurs at school. The student's parents brought the harassment to the attention of the principal.

#### School's Response

The principal investigated and determined that the incident occurred in an independent, after-school day-care program housed on school grounds. The principal referred the situation to the day-care program, which dealt directly with the situation, and monitored the case to ensure that its resolution satisfied the parents and school staff.

This action seemed to resolve the situation and prompted the day-care program to develop related policies.

#### Equity Center Analysis

The Title VI prohibitions against discrimination on the basis of race, color, or national origin apply not only in all public school academic, athletic, and extracurricular programs, but also in all uses of the institution's property and all activities the institution sponsors. Given the school's responsibility for ensuring nondiscrimination in this after-school program, the principal appropriately monitored the situation. The principal should take a more collaborative role in determining a response and implementing preventive measures.

### Incident 9

On a school bus, a European American girl called an African American girl a racial slur. The African American girl responded by calling several European American girls a racial slur. She then complained to the school principal about being racially harassed by several girls on the bus. She wasn't sure of the names of the girls, nor which one called her the slur.

#### School's Response

The principal investigated the incident by speaking to all witnesses and the bus driver. She interviewed each child separately, and no two gave the same version of what happened. The principal reviewed the school's racial harassment policy with all students and contacted the parents.

The principal asked the bus driver to monitor the children and report any similar incidents to her. The parents of the African American girl received a letter that explained the investigation, the treatment of the girls involved, and the school's policies. They also received the phone number of the superintendent and a copy of the racial harassment complaint form, if they wished to pursue further action.

#### Equity Center Analysis

The school handled the case effectively. Reviewing the school racial harassment policy with the parents and students involved is a valuable strategy for preventing recurrence of the event.

The administration, however, should also seek to ensure dissemination of the harassment policy to all students, staff, and parents and provide related training. Further, the principal should establish clear expectations for student behavior both in the classroom and while involved in any school-sponsored activities, whether on or off campus.

The parents of *all* students involved in the incident should receive a letter that explained the investigation, the treatment of the girls involved, and the school's policies.

### Incident 10

A few days before the end of the school year, the seniors held an auction, where a Latino student was "sold." The principal, who was the master of ceremonies, made the comment, "He won't even steal your hubcaps." The student knew the racist nature of the statement, but did not want to raise the issue.

#### School's Response

None.

#### Equity Center Analysis

Prejudicial comments are likely to produce even greater consequences and undermine equity throughout entire school settings when they originate from school leaders. If teaching staff feel uncomfortable discussing a situation with the principal or do not feel that reporting the

behavior to him would result in an adequate response, they should inform district-level staff. Other recommended actions include:

- Discussing the implications of this behavior among staff and students to increase awareness
- Providing anti-discrimination/bias training for the principal and other administrative staff
- Addressing any effects on the individual student involved and his reluctance to confront the issue

If this behavior is part of a larger pattern of similar behavior directed at the targeted student, the administration should make him aware of complaint options as well as school and district obligations to comply with student confidentiality standards.

## RACE OR NATIONAL ORIGIN— PHYSICAL AND NONVERBAL BEHAVIOR

### Incident 11

One morning before school, two unprovoked European American male students physically attacked an African American male student in the school hallway. The principal and other students nearby pulled the students apart.

### School's Response

The principal suspended the two European American students for several days and transferred the African American student to an alternative school. The school resource officer filed assault charges. The families of the students involved did not protest the school's actions. The two European American boys returned to school while still on probation. The African American boy dropped out of school. The administration did not identify the incident as harassment.

### Equity Center Analysis

The severity of racially motivated behavior may be sufficient to constitute illegal harassment even if the behavior is not persistent or pervasive. A racially hostile environment can result from a single incident, such as injury to persons or property or conduct threatening injury to persons or property if it is sufficiently severe.

While the administration's response stopped the behavior, appropriate action should involve:

- A full investigation of all circumstances and the possibility of racial motivation
- Actions to counter all negative effects on the victim
- Proactive prevention efforts



Who requested the transfer or whether other factors influenced the transfer is unknown. Transferring the attacked student is not likely to result in compensating the student, but may compound any negative effects. Prevention efforts need to begin with identifying existing school climate issues.

#### Incident 12

A Latino parent complained that her child and other minority students were stereotyped in the school's yearbook, which labeled her son "most likely to be in jail in five years." She felt that the school had harassed him and other students of color by allowing this stereotypical portrayal.

#### School's Response

The yearbook adviser and principal apologized to the parent and indicated that the labeling reflected the insensitivity of the students who produced the yearbook. Unsatisfied, the parent wanted the yearbooks recalled and different wording and pictures inserted. This incident seemed to bring about increased sensitivity and awareness among school staff.

