

# August 2025

Name: \_\_\_\_\_

For information on individual ingredients please see a staff member.

Food allergy notice: Please be advised that food prepared here may contain these ingredients: MILK, EGGS, WHEAT, SOY, PEANUTS, TREE NUTS, FISH & SHELLFISH.

| Mon   | Tue   | Wed   | Thu   | Fri   |
|---|---|---|---|---|
|   |   |   |   | <i>1</i><br>Chicken Tenders<br>Au-Gratin Potatoes<br>Broccoli<br>Peaches<br>Bread w/ butter     |
| <i>4</i><br>Sesame Beef w/ Broccoli<br>White Rice<br>Brussels Sprouts<br>Baked Apple              | <i>5</i><br>Chicken Salad Wrap<br>Vegetable Pasta Salad<br>Pears                        | <i>6</i><br>Mini Pizza Bagels<br>Corn<br>Cauliflower<br>Fruit Cocktail              | <i>7</i><br>Italian Sub<br>Cottage Cheese<br>Chips<br>Mandarin Oranges                            | <i>8</i><br>Chicken Bowl<br>Corn<br>Green Beans<br>Apple Sauce<br>Roll w/ butter                |
| <i>11</i><br>Beef Stroganoff<br>Peas<br>Glazed Carrots<br>Peaches<br>Bread w/ butter              | <i>12</i><br>Egg Salad Sandwich<br>French Fries<br>Cucumbers w/ ranch<br>Seasonal Fruit | <i>13</i><br>Chili Cheese Dogs<br>Chips<br>Coleslaw<br>Watermelon                   | <i>14</i><br>Chicken Cheddar Broccoli Rice<br>Brussels Sprouts<br>Baked Pears<br>Mandarin Oranges | <i>15</i><br>Goulash<br>California Veggie Blend<br>Green Beans<br>Fruited Jell-O<br>Bread Stick |
| <i>18</i><br>Deluxe Cheese Burger<br>Sweet Potato Fries<br>Cucumber Salad<br>Watermelon           | <i>19</i><br>Taco Salad<br>Fresh Fruit Bowl<br>Tortilla Chips                           | <i>20</i><br>Chef Salad<br>Cottage Cheese<br>Fruited Jell-O<br>Dinner roll w/butter | <i>21</i><br>Corn Beef Hash<br>Scrambled Eggs<br>Breakfast Potatoes<br>Apple Sauce<br>Toast       | <i>22</i><br>Italian Chicken<br>Rice<br>Corn<br>Roll w/ butter<br>Peaches                       |
| <i>25</i><br>Chicken & Stuffing<br>Mashed Potatoes w/ Gravy<br>Green Beans<br>Corn<br>Apple Sauce | <i>26</i><br>Ham & Cheese Sliders<br>Tater Tots<br>Baked Beans<br>Peaches               | <i>27</i><br>Hamburger Gravy<br>Mashed Potatoes<br>Peas<br>Pears<br>Bread w/ Butter | <i>28</i><br>Pork Enchiladas<br>Mexican Rice<br>Street Corn<br>Refried Beans<br>Mandarin Oranges  | <i>29</i><br>Hamburger<br>Glazed Carrots<br>Corn<br>Fruit Cocktail                              |

East Toledo Senior Center Dining Site 1001 White Street Toledo, Ohio 43605. **To make lunch reservations, please call 419-691-2254 ext. 9**

Suggested donation is \$2.50 for those aged 60 and over.

A choice of white or chocolate milk is offered daily with each meal.