

SENIOR PAGES

September 2026

Volume 31 Issue 9

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A.B.L.E

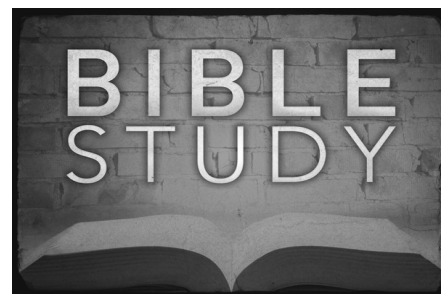
A lawyer with Legal Aid of Western Ohio will be here on the 3rd Thursday of the month. Appointments are 30 minutes each. This is a free service.

Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house) We are now taking appointments for September 17th from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext. 207.



BIBLE STUDY

Ken Leese, a local minister, will be having a bi-weekly Bible Study. He will be here starting at 12:30 P.M. The studies in September will be the 4th & 18th. Ken loves to discuss the Bible and talk about the Lord. If you are interested in attending or would like more information, please call Patty at 419-691-2254 ext.207 or email her at pattyd@etfc.org. There is a sign up sheet on the table if you would like to sign up early to let Ken know you are interested. For more information or to be added to list, call Patty at 419-691-2254 ext. 207 or email her at pattyd@etfc.org.



MISSION STATEMENT

In the community, for
the community,
strengthening one life
at a time.

MARK YOUR CALENDAR

Sept. 1,8,15,22,29
Euchre 12:00 p.m.

Sept. 21,28
Trivia
12:30 p.m.

Sept. 21,28
Line Dancing
1:00p.m.

Sept. 3
Food for Thought
12-2

Sept. 4,11,18,25
Golf, Card game
9:30 a.m.

Sept. 2,16
Bingo
12:30

Sept 9
Softball Banquet
6 p.m.

Sept 23
Birthday Bingo
Birthday Treats
12:30

Sept 23
Evening Meal
4:30 p.m.

Sept. 24
Providence Metro Park
Trip

Sept 24
Teen Town Reunion
6pm-9pm

Sept. 25
Book Club
1:30 p.m.

Sept. 28
Mercy Health
Well Check
11-1

Sept 7
Center Closed

Sept. 17
Great Lakes Com-
munity Action Pres.
11am

VITALITY ARTS SHOW

The Toledo Museum of Art will be having a Vitality Arts Show with some art being displayed made by some of our seniors here at the ETSC. It begins with the reception on Sept. 3rd from 5 p.m.-7 p.m. and goes through the month of December.



MOVIE OF THE MONTH

Movie of the Month will be on Friday, Sept. 18th at Noon. Movie TBD.



COLLABORATIVE PARTNERS

Area Office on Aging of NWO
Compass Care
Eggleston-Meinert-Pavley
Funeral Home
Enpuzzlement
Food for Thought
Walker Funeral Home
Majestic Care
Orchard Villa
Seagate Food Bank
St. Charles Mercy Hospital
Toledo Refining
Toledo Health Dept.
Ayden Healthcare
Landings of Oregon
Aetna

TRANSPORTATION

For those that use our transportation to go to medical appts., grocery shopping, etc., it is now required that you schedule at least 2 weeks before your appointment. If it is non-medical, please have a few options in case we are booked. Please remember there is a \$20 cost for all transportations now.

BIRTHDAY BINGO

Austin from CoreWealth, will be sponsoring a free birthday bingo September 23rd, the 4th Wednesday of the month, at 12:30 p.m. This is for everyone; we are celebrating with the people that had birthdays that month!



EUCHRE

Euchre is every Tuesday beginning at 12:00 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? We will serve players lunch at 11:30 if you are signed up. Just call and sign up for lunch at least 24 hrs. in advance.



LINE DANCING

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

REMINDER ABOUT TRANSPORTATION

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone up and came back here, they will not go back out to pick others up. So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

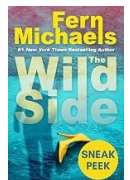
BOOK CLUB

Friday, September 25th at 1:30 p.m.