#### Equity Center Analysis

The school environment includes any displays on school property and publications the school may develop. All aspects of this environment should reflect sensitivity to diverse people and cultures. Validating the parent's complaint by looking into the situation and responding with an apology affirmed the principal's stance toward bias and stereotyping and resulted in increased awareness of these issues among staff. Further measures to address this situation might include:

- Discussing bias and stereotyping with the students involved
- Clarifying for all students the school's stance toward stereotypical behavior and language
- Training staff on their responsibilities concerning harassment and yearbook content

#### Incident 13

After school hours, two large groups of European American and Latino students began to fight outside the school. Teachers and administrators did not intervene out of fear for personal safety.

#### School's Response

The next day mediation occurred between the two groups. All teachers later attended a harassment workshop. These actions seemed to be temporarily effective. Mediation is still in place, but problems remain.

#### Equity Center Analysis

Because staff feared for their safety, they or the administration should report the physical confrontation to law enforcement. Administrative staff should:

- Invoke school disciplinary procedures and apply them appropriately to all students involved
- Address any effect on students who may have been victims of harassment
- Take steps to prevent future recurrence

While mediation is one effective means of prevention, larger school climate issues are addressed through curriculum, training, and school policy.

#### Incident 14

After school hours, a group of European American students verbally harassed and physically assaulted a male Asian American student near the school but off school grounds. An older student witnessed the assault and provided information to the administration and law enforcement officials. One of the students who had participated in the assault later harassed and threatened the older student, attempting to force him to change his statement.

#### School's Response

School officials conducted an investigation, met with the victim and his family, and disciplined the perpetrators based on their level of involvement. The police cited several students for assault. The student who had threatened the witness was expelled.

School administrators believed their actions sent a strong message to the staff, students, and community members about the district's strong policy against violence, whether it occurs during or after schools hours, or on or off school grounds.

#### Equity Center Analysis

The school's response appears appropriate and consistent with school disciplinary policies. Anyone reporting what she or he perceives to be an incident of harassment must feel protected from threats or acts of retaliation.

Further steps might include training and educational activities for all staff and students on issues of harassment and diversity.

#### Incident 15

While Latino students danced on stage in a cultural performance, a group of non-Latino students threw food at them.

#### School's Response

This behavior outraged some teachers and hurt and offended students. Administrators didn't take any action. Staff and students received no information about the resolution of the incident. Many "us-them" feelings surfaced at the school and lingered long after the incident.

### Equity Center Analysis

The resentment following this incident demonstrates how the effect of disrespectful acts can permeate an entire school climate. It further demonstrates how the lack of an appropriate, effective response can undermine both student and staff morale.

In this instance, school administrators should:

- Respond promptly, in accordance with any existing district policies and procedures
- Make response efforts known to the school community
- Take the lead in providing opportunities for discussion of the incident and increased cultural awareness among student groups

Additional prevention efforts include staff training on curricular and instructional strategies to facilitate increased understanding and respect for all cultures.

## GENDER—VERBAL BEHAVIOR

### Incident 16

A second-grade Latino male made inappropriate sexual comments to a female classmate. He was limited English proficient, and his parents did not speak English.

### School's Response

With the aid of a native Spanish speaker, both the boy and his parents received information on appropriate behavior expectations. The behavior stopped. The administration's response satisfied the girl's parents.

### Equity Center Analysis

Notice of alleged sexual harassment imposes a duty on a school's administration to conduct an investigation and determine whether harassment has occurred. If they find that harassment occurred, school officials must take reasonable, age-appropriate steps to stop the behavior, address the effects on the harassed individual, and prevent any recurrence.

School officials appear to have considered the factors specific to the students involved in the incident. While suspension or other form of discipline may be appropriate for an older student, counseling alone, or a clear, verbal explanation of school rules may be more effective and appropriate for an elementary-age student.

School officials also appropriately met the needs of the accused student and family by providing a translator.

Prevention efforts also might entail similar bilingual or multilingual clarification of behavior expectations, either written or verbal, for the entire school community including parents, students, and staff.

### Incident 17

A high school student running for office told sexual stories and made comments of a sexual nature against her opponent, who was also female.

#### School's Response

Staff and building administrators did nothing for a year in response to these acts. The district later became involved and conducted an investigation. They canceled elections until the investigation was complete and disciplinary action had been taken. The investigation revealed the need to apply disciplinary procedures with respect to the actions of both the student and the staff members involved.

#### Equity Center Analysis

School staff should respond promptly by following school policies and procedures covering discrimination on the basis of sex. Alleged harassment of a sexual nature between two students of the same sex should be handled in the same manner as sexual harassment between male and female students. If the school determines that sexual harassment took place, it should:

1. Stop the behavior
2. Apply appropriate disciplinary procedures
3. Address any related effects on the student harassed
4. Prevent future occurrences

To address any effects on the harassed student the school could hold a new campaign with clearly stated rules and guidelines for appropriate campaigning technique. Prevention efforts should include training for school administrators, staff, and students on the school's definition of sexual harassment and related reporting and responding procedures.

