

# SENIOR PAGES

July 2026

Volume 31 Issue 7

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## A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month. Appointments are 30 minutes each. This is a free service.

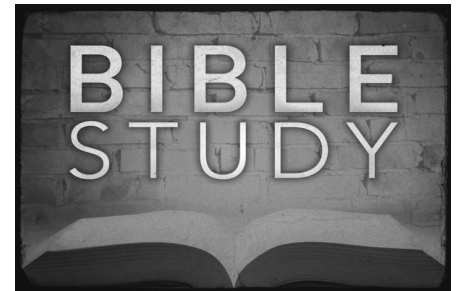
Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house)

We are now taking appointments for September 10th from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext. 207.



## BIBLE STUDY

Ken Leese, a local minister, will be having a bi-weekly Bible Study. He will be here starting at 12:30 P.M. The studies in July will be the 10th & 24th. Ken loves to discuss the Bible and talk about the Lord. If you are interested in attending or would like more information, please call Patty at 419-691-2254 ext.207 or email her at pattyd@etfc.org. There is a sign up sheet on the table if you would like to sign up early to let Ken know you are interested. For more information or to be added to list, call Patty at 419-691-2254 ext. 207 or email her at pattyd@etfc.org.



## MISSION STATEMENT

In the community, for  
the community,  
strengthening one life  
at a time.

## MARK YOUR CALENDAR

**July 7,14,21,28**  
Euchre 12:00 p.m.

**July 6,13,20,27**  
Trivia  
12:30 p.m.

**July 6,13,20,27**  
Line Dancing  
1:00p.m.

**July 2**  
Food for Thought  
12-2

**July 9**  
Red Robin Fundraiser  
Rossford  
All Day

**July 13-16**  
TMA Camp  
10-11:30, 1-2:30

**July 9,23**  
Bunco  
12:30 p.m.

**July 10,17,24,31**  
Golf, Card game  
9:30 a.m.

**July 27**  
Well Check  
10-1

**July 1,15**  
Bingo  
12:30

**July 22**  
Birthday Bingo  
Birthday Treats

**July 24**  
Book Club  
1:30 p.m.

**July 3**  
Center Closed  
Independence Day

**August 12**  
Ice Cream Social  
11:45 a.m.

**ETFC GOLF OUTING**

The East Toledo Family Center will be hosting its Annual Golf Outing on Saturday, July 25, 2026 with an 8:00 a.m. Shotgun Start. It will be held at the Chippewa Golf Club, 23550 OH 579, Curtice OH. For more information, contact Tracy or Holly at 419-691-1429. All proceeds to benefit Youth Enrichment & Athletics.



**MOVIE OF THE MONTH**

Movie of the Month will be on Friday, July 17th at Noon. Movie TBD.



**COLLABORATIVE PARTNERS**

- Area Office on Aging of NWO
- Compass Care
- Eggleston-Meinert-Pavley Funeral Home
- Enpuzzlement
- Food for Thought
- Walker Funeral Home
- Majestic Care
- Orchard Villa
- Seagate Food Bank
- St. Charles Mercy Hospital
- Toledo Refining
- Toledo Health Dept.
- Ayden Healthcare
- Landings of Oregon
- Aetna

**TRANSPORTATION**

For those that use our transportation to go to medical appts., grocery shopping, etc., it is now required that you schedule at least 2 weeks before your appointment. If it is non-medical, please have a few options in case we are booked. Please remember there is a \$20 cost for all transportations now.

**BIRTHDAY BINGO**

Austin from CoreWealth, will be sponsoring a free birthday bingo July 22nd, the 4th Wednesday of the month, at 12:30 p.m. This is for everyone; we are celebrating with the people that had birthdays that month!



**EUCHRE**

Euchre is every Tuesday beginning at 12:00 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? We will serve players lunch at 11:30 if you are signed up. Just call and sign up for lunch at least 24 hrs. in advance.

**LINE DANCING**

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

**REMINDER ABOUT TRANSPORTATION**

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone up and came back here, they will not go back out to pick others up. So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

**BOOK CLUB**

Friday, July 24th at 1:30 p.m.