"The Wild Side" by

Fern Michaels

For Melanie Drake, a seemingly ordinary guidance counselor in a small Virginia town, the day's challenges typically involve a playground scuffle or a student skipping school. It's worlds away from her previous career as a part of Office of Special Investigations. There, she devoted herself heart and soul to covert operations. Melanie's loyalty is indisputable. She's willing to pose as an escort and glean every scrap of intel that she can. But these men aren't just wealthy and powerful, they're also exceptionally ruthless. One slip, and they won't hesitate to eliminate Melanie, by any means necessary....



**See Patty for a book

BINGO

Bingo will be on 1st & 3rd Wednesday sponsored by Aetna Ins and 3rd Wednesday by BrightPath Homecare at **12:30 p.m.**

While this is a drop-in activity we recommend signing up in advance.

**RECEPTIONIST**

We are looking for volunteer receptionist/s during the hours of 11 a.m.-3 p.m. Tuesday's & Thursday's

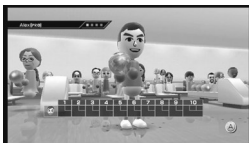
Duties are welcoming visitors, answering phones, helping with mailings, etc.

Some experience is appreciated but we can train. See Derek or Brenda for more information or if you are interested.

WII BOWLING

Wii Bowling will now be held on the 2nd and 4th Thursday of the month at 12:30 p.m.

This is a drop in program and you can join and play at any time. It is FREE! This can be done standing or sitting.

**WISH LIST**

55 in.-65 in. Smart TV
New 18-26 qt. electric roasters
New Commercial Microwave

Volunteers Needed

We are looking for volunteers to help around the center during the week of October 12-19. Brenda & Derek will be out of the building on the New Orleans bus trip. If you are willing to help let Brenda or Derek know.

FOOD COMMODITIES

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come

NURSE KELLY

Nurse Kelly will not be here in any longer due to new job. Someone will replace her at some time.

**TOPS**

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.– 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Center.

TRIVIA

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

SENIOR SAFETY TIPS**Natural Disaster Preparedness**

- **Prepare an emergency kit with essentials.** Include water, non-perishable food, medications, and important documents.
- **Know the local emergency evacuation routes.** Plan how to leave your home quickly and safely.
- **Stay informed about weather alerts and warnings.** Pay attention to news and weather reports.

**COFFEE**

The East Toledo is accepting donations of Regular coffee for our coffee bar. It has gotten so expensive and we do not want to have to charge for coffee. Thank you in advance.

TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.

TEEN TOWN REUNION

The East Toledo Historical Society will be having an East Toledo Teen Town Reunion on September 24, 2026 from 6-9 p.m. featuring music to dance the night away from the 50s-60s-70s! Admission is 25¢. There will be 50/50 Raffles, and Basket raffles. Reunion will be held at the East Toledo Senior Center (Navarre Park Shelter house) at 1001 White St., Toledo OH 43605.



GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. The objective is to achieve the lowest possible score by strategically managing a hand of cards. Players aim to swap high-value cards for lower-value cards. Everyone is welcome to join us. No experience is necessary. We will teach you! This is a drop in program and it is not necessary to be here every Friday.

MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and

be current on their real estate taxes. If you or someone you know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

ART EXPLORATION Toledo Museum of Art

The Toledo Museum of Art will begin its regular art classes on Sept. 8th from 10 a.m.-11:30 a.m. Only 15 people per session. Must be 60 years old and better. Make sure to sign up on sheet.

Next class **Pop Art Sweets** with Adrienne begins Tuesday, 9/8-10/27 at 10:00 a.m.-11:30 a.m.



HALLOWEEN PARTY

The East Toledo Senior Center will be having a Halloween Party on Friday, October 30th. More info to follow in October newsletter.

OHIO DEPT. ON AGING

50 W. Broad St./9th Floor
Columbus OH 43215
(614) 466-5500
www.goldenbuckeye.com

LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9)**. There is a \$2.50 suggested donation for lunch.

We are no longer able to allow you to take your food out.

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

Also, if you miss 3 meals that you signed up for and don't call to cancel, your order for the remainder of the month will be deleted.

MEDICARE CHANGES FOR 2027

Melinda Shinaver, from Compass Care, will be at the Senior Center on Monday, October 19, 2026 from 1:00-2:00 p.m. She will be letting people know about the changes to Medicare in 2027. Please plan to attend to receive this very important information.