### Incident 18

A group of boys frequently made comments to a female student about her breasts. They continued the behavior after she told them to stop. She reported the situation to a school administrator.

#### School's Response

The school administrator spoke with the girl, helped her file a complaint, and called her parents to let them know what had happened. He also called the parents of the students harassing the girl and conducted a full investigation. He subsequently suspended the harassing boys, informed them with their parents about school policy, and referred them to a counselor. While the actions taken stopped the behavior, school staff recognized a further need to educate all students about issues surrounding sexual harassment.

### Equity Center Analysis

The school administration responded appropriately by immediately:

- Assisting the student alleging harassment with formal complaint procedures
- Investigating and stopping the behavior
- Including parents at all stages of the process

Schoolwide prevention could focus on increasing student understanding of the definition and consequences of harassment and the necessary steps for reporting and combatting harassing behavior.

### Incident 19

When walking to class, a female student frequently had to pass by a group of Latino males. She reported that their looks and comments in Spanish, although she was unable to understand them, made her uncomfortable, and she felt harassed.

### School's Response

Teachers began standing in the hallways, monitoring behavior, and moving boys into classrooms. Teachers also talked to students about the legal and social aspects of harassment. Books in Spanish on harassment laws and school regulations were provided. The administration disciplined specific individuals who continued making comments after the awareness training.

### Equity Center Analysis

Comments and actions of a sexual nature constitute harassment when they are unwelcome and their severity, pervasiveness, or persistence either limits a student's ability to benefit from the education program provided or creates a hostile, abusive environment. The student's description of feeling "uncomfortable" falls within legal guidelines that emphasize that conduct is unwelcome when the student does not request or invite it and considers the conduct either undesirable or offensive.

Whether the student could literally understand the words or phrases used does not determine whether harassment occurred. The import of the words and accompanying nonverbal behavior appear to have negatively affected the student, but were also clearly unwanted.

While the school appeared to take reasonable steps to intervene and attempt to stop the behavior by raising awareness, these efforts did not eliminate the behavior. In addition to measures to inform students of relevant laws and the social aspects of harassment, the school should conduct an investigation to determine whether discipline was necessary after the student's first report.

In this case, involving all staff in discussions of harassment issues appeared effective for improving the school environment. School officials should also ensure that written information and school regulations are provided to all students, both Spanish and non-Spanish speakers.

### Incident 20

Middle school students repeatedly called other students inappropriate names relating to gender, sexuality, and socioeconomic status in the hallways between classes.

### School's Response

A group of teachers initiated an awareness program developed from written comments of students, counselors, and staff. Students presented the program addressing some of the most pertinent issues in a 40-minute assembly. Teachers then led classroom discussions on students' feelings, reactions, and solutions. The school also administered a student survey on school safety.

With this response, student awareness increased somewhat. However, the worst offenders didn't seem affected. Because the administration did not take the lead, students felt that if they reported an incident, nothing would be done. One staff member suggested offering a similar assembly to other nearby middle schools to open channels of communication on these issues both within and among local schools.

### Equity Center Analysis

The description given implies that this behavior pervades the school climate and may have created a hostile school environment. OCR can view together incidents of sexual harassment and non-sexual, gender-based harassment—for example, taunts based on sexual orientation or the victim's failure to conform to sex stereotypes of masculinity and femininity—when determining whether a hostile environment exists.

Additional factors that may have compromised school safety in this setting include:

- Students' perception of a lack of consequences for acts of harassment
- The absence of any recourse for harassed students
- A lack of common understanding and denial regarding the issues

Although the teachers' actions were laudable, the administration should have taken affirmative steps to investigate, identify responsible students, and stop the behavior. All staff should receive training in strategies that focus on their responsibility for ensuring a safe and healthful school environment.

### Incident 21

"Big Johnson" and "Coed Naked" T-shirts became popular among certain groups of students. Administrators disallowed them despite First Amendment claims.

### School's Response

The vice-principal met with a student forum to discuss the situation. She explained the issue of offending others, even a small minority. Students balked at participating in the discussion and wore the "outlawed" T-shirts to the meeting. The action taken proved effective, how-

ever. Students stopped wearing the T-shirts or began wearing jackets over them without complaint.

#### Equity Center Analysis

Public schools have a responsibility to uphold all student constitutional rights both in the classroom and in school-related educational programs or activities. While the First Amendment may prohibit school officials from restricting certain forms of speech or expression that are offensive to some, it does not prohibit officials from condemning behavior and speaking out strongly against improper conduct.

In this case, approaching this issue through discussion seemed to result in an increased understanding among students of the administrator's position regarding inappropriate clothing. The Office for Civil Rights recognizes that particular expressions are offensive to some students. This does not in itself form a legally sufficient basis to establish a sexually hostile environment under Title IX. To establish a violation of Title IX, the harassment must be sufficiently severe, pervasive, or persistent to limit a student's ability to participate in or benefit from the education program or to create a hostile or abusive educational environment.