**“The Lost Coast” by Jonathan Kellerman**

It's been almost a year since Clay Edison was forced out of his job at the coroner's bureau. Now he's on his own, working as a private eye. When a client brings him a fraud case, Clay dives into a decades-old scheme targeting the vulnerable. His investigation leads him to a bizarre town buried in remote California wilderness. The residents don't care much for outsiders. They certainly don't like Clay asking questions. And they'll do just about anything to shut him up.



\*\*See Patty for a book

**BINGO**

Bingo will be on 1st & 3rd Wednesday at **12:30 p.m.** While this is a drop-in activity we recommend signing up in advance.



**RECEPTIONIST**

We are looking for volunteer receptionist/s during the hours of 11 a.m.-3 p.m. Tuesday's & Thursday's

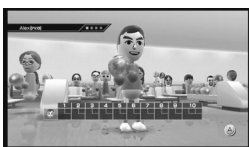
Duties are welcoming visitors, answering phones, helping with mailings, etc.

Some experience is appreciated but we can train. See Derek or Brenda for more information or if you are interested.

**WII BOWLING**

Wii Bowling will now be held on the 2nd and 4th Thursday of the month at **12:30 p.m.**

This is a drop in program and you can join and play at any time. It is FREE! This can be done standing or sitting.



**WISH LIST**

55 in.-65 in. Smart TV  
New 18-26 qt. electric roasters

**BUNCO**

Bunco is the 2nd & 4th Thursday's at 12:30 p.m. **Bunco is a fun, luck-based dice game** **No experience needed. We can teach you in a matter of minutes!**

Cost to play is \$1.00.

**FOOD COMMODITIES**

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come first serve basis.

**NURSE KELLY**

Nurse Kelly **will not** be here in July due to her vacation.



**TOPS**

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.– 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Center.

**TRIVIA**

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

**SENIOR SAFETY TIPS**

**Safe Walking Practices**

- Use walking aids like canes or walkers if needed. They provide stability and reduce the risk of falls.
- Wear appropriate footwear with good traction. Shoes with non-slip soles can prevent falls, especially in wet or icy conditions.
- Cross streets at designated crosswalks. Always look both ways and make sure drivers see you before crossing.



**COFFEE**

The East Toledo is accepting donations of Regular coffee for our coffee bar. It has gotten so expensive and we do not want to have to charge for coffee. Thank you in advance.

**TRANSPORTATION**

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.

**CENTER CLOSED**

**Center will be closed on Friday, July 3rd in observance of Independence day.**



**GOLF: THE CARD GAME**

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. The objective is to achieve the lowest possible score by strategically managing a hand of cards. Players aim to swap high-value cards for lower-value cards. Everyone is welcome to join us. No experience is necessary. We will teach you! This is a drop in program and it is not necessary to be here every Friday.

**MINOR HOME REPAIR PROGRAM**

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate

taxes. If you or someone you know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

**ART EXPLORATION  
Toledo Museum of Art**

The Toledo Museum of Art will begin its summer camp July 13—16. 10 a.m.-11:30 and 1 p.m.-2:30p.m. Only 15 per people per session. Make sure to sign up on sheet.

Watch for information on the projects will be worked on for each session.

**LUNCH PROGRAM**



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9).** There is a \$2.50 suggested donation for lunch.

**GLASS BLOWING**

The Toledo Museum of Art will be doing a glass blowing demonstration on Tuesday, August 4th. The time is to be determined.



**We are no longer able to allow you to take your food out.**

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

**PLEASE NOTE:**

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

**OHIO DEPT. ON AGING**

50 W. Broad St./9th Floor  
Columbus OH 43215  
(614) 466-5500  
www.goldenbuckeye.com

**Also, if you miss 3 meals that you signed up for and don't call to cancel, your order for the remainder of the month will be deleted.**

**RED ROBIN FUNDRAISER**

The East Toledo Senior Center will be holding a fundraiser at the Red Robin's Restaurant in Rossford on Thursday, July 9, 2026. It will be all day. Just show flyer included in this email and the ETSC Softball program will receive 20 % of sales. So while enjoying some yummy food you can be helping the ETSC!