Seniors in Need?

If you are a senior citizen 60 or better, in need of food or hygiene items, please let either Brenda or Derek know. We are working on resources for those in need. All requests will remain anonymous, and will be handled discretely. **WE HAVE THESE ITEMS AVAILABLE.**

BREAKFAST

Due to low attendance and many no-shows, we will not be serving breakfast for a while.

CHAIRS

It is very important that everyone push their chairs in when getting up from tables. Even if it is only for a couple of minutes, please push them in. This is a major falling hazard! Thank you for your cooperation on this matter.

LUNCH ORDER OR CANCEL EXT. 9

REMINDER!!

Please remember to watch your language when you are in this building/on our vehicles. Fun can be had with out all of the curse words being said. This can be offensive to some people, If you continues, warnings will be given and then possibly asked to leave.

EVENING MEAL

The ETSC will be having an Evening Meal on Wednesday, September 23, 2026. We serve at 4:30 p.m. Menu is: Beef and Noodles, Mashed Potatoes, Corn, Dessert, Beverage. This is dine-in only and as said above we serve at 4:30 p.m. There is no cost but just a \$2.50 voluntary donation. We will provide transportation. Must sign up for meal and transportation by Friday, September 18th at 3 p.m. You may call 419-691-2254 to sign up also.

HISTORICAL SOCIETY

The Historical Society hosts regular meetings here at the Senior Center on the 4th Thursday of every month March– October at 6 pm.

CENTER CLOSED

Center will be Monday, September 7, 2026 in observance of Labor Day.

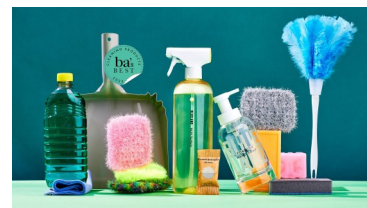
APPOINTMENTS REQUIRED!!!!

Beginning May 1st, appointments will be **REQUIRED** to meet with Derek regarding needing transportation, tech help with phones, tablets, etc. There will be two marked file holders on his door. One will have a form to complete and put in the other filed holder. If he is busy he will have a Do Not Disturb sign on the door; so do not enter. There will be no appointments available on Monday's. Thank you for your cooperation on this matter.



SAVE THE DATE

The East Toledo Senior Center will be closed on Friday, October 9, 2026. Staff will be doing there annual cleaning and destroying of old files..



WELL CHECKS

Mercy Health will be here well checks on Monday, September 28th from 11:00-1:00.



CHORE

Reminder! To get on list for 2026, make sure to call 419-691-2254 EXT 205, beginning January 2, 2026! If you leave a message, make sure you leave your name, number and address. We will record them in the order they are received.

East Toledo is full!

Chore is a suggested donation and will be based on your household income and a sliding scale fee.

We DO NOT stop service for non-payment.



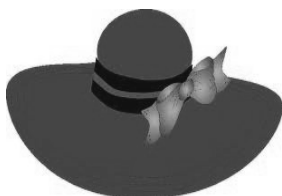
RED HAT SOCIETY

The Red Hats will be going to the Oregon Jerusalem Historical Society to see the speaker Abigail Adams for two days,

Thursday, September 10, 2026 at Noon and Tuesday, September 15, 2026 at Noon

Please sign up on sign up sheet.

Please contact Gail with any questions or to check on any other plans.



SENIOR SOFTBALL

The Softball Banquet will be on Wed., Sept. 9th at 6 p.m. at the ETSC, 1001 White St., 43605.

We will provide Pulled Pork and Shredded Chicken, Lemonade and you bring the following going by first letter of last name.

A-J- Salad
K-R- Side Dish
S-Z- Dessert

Please call Derek at 419-691-2254 to RSVP.

www.etseniorsoftball.com

SPEAKERS

Everyone needs to remember that we have speakers come to our center to offer information and help to our seniors.

We need to be respectful and not talk, laugh, etc. while they are here. Being loud is not acceptable. Even if it is something that does not affect you, it may others who would like to listen.

If you do not want to listen, you need to quietly move into the other room until they are done

Birthday Treats

Birthday Treats will be on Wednesday, September 23rd.



BOOK DONATIONS

The East Toledo Senior Center is no longer accepting book donations. We have more than we can put out and no place to store extras.

