



East Toledo **SENIOR CENTER**

Menu for October 2026

For information on individual ingredients
please see a staff member.

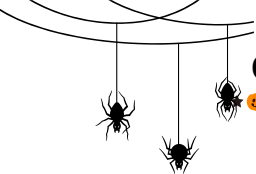
**Food allergy notice: Please be advised that food
prepared here may contain these ingredients:
MILK, EGGS, WHEAT, SOY, PEANUTS, TREE NUTS,
FISH & SHELLFISH.**



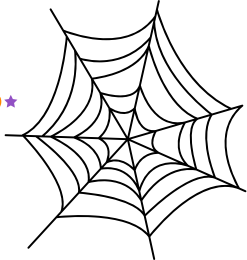
October

East Toledo Senior Center Dining Site 1001 White
Street Toledo, Ohio 43605. **To make lunch
reservations, please call 419-691-2254 ext. 9**
Suggested donation is \$2.50 for those aged 60
and over.

A choice of white or chocolate milk is offered
daily with each meal.



October Week 1

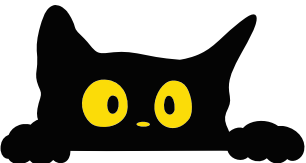


THURS~ 10-1 CHICKEN BACON RANCH PASTA

Orange & Breadstick

FRI~ 10-2 SPAGHETTI & MEATBALLS

Corn, Baked Apples & Garlic Bread



October Week 2



MON~ 10-5 BOLOGNA SALAD SANDWICH

Chips, Celery w/ Ranch & Pears

TUES~ 10-6 HAMBURGER GRAVY

Mashed "Toes", Peas, Fruited Jell-O & Bread w/ Butter

WED~ 10-7 CHEF SALAD

Applesauce & Breadstick

THURS~ 10-8 VEGGIE LASAGNA

Green Beans, Peaches & Garlic Bread

FRI~ 10-9 CLOSED FOR CLEANING!





October Week 3



MON~ 10-12 CHICKEN FINGERS

Mashed "Toes", Corn, Applesauce & Roll
w/ Butter

TUES~ 10-13 DELUXE CHEESE BURGER

Fries & Peaches

WED~ 10-14 TURKEY BLT

Chips & Fruit Cocktail

THUR~ 10-15 TUNA MAC

Corn, Green Beans, Peaches &
Breadstick

FRI~ 10-16 STUFFED PEPPERS

Mashed "Toes", Pears & Bread w/ Butter



October Week 4



MON~ 10-19 ORANGE CHICKEN

Rice, Springrolls, Mandarin Oranges

TUES~ 10-20 CHICKEN SALAD SANDWITCH

Chips & Apple

WED~ 10-21 GRILLED CHEESE

Tomato Vegetable Soup & Pears

THURS~ 10-22 PORK CHOPS

Mashed "Toes", Corn, Green Beans,
Applesauce & Bread w/ Butter

FRI~ 10-23 GHOULASH

Brussels Sprouts, Peaches & Garlic Bread





October Week 5

MON~10-26 CHEESY TACO CASSEROLE

Corn Chips & Mandarin Orangs

TUES~10-27 CHICKEN PATTY SANDWITCH

Fries & Pears

WED~10-28 SWEDISH MEATBALLS

Noodles, Peas, Carrots, Fruit Cocktail,
Bread w/ Butter

THURS~10-29 GRILLED HAM & CHEESE

Glazed Carrots, Brussels Sprouts &
Peaches

FRIGHTDAY~10-30 HALLOWEEN PARTY

**Must sign up and pay for party to have
lunch today! See Patty to sign up!**