**Seniors in Need?**

If you are a senior citizen 60 or better, in need of food or hygiene items, please let either Brenda or Derek know. We are working on resources for those in need. All requests will remain anonymous, and will be handled discretely. **WE HAVE THESE ITEMS AVAILABLE.**

**BREAKFAST**

Due to low attendance and many no-shows, we will not be serving breakfast for a while.

**CHAIRS**

It is very important that everyone push their chairs in when getting up from tables. Even if it is only for a couple of minutes, please push them in. This is a major falling hazard! Thank you for your cooperation on this matter.

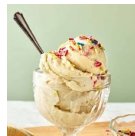
**LUNCH ORDER OR CANCEL EXT. 9**

**REMINDER!!**

**Please remember to watch your language when you are in this building/on our vehicles. Fun can be had with out all of the curse words being said. This can be offensive to some people, If you continues, warnings will be given and then possibly asked to leave.**

**ICE CREAM SOCIAL**

The ETSC will be having its Annual Ice Cream Social on Wednesday, August 12, 2026 beginning at 11:45 a.m. The cost is \$5 and includes lunch provided by Swisher Dogs, ice cream with toppings, and the option to Pan for Gold. The panning for gold will be done outside, so please dress accordingly as you will get wet. You **MUST** pay in advance by Friday, August 7, 2026.



**HISTORICAL SOCIETY**

The Historical Society hosts regular meetings here at the Senior Center on the 4th Thursday of every month March– October at 6 pm.



**APPOINTMENTS REQUIRED!!!!**

Beginning May 1st, appointments will be **REQUIRED** to meet with Derek regarding needing transportation, tech help with phones, tablets, etc. There will be two marked file holders on his door. One will have a form to complete and put in the other filed holder. If he is busy he will have a Do Not Disturb sign on the door; so do not enter. There will be no appointments available on Monday's. Thank you for your cooperation on this matter.



**SAVE THE DATE**

The East Toledo Family Center will be celebrating it 125th . They will be having a celebration on Saturday, August 8, 2026 at the Waite High School Fieldhouse. Watch for cost and time in the near future.



**WELL CHECKS**

Mercy Health will be here well checks on Monday, July 27th from 10:00-1:00.



**CHORE**

Reminder! To get on list for 2026, make sure to call 419-691-2254 EXT 205, beginning January 2, 2026! If you leave a message, make sure you leave your name, number and address. We will record them in the order they are received.

**East Toledo is full!**

Chore is a suggested donation and will be based on your household income and a sliding scale fee.

We DO NOT stop service for non-payment.

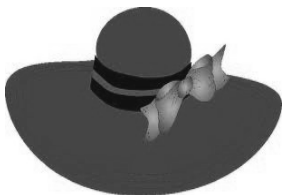


**RED HAT SOCIETY**

The Red Hats will be meeting for lunch at Red Robin Restaurant in Rossford on Thursday, July 9th at noon. This is a fundraiser for the ETSC softball league.

Please sign up on sign up sheet.

Please contact Gail with any questions or to check on any other plans.



**SENIOR SOFTBALL**

The 2026 season is in full swing! We are playing at Railway Park in Walbridge, OH.

We are currently selling tickets for the Golf ball Drop on August 12th during the games. They are \$10/golf ball ticket. Winner will receive \$1,000!! See Brenda at the games for tickets!

Red Robin fundraiser to benefit the softball program on Thursday, July 9th all day!

**SPEAKERS**

Everyone needs to remember that we have speakers come to our center to offer information and help to our seniors.

We need to be respectful and not talk, laugh, etc. while they are here. Being loud is not acceptable. Even if it is something that does not affect you, it may others who would like to listen.

If you do not want to listen, you need to quietly move into the other room until they are done speaking.



**Birthday Treats**

Birthday Treats will be on Wednesday, July 22nd.



**BOOK DONATIONS**

The East Toledo Senior Center is no longer accepting book donations. We have more than we can put out and no place to store extras.

We apologize for this inconvenience.



**PRAYER CORNER**

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

**Get Well Wishes for:**

Joyce Berry  
Bonnie Rist

Let us know if you or someone you know are in need of prayer.



**WEBSITE**

**Check out our Website!!**

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

[easttoledoseniorcenter.org](http://easttoledoseniorcenter.org)

# DAY TRIPS & MULTI-DAY TRIPS

## 2026 DAY TRIPS

All 2026 Day trips are Full! We can put you on a Wait list if you would like.