## GENDER—PHYSICAL AND NONVERBAL BEHAVIOR

### Incident 22

A group of students performed a strip tease during a school assembly.

#### School's Response

The strip tease did not "faze" some people while others became very offended. The administration wanted to deal with the matter privately. Others wanted a public response. The actual response included staff training and an all-school discussion.

The students involved in the strip tease received discipline. An all-school presentation and discussion occurred. All classrooms received a TV video message from the principal, which presented the definition of harassment. All teachers received guidelines to use in classroom discussions.

#### Equity Center Analysis

District policy and school procedures should be comprehensive enough in scope and depth to be responsive to all forms of possible harassment. In this case, the school appeared to follow procedures that prompted a comprehensive response involving education, training, and discussion of harassment and related topics. Staff and students received information to enable them to clearly understand what constitutes harassment and discrimination as well as the consequences associated with such acts.

The school should take continuous steps to ensure full understanding of the serious implications of harassment. Maintaining a safe and harassment-free climate will not be accomplished by providing a one-time workshop. This requires ongoing education of the school community, ensuring the use of nonbiased curriculum, and continuous leadership and support from the school administration.

#### Incident 23

A male elementary student sexually harassed (with the intent of sexually abusing) an elementary female student.

#### School's Response

Teachers, administrators, students, and parents were interviewed. An attorney provided advice. The male student was transferred to a neighboring elementary school. The school district employed an education assistant to shadow and supervise him. The school used this solution model in similar situations.

#### Equity Center Analysis

School staff apparently took reasonable steps to stop the behavior. Before undertaking an investigation, however, administrators should inform parents of the school grievance procedures and options for both formal and informal action. Administrators should also make certain that remedies and measures designed to respond to harassment in this type of situation meet the following criteria:

- Age-appropriate
- Tailored to the circumstances of the particular situation
- Effective to address all effects on the victims of harassment
- Reasonably likely to prevent future occurrence

Prevention efforts could include counseling of the male student and communication and reinforcement of behavior standards for all students.

#### Incident 24

A first-grade male student engaged in inappropriate touching of other male students.

#### School's Response

Staff sent the student to talk with the principal and a counselor, and the school called his parents. Inappropriate behavior continued. The school made additional calls to the student's home, developed a behavioral plan, and assigned a counselor. The behavior persisted and later involved a female student.

A teacher notified the boy's parents, and the principal held a telephone conference with the parent during which she reviewed the Student Rights and Responsibility Handbook and school rules. A conference with the girl and her parent also occurred. The student remained in



counseling. The school documented all incidents and each conference with the parent.

Additional responses included required districtwide student education, assigning a student support team to monitor behavior, and a revised behavior plan establishing clear consequences. The parents ignored repeated requests for an in-person conference. When the last incident occurred, the student was suspended for one day with a parent conference required for reinstatement.

#### Equity Center Analysis

While initial actions apparently did not reverse the persistent behavior, the school reacted promptly and attempted to institute comprehensive remedies. Strategies developed in response to repeated incidents—clearly defining student rights and responsibilities with parents, suspension, and establishing clear consequences for violating behavior standards—are usually more effective if used from the outset.

The school appropriately involved the parents, counselor, principal, and student support team at all stages and took a “no tolerance” stance toward harassing behavior. The administration can supplement these actions, however, with some additional strategies mentioned above.

It is neither clear how extensive the “student education” was nor whether additional measures provided the harassed students with strategies for coping with the harassment. Administrators should ensure that students fully understand behavior requirements and that harassed students receive effective services.

#### Incident 25

A male high school student touched a female student’s breasts in class. Both are special education students.

#### School’s Response

A paraprofessional witnessed the interaction and determined it was offensive and inappropriate. The teacher reported the behavior immediately to the administration. The school investigated and documented the incident. The boy and the girl both said they were “just playing around.”

Staff removed the male student, who had been acting as a teacher’s assistant, from the classroom. An on-duty police officer explained sexual harassment to him.

#### Equity Center Analysis

Although the results of the investigation are not provided, the incident as described above, implies that neither student was participating unwillingly. If the behavior was not unwanted and not pervasive or persistent enough to constitute a hostile environment for others, it may not constitute harassment.

School staff, however, appropriately reported the behavior, and the administration investigated and documented the incident. The administration should explain sexual harassment to the female student, not just the male student, and address the concerns of the observer (the paraprofessional), who found the behavior “offensive and inappropriate.”

#### Incident 26

Fourth- and fifth-grade “mainstream” students told several special education students to engage in inappropriate touching of other special education students.

#### School’s Response

Staff brought the students to the office and the principal explained harassing behavior. He interviewed the students, suspended those who engaged in the behavior, and documented and recorded the incident.