We apologize for this inconvenience.



PRAYER CORNER

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Get Well Wishes for:

Joyce Berry
Lester & Joyce Baumer
Blanche Bailey
Judy Snyder
Sharon Duvendack
Barb Rose
Bob Vermilyea

Let us know if you or someone you know are in need of prayer.



WEBSITE

Check out our Website!!

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

easttoledoseniorcenter.org

DAY TRIPS & MULTI-DAY TRIPS

2026 DAY TRIPS

All 2026 Day trips are full!



New Orleans

7 days 6 nights

October 11-17, 2026

\$954 per person (Double Occupancy)

Includes: Motor coach transportation

6 nights lodging including 4 consecutive nights in the New Orleans area.

10 meals: 6 breakfasts and 4 dinners,

Guided tour of New Orleans
Admission to the National World War II Museum
Gaming at fabulous

2026 MULTI DAY TRIP

New Orleans' Casino
Admission to Mardi Gras World

Relaxing Riverboat Cruise on the Mississippi River
Enjoy Historic New Orleans French Quarter

Waiting List ONLY!!!



Great Lakes Community Action Presentation

Thursday, Sept. 17, 2026 @ 11:00 A.M.

This presentation is about housing laws and rights you have as a tenant!

Volunteers Needed!!

We are looking for volunteers to help around the center during the week of October 12-19. Brenda & Derek will be out of the building on the New Orleans bus trip.

If you are willing to help let Brenda or Derek know.



FOOD FOR THOUGHT

We have a Food for Thought Food Pantry here every 1st Thursday of the month from Noon-2:00 p.m. There are no income or age requirements so you can tell your family members about this amazing program. We also accept volunteers to help at the pantry, especially at around 2 p.m. to help tear down. This is a great program and we are very excited to host this at the East Toledo Senior Center. Next pantry will be on September 3, 2026.



The East Toledo Senior Center is sponsored in part by
Area Office on Aging of NW Ohio



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Toledo OH

EAST TOLEDO FAMILY CENTER
1020 Varland Ave.
TOLEDO OH 43605

SENIOR PAGES

September 2026

**EAST TOLEDO SENIOR
CENTER**
1001 WHITE ST
TOLEDO, OH 43605



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 Euchre-12:00	2 Bingo-12:30	3 FOOD FOR THOUGHT PANTRY 12:00-2:00	4 Golf cards-9:30 Bible Study-12:30	5
6	7 CLOSED FOR LABOR DAY	8 Art Exploration- 10:00 Euchre-12:00	9 Wii Bowling-12:30	10 Wii Bowling-12:30	11 Golf cards-9:30 Movie of month- 12:00	12
13	14 Trivia- Canceled Line Dancing-1:00	15 Art Exploration- 10:00 Euchre-12:00	16 Bingo-12:30	17 Legal Aide Great Lakes Housing Presentation-11:00	18 Golf cards-9:30 Bible Study-12:30	19
20	21 Trivia-12:30 Line Dancing-1:00	22 Art Exploration 10:00 Euchre-12:00	23 Birthday Bingo- 12:30	24 Wii Bowling-12:30 Teen Town- 6:00pm-9:00pm	25 Golf cards-9:30 Book Club-1:00	26
27	28 Well-check-11:00 Trivia-12:30 Line Dancing-1:00	29 Art Exploration- 10:00 Euchre- 12:00	30 Wii Bowling-12:30	1	2	3
4	5	Notes: ACTIVITIES DATES AND TIMES ARE SUBJECT TO CHANGE				

**Beef
Noodles**

**Evening
Meal**

Wednesday, September 23, 2026
SERVED PROMPTLY AT 4:30 P.M.
\$2.50 suggested donation

Dine-In ONLY!
Homemade Beef & Noodles
Mashed Potatoes
Corn
Roll w/ Butter
Dessert
Beverage

Please Call 419-691-2254 ext. 205 or stop in at 1001 White St. Toledo, OH 43605 M-F 8am to 2:30 P.M. to sign up! Last day to sign up is Friday September 18th at 2 P.M. **You must be signed up to come to this meal!** **This is not a fundraiser, this is an extension of our Senior Lunch Program. Must be 60 or better to join.**