## 2026 MULTI DAY TRIP

### New Orleans

7 days 6 nights  
 October 11-17, 2026  
 \$954 per person (Double Occupancy)  
 Includes: Motor coach transportation  
 6 nights lodging including 4 consecutive nights in the New Orleans area.  
 10 meals: 6 breakfasts and 4 dinners,

Guided tour of New Orleans  
 Admission to the National World War II Museum  
 Gaming at fabulous

New Orleans' Casino  
 Admission to Mardi Gras World  
 Relaxing Riverboat Cruise on the Mississippi River  
 Enjoy Historic New Orleans French Quarter

**\$75 per person deposit due by June 1, 2026 to save you spot on the trip.**

**Waiting List ONLY!!!**



## FOOD FOR THOUGHT

We have a Food for Thought Food Pantry here every 1st Thursday of the month from Noon-2:00 p.m. There are no income or age requirements so you can tell your family members about this amazing program. We also accept volunteers to help at the pantry, especially at around 2 p.m. to help tear down. This is a great program and we are very excited to host this at the East Toledo Senior Center. Next pantry will be on July 2, 2026.

## SENATOR PAULA HICKS-HUDSON VISIT

On July 24th from 12:00 p.m. to 1:30 p.m., we are proud to welcome State Senator Paula Hicks-Hudson to the East Toledo Senior Center for a community conversation about the upcoming election, state government, and the issues that matter most to you. This will be an opportunity to ask questions, share concerns, and engage directly with your state senator on the topics impacting our community.

Senator Hicks-Hudson will provide updates on important issues being discussed at the Statehouse, share information about the work being done on behalf of Ohioans, and listen to feedback from residents.

Community conversations like these are essential to ensuring that the voices and experiences of East Toledo residents are heard. We encourage everyone to attend, participate, and be part of the discussion about the future of our community and state.



*Red Robin® will give*

**20% OF FOOD SALES\*  
BACK TO**

## **EAST TOLEDO FAMILY CENTER**

**Show this flyer or simply mention the fundraiser to  
your server to have your sales counted.**

### **FUNDRAISER DETAILS**

**9854 Olde US 20, Rossford, OH 43460**

**July 9, 2026\***

**If ordering online, please follow these instructions:**

- 1** Start your order at [redrobin.com/order](https://redrobin.com/order) and select the restaurant above.
- 2** In the menu, go to the category labeled "Fundraisers (To-Go Only)" and click on that item.
- 3** Click the "add" button, and then "add to bag."
- 4** Add your meal items and check out.
- 5** Arrive at Red Robin, come in, say hi, grab your food and be on your way! If your location has curbside pick-up, we can bring it to your car too!

\*Fundraiser during restaurant operating hours. Visit [redrobin.com](https://redrobin.com) and find this location to view hours. Donation based on all eligible net dine-in and to-go food sales only. Excludes sales from catering (at select locations), 3rd party ordering and delivery sites, alcohol, gift cards, retail, tax and gratuity. Offer void if flyer is distributed in or near the restaurant during fundraiser day & hours.