An administrator and special education teacher visited all fourth- and fifth-grade classrooms to discuss the issue. They held staff meetings to discuss relevant district and school policies. The special education team discussed the situation with the special education students. The district office was not notified. Nothing like this happened again.

#### Equity Center Analysis

Staff apparently took reasonable steps to eliminate the behavior and prevent future occurrences. They notified school officials who applied disciplinary and educational strategies to stop the behavior. Students and staff participated in educational activities to increase awareness. Other essential components of a school’s response, which are not apparent from the description given above, include:

- Notifying district-level staff
- Providing any necessary accommodations for students with disabilities to ensure full understanding of school policies and procedures covering harassment
- Complying with all due process rights of students involved with respect to the investigative and disciplinary processes
- Informing fourth- and fifth-grade students’ parents of the administration’s response and school procedures governing complaints of sex discrimination

## LEGAL FOUNDATIONS

The law concerning school-based harassment, especially sexual harassment, is still undergoing refinement as the courts determine various questions. This section presents some laws and important cases, but is not exhaustive and is intended only as an introduction to legal issues. If you want current or specific information, contact the Office for Civil Rights in your region or your school district's legal representative.

### Applicable Laws

#### Title VI of the Civil Rights Act of 1964

No person in the United States shall, on the grounds of race, color, or national origin, be excluded from participation in, be denied the benefits of, or otherwise be subjected to discrimination under any program or activity receiving federal financial assistance.

#### Title VII of the Civil Rights Act of 1964

Prohibits discrimination on the basis of race, color, national origin, religion, or sex. Sex discrimination has been interpreted by the courts to include sexual harassment. The law covers all employees in public and private institutions having 15 or more employees, including student employees.

#### Title IX of the Education Amendments of 1972

No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or otherwise be subjected to discrimination under any program or activity receiving federal financial assistance.

#### The Civil Rights Act of 1991

Amends Title VII. Allows damages for emotional distress and punitive damages for employees of private institutions. Compensatory damages, but no punitive damages, are available to public employees.

#### Family Educational Rights and Privacy Act (FERPA)

FERPA forbids disclosing education-record information without a student's or parent's permission. Written information about a harassment complaint, investigation, and outcome, under Title IX, becomes part of a harassing student's education record. FERPA and Title IX—the latter allowing schools to inform harassment victims of investigation results to assure victims that their complaints have been taken seriously—appear to be in conflict. However, the Department of Education currently interprets amendments that prevent FERPA from interfering with Title IX as resolving the conflict. According to the Department, if FERPA interferes with the primary purpose of Title IX, which is to eliminate sex-based discrimination in schools, then Title IX requirements supersede FERPA provisions.

## Selected Court and OCR Decisions

- Updating their decision in *Franklin v. Gwinnett County Public Schools* (1992), the U.S. Supreme Court ruled in *Gebser v. Lago Vista Independent School District* (1998) that a district can be held liable for monetary damages under Title IX of the Education Amendments of 1972 for a teacher's sexual harassment of a student if an official who has authority to address the harassment has actual knowledge of the misconduct and that official is deliberately indifferent in responding to it.

The U.S. Supreme Court ruled in *Franklin v. Gwinnett County Public Schools* that where an implied private right to sue exists, money damages are recoverable. There are implied private rights to sue under the Title IX and the Rehabilitation Act of 1973.

- Updating the decision of the U.S. Court of Appeals for the 11th Circuit in *Davis v. Monroe County Board of Education* (1996), the U.S. Supreme Court ruled in 1999 that a district may be liable for monetary damages under Title IX of the Education Amendments of 1972 if one student sexually harasses another student in the school's program and the conditions of *Gebser* (above) are met.

The U.S. Court of Appeals for the 11th Circuit ruled in *Davis v. Monroe County Board of Education* (1996) that a district can be sued for monetary damages if school authorities know about but fail to act on a sexually hostile educational environment created by student-to-student sexual harassment.

- The U.S. Court of Appeals for the 7th Circuit ruled in *Nabozny v. Podlesny* (1996) that the school district violated Nabozny's rights to equal protection and due process when it refused to protect him from anti-gay abuse and enhanced his risk of harm by creating a climate in which violent anti-gay abuse was tolerated. This decision led the federal government to clarify that sexual harassment directed at lesbian and gay students is also covered by Title IX of the Education Amendments of 1972.
- *Doe v. Petaluma* (1995) found that Title IX protects students against sexual harassment when a hostile education environment is created even if the students themselves create the environment. Further, the district can be held liable for damages if it intended to discriminate against a student by not taking action upon the plaintiff's complaint. Failure to act can be evidence of intention to discriminate.
- The Supreme Court ruled in *Faragher v. City of Boca Raton* (1998) that an employer could be held liable under Title VII of the Civil Rights Act of 1964 for the actions of a supervisor who creates a sexually hostile environment for an employee.
- In *Burlington Industries Inc. v. Ellerth* (1998), the Supreme Court ruled that an employer could be held liable under Title VII when a supervisor makes sexual advances or creates a hostile work environment for an employee, even if the employee suffers no tangible

job consequences (such as loss of promotion). However, in a case involving no tangible consequences, an employer can defend itself by showing that it took action to prevent and respond to sexual harassment, and that the complaining employee failed to follow complaint procedures.

