

FOLDER	LESSONS
Lesson 1	Information Sheet Additional Getting Acquainted Activities Coat of Arms Activity
Lesson 2	Getting to Know You! Activities--Building Relationships Additional Classroom Icebreaker activities
Lesson 3	Information about Your School How to Adjust to a New School (visual handout/discussion) School Mission Statement
Lesson 4	Study Skills Study skills Handout"But I Don't Have Time Rate Your Approach to Studying Handout: Study Skills Study Skills Inventory Study Skills Inventory Teacher Key--Study Skills Inventory High School Success: Notetaking
Lesson 5	Binder Organization Guide: How to Organize Your Binder
Lesson 6	Getting Involved in Your School Complete list of Extracurricular activities List of Idea for Activities
Lesson 7	Goal Setting Goal Setting Handouts/Rubrics Additional Ideas and Activities
Lesson 8	Five Year Plan Academic Card Academic Plan cards Option #2 Academic Plan cards Option Evaluation
Lesson 9	Calculating and Maintaining your GPA Handout: Calculating Your GPA Article: Does your HS GPA Matter? Article: Ninth Grade the Most Important Grade Article/Discussion: Which year is most important?
Lesson 10	Developing a Growth Mindset Additional Lesson Plan: Developing a Growth Mindset PPT. Active and Passive Learning Handout: Developing the Growth Mindset PPT: Fixed and Growth Mindsets Ways to Develop a Growth Mindset: Activities
Lesson 11	Future Career Pathways Career Interview Assignment Career identification Career Interest Survey Considering Future Career Paths
Lesson 12	Depression, Suicide and Cutting Guide to Mental Health

	Additional Lesson: Suicide and Depression
	Suicide and Depression Resources
	Community Resource Sheet (school generated)
Lesson 13	Searching for a College
	Mission Possible: College Planning--Comprehensive
Lesson 14	Critical Thinking Skills
	Lesson Plan #2Critical Thinking Skills
	Handout: Critical Thinking Skills
	Critical Thinking Skills Handbook
	Activities: Critical Thinking Skills
	PPT Critical Thinking
Lesson 15	Test Taking Strategies
	Activity: Test taking Strategies
	Teachers Key: Test Taking Strategies
	Handout: Test Taking Strategies
	Additional lesson Plan: Test Taking
Lesson 16	Cyberbullying
	Activities for Cyberbullying
	Handbook--Cyberbullying
	Cyberbullying--Personal Publication Guidelines
	Cyberbullying one sheet
	Cyberbullying--Broken Friendships
	Booklet--CyberCool
Lesson 17	Time Management
	Time Management Chart
	Time Management Handbook
	PPT: Time Management
Lesson 18	Learning Styles
	PPT Learning Styles
	Learning Styles Inventory
	Learning Styles Questionnaire
	Learning Styles Assessment
	PPT: Active and Passive Learning
Lesson 19	Attendance Matters: Skipping School
	Being Here and Being Successful
	Article: Top Ten Reasons Why Education is Important
	Chart: Unemployment Rates and Earnings by Education
Lesson 20	Stress Management
	Handout: Stress Management Worksheet
	Helping Teens with Stress
	Handout: My Personal Stress Plan
	Handout: Creating Your Personal Stress Plan
	Handout: Tapped out Teens
	Handout: Teen Stress 101
	Role Plays: Stressful Situations Scenarios
Lesson 21	Learning Tolerance
	Learning Tolerance for All: 20 Activities

Lesson 22	The Community in Which I Live Volunteering and Community Service Handout: Community Service Ideas
Lesson 23	Making Better Choices Additional Lesson Plan: Making Better Choices Values and Choices Activities Handout and Activities: Making Better choices
Lesson 24	Self Esteem Teacher Resource--Self-Esteem Handout--Self Esteem Resources Video Resource
Lesson 25	Money,Money, Money Money Management and Budget Tips Home Budget and Cost of Living (handout) Home Budget and Cost of Living worksheet

DOMAIN

Personalization/Transition

Personalization/Transition

Transition