**Red Robin.**



**Chicken  
&  
Dumplin'  
Fundraiser**

**Friday  
August 21st  
4-6 pm**

**\$10**

**DINE-IN  
OR  
TAKE-OUT**

**Homemade Chicken & Dumplins**

**Mashed Potatoes**

**Roll w/ Butter**

**Dessert**

**Beverage**



All proceeds go to  
ETSC to help  
support programming

East Toledo Senior Center  
1001 White St. Toledo, OH 43605

EAST TOLEDO SENIOR  
CENTER  
1001 WHITE ST  
TOLEDO, OH 43605  
419-691-2254

# July 2026

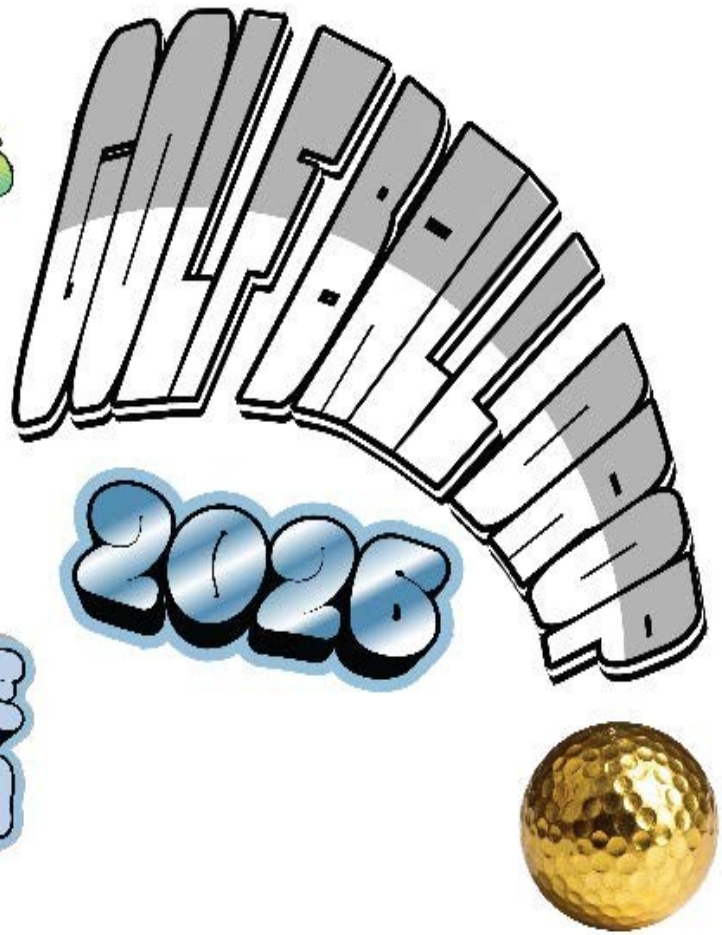


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 ACTIVITIES DATES/TIMES ARE SUBJECT TO CHANGE	29	30	1 BINGO 12:30	2 FOOD FOR THOUGHT FOOD PANTRY 12:00-2:00	3 CLOSED FOR INDEPENDENCE DAY	4 INDEPENDENCE DAY
5	6 TRIVIA 12:30 LINE DANCE 1:00	7 EUCHRE 12:00	8 WII BOWLING 12:30	9 BUNCO 12:30 WII BOWLING 12:30	10 GOLF CARD GAME 9:30 BIBLE STUDY 12:30	11
12	13 TRIVIA 12:30 LINE DANCE 1:00 ART CAMP 10:00- 2:00	14 EUCHRE 12:00 ART CAMP 10:00- 2:00	15 BINGO 12:30 ART CAMP 10:00- 2:00	16 ART CAMP 10:00- 2:00	17 GOLF CARD GAME 9:30 MOVIE OF MONTH 12:00	18
19	20 TRIVIA 12:30 LINE DANCE 1:00	21 EUCHRE 12:00	22 BIRTHDAY TREATS BIRTHDAY BINGO 12:30	23 BUNCO 12:30 WII BOWLING 12:30	24 GOLF 9:30 SENATOR 12:00 BIBLE STUDY 12:30 BOOK CLUB 1:30	25
26	27 WELL CHECK 11:00 TRIVIA 12:30 LINE DANCE 1:00	28 EUCHRE 12:00	29 WII BOWLING 12:30	30 WII BOWLING 12:30	31 GOLF CARD GAME 9:30	1
2	3					

**WEDNESDAY  
AUGUST 12TH, 2026  
7:30 PM**

**RAILWAY PARK  
WALBRIDGE, OH 43465**

**GRAND PRIZE  
\$1,000 CASH**



Tickets are \$10 each!  
No need to be present to win!  
See Brenda or Derek for Tickets!

This fundraiser supports the East Toledo Senior Center Senior Softball League and helps keep the softball dues at their current rates. Without a **GREAT** turn-out this year we may have to raise dues. REMEMBER this is a self-supported program, we receive no funding for this!!!



The East Toledo Senior Center is sponsored in part by  
Area Office on Aging of NW Ohio



Non-Profit Org.  
US Postage  
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Toledo OH

EAST TOLEDO FAMILY CENTER  
1020 Varland Ave.  
TOLEDO OH 43605

**SENIOR PAGES**