- The Supreme Court ruled in *Onacle v. Sundowner Offshore Services* (1998) that Title VII covers sexual harassment involving workers of the same sex. The court's ruling came in the case of a male oil rig worker who alleged he was sexually taunted and abused by his male co-workers.
- In a situation involving a school district in Washington state, the Office for Civil Rights found that a teacher who repeatedly treated minority students in a racially derogatory manner violated Title VI by creating a racially hostile environment.
- In *Walker v. Ford Motor Company* (1982), the 11th Circuit Court found that a racially hostile environment was created by the "repeated, continuous, and prolonged" use of derogatory terms.

## SELECTED RESOURCES AND REFERENCES

The following sites are a starting point in the search for information on school-based harassment. However, World Wide Web addresses change frequently, and individuals seeking information on harassment may also find it helpful to undertake a WWW search on the topic for the latest sites.

- Organizations**
- American Civil Liberties Union (ACLU). The ACLU defends and preserves the individual rights and liberties guaranteed to all people by the Constitution and laws of the United States. They fight civil liberties violations in courts, legislatures, and communities. [www.aclu.org](http://www.aclu.org)
  - Anti-Defamation League of B'nai B'rith (ADL). A World of Difference Institute, Anti-Defamation League of B'nai B'rith. 823 United Nations Plaza, New York, NY 10017. The World of Difference Institute is a technical assistance and consulting organization. Their goals include recognizing bias and the harm it inflicts on individuals and society, exploring the value of diversity and improving intergroup relations, and combating racism, anti-Semitism, and all forms of prejudice and bigotry. [www.adl.org/awod/awod\\_institute.html](http://www.adl.org/awod/awod_institute.html).
  - Departments of education in each state have equal education opportunity offices. Those offices may have information on curriculum guides, seminars, videotapes, and other resources.
  - Equity Assistance Centers (EACs). Ten federally funded regional Title IV EACs assist educators to create safe, positive, and bias-free educational environments for all students. EAC efforts cut across categories of race, national origin, and gender. For the EAC serving your area, contact the U.S. Department of Education.
  - Equity Center. Located at Northwest Regional Educational Laboratory (NWREL) in Portland, Oregon, the Equity Center is one of 10 regional equity assistance centers funded by the U.S. Department of Education. The Center provides training and technical assistance within the larger context of school improvement to public school personnel, school board members, students, parents, and other community members. The center assists public school staff in providing equity, high-quality education to all learners. Equity Center, NWREL, 101 S. W. Main St., Suite 500, Portland, OR 97204-3297. [www.nwrel.org/cnorse](http://www.nwrel.org/cnorse)
  - Facing History and Ourselves National Foundation, Inc. is a national educational and professional development organization whose mission is to engage students of diverse backgrounds in an examination of racism, prejudice, and anti-Semitism in order to promote the development of a more humane and informed citizenry. [www.facing.org](http://www.facing.org)
  - National Coalition Building Institute offers programs in prejudice reduction, intergroup conflict resolution, and coalition building to elementary through high school students. National Coalition Building Institute, 1835 K Street, NW, Suite 715, Washington DC, 20006.

- Office for Civil Rights, U.S. Department of Education ensures equal access to education and promotes educational excellence through enforcement of civil rights. U.S. Department of Education, Office for Civil Rights, Mary E. Switzer Building, 330 C Street, SW, Washington, D.C. 20202, (800)-421-3481. [www.ed.gov/offices/OCR](http://www.ed.gov/offices/OCR)
- Respecting Ethnic and Cultural Heritage (REACH) Center provides cultural diversity training and services to educational institutions. REACH assists agencies with strategic planning and training for individuals to acquire the knowledge, attitudes, and skills needed to function in a culturally and racially diverse world. 4464 Fremont Ave. N, Suite 300, Seattle, WA 98103. [www.reachctr.org](http://www.reachctr.org)
- Southern Poverty Law Center, Teaching Tolerance Program, is a non-profit organization that combats hate, intolerance, and discrimination through education and litigation. *Teaching Tolerance* offers curricula and resources to schools. 400 Washington Ave., Montgomery, AL 36104. [www.splcenter.org](http://www.splcenter.org)
- The Center for Research on Women, a research and technical assistance organization, also offers training on identifying and preventing bullying and harassment in schools. Wellesley College: Wellesley, MA. [www.wcwoonline.org/w-crw.html](http://www.wcwoonline.org/w-crw.html)

## Articles and Reports

- American Association of University Women Educational Foundation. (1993). *Hostile hallways: The AAUW survey on sexual harassment in America's schools*. Washington, DC: Author.
- American Association of University Women Educational Foundation. (2001). *Hostile hallways: Bullying, teasing, and sexual harassment in school*. Washington, DC: Author.
- Bowman, D.H. (2001, March 21). At school, a cruel culture: Taunts, bullying can push some students to violence, experts say. *Education Week*, 20(27), 1, 16–17.
- Byrnes, D. (1995). *“Teacher, they called me a—!”: Confronting prejudice and discrimination in the classroom* (2nd ed.). New York, NY: Anti-Defamation League of B'nai B'rith.
- Cheng, M., & Soudack, A. (1994a). Education to promote racial and ethnocultural equity: A literature review. *ERS Spectrum*, 12(4), 28–40.
- Cheng, M., & Soudack, A. (1994b). *Anti-racist education: A literature review*. Toronto, Ontario, Canada: Toronto Board of Education. (ERIC Document Reproduction Service No. ED 380 339)
- Cole, J. (1990). *Filtering people: Understanding and confronting our prejudices*. Philadelphia, PA: New Society.
- Hanson, M. (1995). *Options: Making connections in today's world (for young European American males)*. Sacramento, CA: Project SERVE.
- Horn, D.M. (2000). *Bruised inside: What our children say about youth violence, what causes it, and what we need to do about it*. Washington DC: National Association of Attorneys General.



- Joyce, R.P. (1990). Racial harassment in education: Legal and policy issues. *School Law Bulletin*, 21(4), 16–24.
- Murray, C.B., & Clark, R.M. (1990). Targets of racism. *American School Board Journal*, 177(6), 22–24.
- O’Neil, J. (1993). A new generation confronts racism. *Educational Leadership*, 50(8), 60–63.
- Parrenas, C.S. & Parrenas, F.Y. (1993). Cooperative learning, multicultural functioning, and student achievement. In L.M. Malave (Ed.), *Annual conference journal: Proceedings of the National Association for Bilingual Education Conferences* (pp. 181–189). Washington, DC: National Association for Bilingual Education. (ERIC Document Reproduction Service No. ED360877)
- Ramsey, P.G. (1987). *Teaching and learning in a diverse world: Multicultural education for young children*. New York, NY: Teachers College Press.
- Roberts, W.B., Jr., & Coursol, D.H. (1996). Strategies for intervention with childhood and adolescent victims of bullying, teasing, and intimidation in school settings. *Elementary School Guidance and Counseling*, 30(3), 204–212.
- Stein, N.D. (1997). *Bullying and sexual harassment in elementary schools: It’s not just kids kissing kids*. Wellesley, MA: Wellesley College, Center for Research on Women.
- Stein, N.D. (1999). *Classrooms and courtrooms: Facing sexual harassment in K–12 schools*. New York, NY: Teachers College Press.
- Stein, N.D., Marshall, N. L., & Tropp, L. R. (1993a). *Harassment in the halls*. Wellesley, MA: Wellesley College, Center for Research on Women.
- Stein, N.D. (1999). *Incidence and implications of sexual harassment and sexual violence in K–12 schools*. Washington, DC: George Washington University, Hamilton Fish National Institute on School and Community Violence. Retrieved November 8, 2001, from <http://ham-fish.org/pub/nan.pdf>
- Stein, N.D., Marshall, N. L., & Tropp, L. R. (1993b). *Secrets in public: Sexual harassment in our schools*. Wellesley, MA: Wellesley College, Center for Research on Women.
- Trigg, M., & Wittenstrom, K. (1996). “That’s the way the world really goes”: Sexual harassment and New Jersey teenagers. *Initiatives*, 57(2), 55–65.
- Anti-Defamation League of B’nai B’rith. (1986). *The wonderful world of difference: A human relations program for grades K–8*. New York: Author. (ERIC Document Reproduction Service No. ED 274 743)

## Curricula and Video



- Arthur & Rochelle Belfer Center for American Pluralism. (1996). *Hands across the campus*. Washington, DC: American Jewish Committee.
- Bitters, B.A., & Keyes, M. (1993) *Classroom activities in sex equity for developmental guidance*. Madison, WI: Wisconsin Department of Public Instruction.
- Derman-Sparks, L., & A.B.C. Task Force. (1989). *Anti-bias curriculum: Tools for empowering your children*. Washington, DC: National Association for the Education of Young Children.
- Equal Educational Opportunities. (1993). *Girls and boys getting along: Sexual harassment prevention in the elementary grades*. St. Paul, MN: Minnesota Department of Education.
- Huppertz, N. (1993). *Sexual harassment training of trainers materials*. Portland, OR: Northwest Regional Educational Laboratory, Equity Center.
- Intermedia, Inc. (1992). *Crossing the line* [Video]. (Available from Intermedia, Inc., 1300 Dexter N., Seattle, WA 98109)
- Johnson, R. (1995). *Visions: Rites of passages for young African American males*. Sacramento, CA: Project SERVE.
- Klonsky, R.L., & Gelston, E.R. (1989). *Our umbrella of friendship*. New York, NY: Anti-Defamation League of B'nai B'rith.
- Kreidler, WJ. (1984). *Creative conflict resolution: More than 200 activities for keeping peace in the classroom*. Glenview, IL: Scott, Foresman.
- Levy, B. (1993). *In love and in danger: A teen's guide to breaking free of abusive relationships*. Seattle, WA: Seal Press.
- Makey, M. (Producer), & Stein, N.D. (Speaker). (1996). *Flirting or hurting: Sexual harassment in school* [Video]. (Available from GPN, P.O. Box 80669, Lincoln, NE 68501-0669)
- Mazin, L.E., Hestand, J.T., & Koester, R.E. (1998). *An educator's legal guide to stress-free discipline and school safety*. Bloomington, IN: National Educational Service. (ERIC Document Reproduction Service No. ED 439 529)
- Morris, B., Terpstra, J., Croninger, R.G., & Linn, E. (1985). *Tune in to your rights: A guide for teenagers about turning off sexual harassment*. Ann Arbor, MI: University of Michigan, Programs for Educational Opportunity.
- National Broadcasting Corporation. (1994). *Boys will be boys* [Video]. New York, NY: NBC Afterschool Special.
- New Dimensions Media. (1993). *Teen awareness/sexual harassment* [Video]. (Available from New Dimensions Media, Inc., 85803 Lorane Highway, Eugene, OR 97405-9408)
- Office for Civil Rights. (1993). *Strategies that address racial and ethnic conflict in elementary and secondary schools*. Washington DC: U.S. Department of Education.

- Office for Civil Rights. (1997). *Sexual harassment: It's not academic*. Washington, DC: U.S. Department of Education.
- Office for Civil Rights. (1999). *Protecting students from harassment and hate crime: A guide for schools*. Washington DC: U.S. Department of Education.
- Office for Civil Rights. (2001). *Revised sexual harassment guidance: Harassment of students by school employees, other students, or third parties*. Washington, DC: U.S. Department of Education.
- Sadelia, G., Holmberg, M., & Halligan, J. (1987). *Conflict resolution: A secondary school curriculum*. San Francisco, CA: Community Board Program.
- Sadelia, G., Holmberg, M., & Halligan, J. (1990). *Conflict resolution: An elementary school curriculum*. San Francisco, CA: Community Board Program.
- Slaby, R.G., Wilson-Brewer, R., & Dash, K. (1994). *Aggressors, victims, and bystanders: Thinking and acting to prevent violence*. Newton, MA: Education Development Center.
- Sneed, M., & Woodruff, K. (1994). *Sexual harassment: The complete guide for administrators*. Arlington, VA: American Association of School Administrators.
- Strauss, S. (1993). *It's not fun/it's illegal: The identification and prevention of sexual harassment to teenagers*. St. Paul, MN: Minnesota Department of Education, Equal Educational Opportunities.
- Stauss, S., & Espeland, P. (1992). *Sexual harassment and teens: A program for positive change*. Minneapolis, MN: Free Spirit.
- Stein, N.D., & Sjorstrom, L. (1994). *Flirting or hurting? A teacher's guide on student-to-student sexual harassment in schools*. Washington DC: National Education Association.
- Stein, N.D., & Sjoström, L. (1996). *Bullyproof: A teacher's guide on teasing and bullying for use with fourth and fifth grade students*. Wellesley, MA: Wellesley College, Center for Research on Women, & Washington, DC: NEA Professional Library.
- Stevens, F.R. (1999a). *Student survey on school climate*. Portland, OR: Northwest Regional Educational Laboratory, Assessment and Evaluation Program, & Equity Center.
- Stevens, F.R. (1999b). *Staff survey on school climate*. Portland, OR: Northwest Regional Educational Laboratory, Assessment and Evaluation Program, & Equity Center.
- U.S. Department of Education Office for Civil Rights. (1994, March 10). Racial incidents and harassment against students at educational institutions; investigative guidance [Notice]. *Federal Register*, 59(47).
- Wah, L.M. (1995). *The color of fear* [Video]. (Available from Stirfry Seminars & Consulting, 154 Santa Clara Avenue, Oakland, CA 94610)

## EQUITY CENTER STAFF MEMBERS

Dr. Carol Thomas, Chief Executive Officer, NWREL

Joyce Harris, Director, Equity Center

Mark Taylor, Equity Associate

Dr. Moses Wambalaba, Equity Associate

Kendra V. Hughes, Equity Specialist

Jean DeYoung, Management Assistant

Gwen McNeir, Secretary

